Produced by Sadler's Wells, Sutra, a critically acclaimed collaboration between choreographer Sidi Larbi Cherkaoui, sculptor Antony Gormley, and 19 monks from the Shaolin Temple in China, has captured the hearts and imaginations of more than 250,000 viewers worldwide.

Enjoy it at Stavros Niarchos Hall on 03 & 04/09.

Music Escapades:
Jan Van joins Pavlos Pavlidis onstage to perform Bad Poem (lyrics by Efthymis Filippou), on 05/09.

On 12/09, May Roosevelt's electronic soundscapes meet Mechanimal's beats, on SNFCC's Panoramic Steps.

Parklife:
The trailblazing music artist, vocalist and composer Lena Platonos, in a concert that bridges the past and the present, on Saturday 07/09 at the Great Lawn.

On 15/09, the Athens State Orchestra returns to Stavros Niarchos Park for the third time and takes us on a Journey to the New World.

And I don't know what eyelids are for / This wheel of soul, keeps me ridin' along: Rock 'n' roll on the Great Lawn, with The Last Drive, the iconic band of the English-speaking Greek alt-rock scene, on 21/09.

The Queen of Calypso, Calypso Rose is coming to Greece for the first time, bringing Afro-Caribbean sounds to the Great Lawn – for one evening only, on 27/09.

"Folk songs capture a people's attitude, pride and dignity" The month concludes with music, featuring two days filled with contemporary folk music and songs by 24 music ensembles from all over Greece, in a celebration of Domna Samiou's legacy by the young people of today, on 28 & 29/09.

Many more of your favorite events as well as new activities are there for you to discover, including this season's Park Your Cinema, which closes with a grand finale.
In September, the Stavros Niarchos Foundation Cultural Center enters its fourth year of operation. Since August 2016, when it first opened its gates, the SNFCC has been embraced by the public, and visitation has far exceeded expectations.

When the most optimistic projections indicated 700,000 visits, in 2017, our first full year of operation, we welcomed more than 3 million visits, 5.3 million in 2018 (a 76% increase), and, based on current data, are poised to exceed 6 million in 2019.

Three years filled with people, smiles, dance and music, performances, cinema screenings, sports and educational activities, as well as walks in the Park and along the Canal, or enjoying the sunset at the Lighthouse.

The program of events organized by the Stavros Niarchos Foundation Cultural Center is constantly enriched and expanded, with collaborations with Greek and international artists, exhibitions, co-productions and performances, lectures, as well as educational workshops and a wealth of sports activities, organized on an ongoing basis, with Regeneration & Progress NGO as our main partner. Events that are combined with the Greek National Opera’s dynamic presence and the renewed outlook of the National Library of Greece.

Our program is open to all, with either free admission or a reasonable ticket price thanks to the ongoing support and grant of the Stavros Niarchos Foundation (SNF). Our programming aims to provide enriching experiences and to demonstrate the value and potential of a public space open to all, where everyone is and feels welcome.

In addition to our events, the SNF also supports us in developing new infrastructure, above and beyond what was originally planned. Inaugurated during Summer Nostos Festival 2019 by SNF, the Dome, a new venue at the Park’s Labyrinth, has already hosted popular events such as the spectacular Cirko Cachivache in July and well-liked Karagiozis shadow theater performances in August. In July, 10,000 visitors admired the impressive water show at the inauguration of the brand-new water installation on the Canal – the Dancing Fountains. Water shows take place several times a day!

During these three years, the SNFCC won a place in the hearts of Athenians and visitors alike, and has become firmly established as a landmark and a go-to venue in the city.

We celebrated together the last three Christmas and New Year, Mayday and Clean Monday festivities, and shared unique experiences every single day of the week.

The vast majority of Attica residents are well aware that the Stavros Niarchos Foundation Cultural Center is an open, accessible venue that has improved Athenians’ quality of life and the city’s cultural landscape, while providing a much-needed green space.

For these years we would like to say thank you both to the Stavros Niarchos Foundation, for its continuous vision and support, and to all of you, who fill, daily, the SNFCC with life.

