

Declaration of consent by parents/legal guardians for the participation of minors in a climbing program at the SNFCC’s artificial climbing wall

To

1. Stavros Niarchos Foundation Cultural Center Single Member S.A.
2. The Wall Park Vari IKE.

- 1) I have been informed of the program as described in this document and I consent to the participation of the following minors whose parental responsibility/legal guardianship I exercise (first name, last name, father’s name, date of birth):
 1.
 2.
 3.
 4.
 5.
- 2) I have read and accepted the rules of operation of the wall as described in this document and on the SNFCC website (https://www.snfcc.org/sites/default/files/sitefiles_2023-11/10.4.kanones_leitoyrgias_toih_anar_kpism_gia_symmetehontes_20112023eng.pdf).
- 3) I understand and accept that the wall manager and the head of the wall operators’ team has the right and power to interrupt the participation of any participant who does not comply with the wall’s rules of operation, or the wall operators’ instructions, or if at his/her discretion said participant’s behavior may endanger the physical integrity or life of him/herself or of other participants.
- 4) I understand and accept that climbing is a dangerous activity that may cause injuries. I have realized and accepted the risk in which I am putting the above minors, and I am responsible for their involvement and for their actions. I hereby relieve the operators and the organizers from any and all liability in the event of an accident not due to their fault.
- 5) None of the above minors is pregnant, has health issues that may undermine their safe climbing (such as, but not limited to, musculoskeletal injuries and/or disorders, cardiovascular diseases, balance difficulties, moving difficulties, epilepsy, scotodinia, vertigo, acrophobia, alcohol or drug addiction, mental disorders, diabetes, contagious diseases), and they are all in good physical condition.
- 6) None of the above minors has a body weight of more than 100 kg.
- 7) For minors under the age of 16, I will remain on site and exercise proper supervision over them throughout the duration of the program.
- 8) For minors over the age of 16, I provide this consent for a period of 3 months from the date of its signature. I also consent that said minors sign any and all documents necessary for their participation in the climbing programs of the SNFCC’s artificial climbing wall in their own name.
- 9) I am aware that the above personal data will be used in the context of the participation of the above minors and I consent. In my capacity as parent/legal guardian of the above minors, I declare that I have read and am aware of the processing of personal data by the SNFCC for the participation in the climbing wall activity, as described in the Privacy Notice Regarding the Processing of Personal Data (https://www.snfcc.org/sites/default/files/sitefiles_2023-11/enimerosi_gia_gdpr_enilikoy_on_website-eventora_en_08112023.pdf).

Description of the climbing program

Each climbing program starts with welcoming participants, introductions with the team of wall operators, receipt and control of participation statements.

Participants are then encouraged to conduct a basic set of warm-up exercises demonstrated by a member of the wall operators’ team.

Thereafter, those who are going to climb at the “top rope” wall move to that area, put on their gear and climb two at a time along the routes selected for them, secured by wall operators.

Those who are going to climb at the “boulder” wall move to that area, put on their gear, and climb one at a time along the routes chosen for them, secured (with the “spotting” method) by the wall operators.

Before climbing, participants are vetted to determine their climbing level, their climbing route is selected, and they are informed about the safe use of the wall and its equipment, about emergency procedures, and about climbing skills (basic principles of climbing moves).

If climbers are beginners, before climbing on the "top rope" wall, at 2 m above ground, a test-lowering is performed to avoid a possible refusal to be lowered once they are higher. At the "boulder" wall, a test fall is performed onto the mattresses from a height of 0 and 0.5 m so as to avoid injury when falling from higher up.

After the end of the program, participants are encouraged to conduct a basic set of cool-down exercises, which is demonstrated by a member of the wall operators' team; thereafter, participants hand back their gear and say their goodbyes with the wall operators' team.

Wall Area Rules of Operation

The general regulations of the SNFCC must be adhered to (<https://www.snfcc.org/en/regulations>). In addition:

1. Smoking, eating and drinking are not allowed.
2. Animals are not allowed in the wall area.
3. No other activities are allowed in the wall area.
4. Participants who are not about to climb immediately are not allowed near the wall.
5. Those present in the area must not interfere with the safe operation of the wall (keep away from the wall, not disturb with voices, etc.).
6. Everyone present in the area must follow the instructions of the wall manager and wall operators.

RULES OF OPERATION OF THE WALL

1. Climbing on the wall is forbidden in the absence of supervision by the wall manager.
2. Climbing on the wall is forbidden without the use of a helmet.
3. Climbing on the high wall is not allowed without the use of rope (and the other suitable personal protective equipment).
4. Climbing on the low wall is allowed up to a height of 2.5 meters (the height is calculated from the last hold on which the hands are located).
5. Do not stand or walk under the climbers and in their fall area.
6. You must use the personal protective equipment in accordance with the instructions provided by the wall manager.
7. You must not have anything on you when climbing on the wall (mobile phone, keys, coins, etc.).
8. Climbing on the wall is not allowed without clean sports shoes or climbing shoes, or without suitable, full-body sports attire.
9. You must climb carefully and check the holds before using them. It is possible that holds have become loose due to temperature fluctuations (contraction and expansion of materials).
10. You must ensure that there are no personal items of yours on the mats.
11. You must inform the wall manager about anything you consider worth mentioning (loosening of climbing holds or anchors, misuse of wall by others, wear of equipment, etc.).
12. You must address any questions you may have to the wall manager.