Celebrating three years of Stavros Niarchos Foundation Cultural Center
Sutra
Sidi Larbi Cherkaoui / Sadler's Wells London

"This unique, profoundly imagined show takes the concept of cultural exchange to a whole new level."
"Exceeds even our highest expectations" - The Times (UK)

The Stavros Niarchos Foundation Cultural Center (SNFCC) presents Sidi Larbi Cherkaoui’s Sutra, at the Stavros Niarchos Hall. Sutra is one of Sadler’s Wells’ most exhilarating productions and has been presented to 83 cities and 33 countries to sell-out audiences and mass critical acclaim.

Up till today, more than 250,000 people worldwide have seen the award-winning collaboration between choreographer Sidi Larbi Cherkaoui, sculptor Antony Gormley and 19 monks from the Shaolin Temple in China.

This breathtaking spectacle of athleticism explores the philosophy and faith behind the Shaolin tradition and its relationship with kung fu within a contemporary context.

With Antony Gormley’s striking set of 21 wooden boxes and Polish composer Szymon Brzóska’s specially commissioned score performed live, Sutra is not just an incomparable work that has captured the hearts and imaginations of people around the world, but one of the finest productions, a true work of art.

Sadler’s Wells is a world-leading creative organization dedicated to dance in all its forms. With over three centuries of theatrical heritage and a year-round program of performances and learning activities, it is the place where artists come together to create dance, and where we welcome everyone to experience dance – to take part, learn, experiment and be inspired.

Sidi Larbi Cherkaoui’s debut as a choreographer was in 1999 with Andrew Wolfe’s contemporary musical, Anonymous Society. Since then he has made over 50 full-length choreographed pieces and picked up a slew of awards, including two Olivier Awards, three Ballet Tani awards for best choreographer (2008, 2011, 2017) and the Kavos Prize (2009) for his artistic vision and his quest for intercultural dialogue. In 2015, Cherkaoui assumed the role of artistic director at the Royal Ballet of Flanders.

Sculptor Antony Gormley is widely acclaimed for his sculptures, installations and public artworks that investigate the relationship of the human body to space. His work has developed the potential opened up by sculpture since the 1960s in a way that confronts fundamental questions of where human beings stand in relation to nature and the cosmos.

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Szymon Brzóska, Polish composer is widely acclaimed for his innovative compositions and his role as chief music director of the National Polish Ballet Theatre. He has collaborated with Cherkaoui on four productions, including Sutra.

Credits:
Direction & Choreography: Sidi Larbi Cherkaoui
Visual creation & Design: Antony Gormley
Music: Szymon Brzóska
With the participation of Shaolin monks

A co-production of Athens Festival, Festival de Barcelona Gren, Grand Théâtre de Luxembourg, La Monnaie Brussels, Festival d’Avignon, Fondazione Musica per Roma and Shaolin Cultural Communication Company.

Tickets €5 and €10
More information at SNFCC.org
For ages 8+
Presales start on 30/07

The event is realized with the support of the Stavros Niarchos Foundation. Alongside the core program of free admission events, which continue to be provided free of charge thanks to grants from the Stavros Niarchos Foundation (SNF), the Stavros Niarchos Foundation Cultural Center organizes a series of events for which a low admission fee applies. This aims to enable the SNFCC SA to diversify its income sources while ensuring its long-term financial robustness.

The undisputed calypso queen, Sandy Lewis, known as Calypso Rose, is coming, for the first time to Greece, to the Stavros Niarchos Park for a memorable live concert at the Great Lawn.

"Grandma, I want to marry you!" - Young man in the audience during Calypso Rose’s last tour

Sandra Lewis, known as Calypso Rose, has made a name for herself as a true star of the calypso genre. In her lengthy career, Calypso Rose has released more than 20 albums and her platinum-selling 2016 release, Far From Home, features a collaboration with Momo Chao. Her upcoming album, which is slated for release later in the year, promises to explore hidden gems in the artist’s vast repertoire, spanning a variety of styles, while drawing on the Jamaican, African and South American music traditions, as well as personal re-readings of songs from the reservoir of the Afro-Caribbean heritage.

Line-up:
Mc Cartha Lewis/Calypso Rose, lead vocals
Pascale Kamari Kangbu, vocals
Audrey Gbaguidi, vocals
Corey Wallace, bass
Gregary Louis, drums
Jean Mba Ngouema, guitar
David Aubolle, keyboards
Fabien Kissia, saxophone
Sylvain Bardiau, trumpet & trombone

Free admission
Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.

Calligraphy & Set Design: Sylvain Bardiau
Music: Szymon Brzóska
Production: Sylvain Bardiau
Costumes: Sylvain Bardiau
Lighting Design: Sylvain Bardiau

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Free admission
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In the first part of the concert, the songwriter, along with Giannis Palamidas and Athena Routsi, will perform songs from her long-lasting career, in a music retrospective that will fill the Park with the characteristic lyricism and emotional nature of her songs. Selections from *Gallop*, *Lepidoptera*, *Sun Masks* and *Sabotage* will plunge us into Platonos’ magical, idiosyncratic, thrilling universe.

The second part features her dance project *Lenaura*, produced with her long-time associate, Stergios T. and performed live for the first time. These songs are marked by driving dance beats, minimalist vocals and a compositional approach that eschews dance music conventions. Among them is a dance version of Tchaikovsky’s “Lullaby in the Storm”, interpreted by Albina Zachariadou in Russian.

Also on stage will be Cleon Antoniou, who has worked with Platonos on her album *Sun Masks*; the concert’s evocative visuals are designed by Constantine Nisidis.

This journey takes us through the characteristic melodies of North and South America – a music tradition that remains fascinating in its diversity.

The focus is on three iconic composers of the Americas – the Argentinian master Astor Piazzolla, the classical and popular music legend George Gershwin and the trailblazer Leonard Bernstein.

Sharing the stage with The Athens State Orchestra, the accordion and bandoneon virtuoso Klaudiusz Baran and his bandoneon will be the perfect guide for this journey; the orchestra will be conducted by distinguished Greek conductor Georgios Vranos.

The program:

**Astor Piazzolla** (1921-1992)
- Adios nonino
- Oblivion
- Libertango
- Fuga y Misterio

**George Gershwin** (1898-1937)
- An American in Paris

**Leonard Bernstein** (1918-1990)
- Symphonic Dances from West Side Story
Jan Van De Engel meets Pavlos Pavlidis onstage to celebrate the recent release of his mini album *Bad Poem*.

Pavlos Pavlidis interprets the vocal part of this multilayered, contemporary synth-pop album over music by Jan Van de Engel and lyrics by Efthymis Filippou (screenwriter of *Dogtooth*, *The Lobster*) and sound processing by producer Christos Lainas.

In *Bad Poem*, Jan Van forges a new aural universe. The band’s distinctive sound comes from Vagelis Stefanopoulos’ analog synthesizers, Paraskevas Kitsos’s basslines, and the driving beats, in a balancing act between introversion and extroversion. Fotis Siotas brings his electric violin to the band and provides the vocals for the older repertoire.

The SNFCC concert will feature the mini album’s six original compositions – three on lyrics by Efthymis Filippou and three on lyrics by Jan Van de Engel, lots of material from Jan Van's previous albums, and some of Pavlos Pavlidis’ favorite songs.

**Line-up:**
- Pavlos Pavlidis, vocals | Fotis Siotas, vocals, violin
- Vagelis Stefanopoulos, piano, synths | Paraskevas Kitsos, bass, vocals
- Jan Van de Engel, drums

Special Guest: Irini Arabatzi

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**Music Escapades**

**Jan Van de Engel & Pavlos Pavlidis**

*Thursday 05/09 | 21.00*

*PANORAMIC STEPS*

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**Music Escapades**

**May Roosevelt & Mechanimal**

*Thursday 12/09 | 21.00*

*PANORAMIC STEPS*

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On Thursday 12 September on the SNFCC’s Panoramic Steps, May Roosevelt’s electronic soundscapes meet Mechanimal’s beats, as part of the Music Escapades concert series.

The composer, producer and thereminist May Roosevelt presents live her album *Junea*, casting us into a dreamlike, kaleidoscopic parallel universe that takes the artist’s experimentation to new heights. The ethereal vocals and code-like verses paint the portrait of the album’s main persona, Junea, and her digital world. Bridges made of crystalline electronic sounds and pixels fuse reality with fantasy, creating a multilayered sound environment where synths and powerful beats reign supreme.

Industrial audiovisual band Mechanimal returns to the stage after a hiatus from recording and touring, featuring its original dual line-up, Giannis Papaioannou and Freddie F. Bringing their theatrical vocals, pulsing sequences and distorted guitar riffs onstage, they will attempt to deconstruct motorik drone ‘n’ roll to its raw materials, just as they have defined it over the last decade. In addition to the two tracks from the band’s new single, the set will feature tracks from across their discography, showcasing the groundbreaking creative identity of Mechanimal.

**Line-up:**
- May Roosevelt, vocals, theremin
- Mechanimal
  - Giannis Papaioannou, keyboards | Freddie F., vocals
  - Antonis Charalambidis, drums | Aggeliki Vrettou, visuals

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**Parklife**

**The Last Drive**

*Saturday 21/09 | 20.15*

*GREAT LAWN*

Taking their name from their favorite cocktail, with a garage punk background and rock ‘n’ roll as their vehicle of choice, The Last Drive - the most iconic band of the English-speaking Greek alternative scene for many - are coming to the Stavros Niarchos Park’s Great Lawn in September.

More than 1000 live concerts, 8 albums, EPs and collections, 4 international tours, festivals, side projects, splits and reunions over a span of 35 years, all testify to the pedigree of a band that never misses an opportunity to break stereotypes and social conventions through its strangely familiar and subversive songs.

Better known as "the Drive Tribe," the band’s fans will have the opportunity to enjoy The Last Drive onstage at the Great Lawn, in an explosive live concert featuring their greatest hits as well as tracks from their self-titled album released in 2018.

The Last Drive concert opens with Kraak, also a garage punk band, with post-rock influences blended with elements of traditional Greek music. There’s plenty of social critique here, alongside a palpable love for rock music shared by the two acts in this unique music event.

**Line-up:**
- The Last Drive
  - Alex K., vocals, bass
  - George Karanikolas, guitar, vocals
  - Chris B.J., drums
  - Stefanos Flotissis, guitar, backing vocals

- Kraak
  - Aggelos Kottas, lead vocals, bass, guitar, moog
  - Don Stavrinos, trumpet, moog, tambourine
  - Kostas Petroupolos, guitar, vocals
  - Andreas Bikourarakis, drums

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Special Guest: Irini Arabatzi

Free admission

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Line-up:
- The Last Drive
- Kraak
- Special Guest: Irini Arabatzi

Free admission
One of the last surviving Karagiozis puppeteers, Athos Danellis learned and loved the art and craft of Shadow Theater as an apprentice to old masters. In 1998, he founded the Greek Shadow Theater Archives for the preservation and promotion of the Greek Karagiozis history and repertoire. With his Athens Shadow Theater Company, he has performed in many festivals in Greece and other countries.

Since 1989, he has performed rarely staged plays from the obscure repertoire of the Greek Shadow Theater, alongside his original plays. He teaches Shadow Theater at the Department of Theater Studies, National and Kapodistrian University of Athens.

Two days filled with music and songs, featuring 24 traditional music ensembles from all around Greece. Inspired by the towering personality of Domna Samiou and her lasting legacy, more than 200 young instrumentalists and vocalists make the Greek music heritage come alive and be relevant for a new generation to experience and explore.

The event's second edition brings together even more artists who have discovered that, as Domna Samiou used to say, "folk songs capture a people's attitude, pride and dignity." The artistic director is acclaimed instrumentalist Sokratis Sinopoulos, who was Domna Samiou's close associate until the end of her life.

Free admission by preregistration at SNFCC.org

Preregistration starts Tuesday 20/08, 13.00

At the day of the show, there will be a waiting list 60 minutes prior to the start (up to 2 entrance tickets per person)

The Donna Samiou Folk Music Association is a non-profit organization founded by Domna Samiou in 1981, with support from people who admired her work and loved Greek folk music; the Association’s mission is to preserve and promote Greek folk music. Domna Samiou remained the Association’s President until her death, in March 2012.

Design-Implementation:
Athos Danellis, Athens Shadow Play Theater Company

The successful series of shows by Athos Danellis and the Athens Shadow Theater Company at the Stavros Niarchos Foundation Cultural Center comes to a close, with one final show at the Dome in September.

Design–Implementation:  
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This summer’s Park Your Cinema concludes in September, with films in which music is the main star. We invite you to SNFCC’s Great Lawn to sing and dance along with your favorite film characters from the late seventies.

Program curated by Elias Frangoulis

**Grease (1978)**

Friday 06/09 | 20.30

Boy meets girl in the summer before school starts and tears them apart. It turns out they both go to the same high school, and their love will go through a test before a resplendent music and dance finale (and happy end, obviously). The greatest 1978 U.S. box office hit and the most successful musical in the history of cinema, the film was based on the 1971 rock and roll theatrical musical of the same title, establishing John Travolta (hot on the heels of *Saturday Night Fever*, one year earlier) and making Anglo-Australian Olivia Newton-John a superstar.

Directed by Randal Kleiser

**The Blues Brothers (1980)**

Friday 13/09 | 20.30

Jake and Elwood are on a mission to save the Catholic orphanage where they grew up from bankruptcy. They need $5,000. Which they don’t have. But, boy, can they play rhythm and blues! If only they could get their old band back together, that is. A musical comedy adventure that broke box office records in 1980, with an amazing soundtrack – a cult classic that will always remind us of the late great comedian John Belushi. Featuring Ray Charles, Cab Calloway, Aretha Franklin, Chaka Khan, John Lee Hooker and James Brown in dance numbers that will get you up on your feet, famous director cameos, and a record number of cars (103!) destroyed while filming the car chase scenes.

Directed by John Landis

**The Rose (1979)**

Sunday 22/09 | 20.30

The story of a self-destructive rock star of the sixties who struggles to cope with the constant pressures of her career and the demands of her ruthless business manager. Loosely based on the life of singer Janis Joplin, the film was originally titled Pearl, after Joplin’s nickname; it was fictionalized after her family declined to grant the producers the rights to her story. Bette Midler gives a superb performance in the leading role, performing all songs and carrying the dramatic weight of the film, earning an Academy Award nomination for Best Actress in 1980. The film earned three more Oscar nominations.

Directed by Mark Rydell

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.

Free admission.
After August’s Girl Power, September screenings for children at the Great Lawn are all about boys. Action, humor and fantasy-packed films – from the vintage animation of timeless Pinocchio to the extraordinary futuristic universe of Big Hero 6! Come and have fun before school starts...

Program curated by Elias Frangoulis

**Pinocchio** (1940)

**Sunday 01/09 | 20:30** → **GREAT LAWN**

Elderly woodcarver Geppetto carves a marionette called Pinocchio. The puppet comes to life and dreams of becoming a real boy. Disney’s second feature-length cartoon (after the triumph of 1937’s Snow White and the Seven Dwarfs), the film is an enduring masterpiece of the genre, adored by generations of viewers. Based on Italian author Carlo Collodi’s celebrated children’s novel The Adventures of Pinocchio, this was the first animated feature to win a competitive Academy Award – actually winning two, for Best Original Score and for Best Original Song.

**Directed by** Hamilton Luske, Ben Sharpsteen

The film is dubbed in Greek

**Hotel Transylvania** (2012)

**Sunday 08/09 | 20:30** → **GREAT LAWN**

Count Dracula is the owner of a hotel where the world’s monsters can take a rest from human civilization. Their peace is disturbed by the unexpected visit of a young traveler who falls in love with the Count’s 118-year-old daughter who looks like an 18-year-old. World-displaced monsters of cinema and literature become cute as kittens in their animated versions, in a film that broke world box office records and spawned two sequels in 2015 and 2018. Sony Pictures plans to release a fourth instalment in 2021.

**Directed by** Genndy Tartakovsky

The film is dubbed in Greek

**Big Hero 6** (2014)

**Saturday 14/09 | 20:30** → **GREAT LAWN**

A 14-year-old high school graduate and robotics genius loses a groundbreaking microbot and his elder brother, a tech geek who raised him to follow in his footsteps, in a fire. An inflatable robotic healthcare assistant will become his secret friend and, along with his four friends, they are all determined to stop the villain. Disney’s 54th animated feature, the film is an imaginative futuristic action story and the biggest 2014 box office success worldwide. In February 2015, it won an Oscar for Best Animated Feature.

**Directed by** Don Hall, Chris Williams

The film is dubbed in Greek

**Cars** (2006)

**Friday 20/09 | 20:30** → **GREAT LAWN**

A hot-shot race-car gets waylaid on its way to California and finds the true meaning of friendship and family, thanks to the talking vehicles that keep a forgotten town alive, which used to be a popular stop along the old U.S. Route 66. Pixar’s final project before being acquired by Disney, the film’s animated sequences offer stunning realism. Nominated for an Academy Award for Best Animated Feature, the film spawned two sequels.

**Directed by** John Lasseter, Joe Ranft

The film is dubbed in Greek

**PARK YOUR CINEMA KIDS**

**BOYS, BOYS, BOYS**

Free admission

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.
September weekends at the SNFCC offer events focused on the environment, sports and the arts! Would you like to learn how to make your own handmade soap? Are you passionate about botany and the Mediterranean flora? Eager to practice your skating skills? Or perhaps dream of an exciting picnic?

Cycling Classes for Children and Adults

Children are introduced by experienced trainers to simple techniques that enable them to enjoy cycling without training wheels, while also helping those who already know how to ride to improve their skills. For adults who wish to learn how to ride a bike, specially designed classes are available. Participants are encouraged to bring their own bicycle.

Sunday 05/09
18.00-22.00
VISITORS CENTER
For children aged 3-10 and their adult chaperones, and adults
(on a first-come, first-served basis)
Design-Implementation: MBK

Roller Skates for kids

Recreation, exercise, or transport? Skates are all of these at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.

No prior experience is required. Participants must bring their own equipment (skates, helmet, knee pads).

Sunday 08/09
18.30-20.30
VISITORS CENTER
For children 4-12 years old
(up to 15 participants on a first-come, first-served basis)
Design-Implementation:
Powerlike au skates academy, Yannis Kousparis, certified instructor (ICP levels 1, 2, 3)

Roller Skates for adults

Recreation, exercise or transport? Skating ticks all the boxes! Practice your balance while skating, in self-contained introductory classes for adults.

No prior experience required. Participants are requested to bring their own equipment (skates, helmet, knee pads).

Sunday 11/09
18.30-20.30
VISITORS CENTER
For adults
(up to 15 participants on a first-come, first-served basis)
Design-Implementation:
Powerlike au skates academy, Yannis Kousparis, certified instructor (ICP levels 1, 2, 3)

Summer Mediterranean Garden Secrets

A series of meetings and workshops focusing on the colors, scents and medicinal properties of Greek summer garden plants and herbs.

In September we explore the medicinal and aromatic herbs and plants at the Stavros Niarchos Park. We learn about medicinal and aromatic plants, their history and properties as herbal remedies, and get valuable tips on how to grow and collect them to create a natural pharmacy for home remedies.

Saturday 07 & 21/09
18.30-20.30
MEDITERRANEAN GARDEN
For adults
Up to 30 participants on a first-come, first-served basis
Design-Implementation:
Panagiotis Papadopoulos, Agronomist – Landscape Architect
Stavroula Katsoyanni, Agronomist – Soil Specialist

Picnic in the Park: The Filmmakers Meet

In September at the SNFCC, we welcome our ever-popular picnic, with a new theme!

This time, the tablecloth turns into a scripting guide. We all join a game that inspires us to produce our own storyboards. By flipping the arrows on a map tablecloth, everyday scenes and objects guide our own and characters’ movements. We collaborate, exchange movie ideas, learn how to use the tools of cinema with the help of Playroom educators, and utilize the material stored in our picnic baskets to illustrate our very own storyboard.

Sunday 01, 08, 15, 22, 29/09
18.30-21.00
PINE GROVE
For families with children aged 4+
(up to 40 participants per 20 minutes on a first-come, first-served basis)
Design-Implementation: Playroom

Botany: Drawing on Paper

Drawing inspiration from their immediate surroundings, children acquaint themselves with the Mediterranean flora in the Park. They learn about botany and botanical practice, while observing the physiology, texture and properties of each plant.

Then, using fine drawing pencils, colored pencils and rice paper, they capture in full detail the anatomy of plants and create their own botanical art collection.

Sunday 11, 18, 25/09
18.30-20.30
PINE GROVE
For children aged 4+ and their adult chaperones
(up to 20 participants on a first-come, first-served basis)
Design-Implementation:
Playroom

The Art of Soap Making

In September, the series of workshops on how to make natural, handmade soap concludes. The workshop aims to familiarize participants with the fundamentals of the soapmaking process, while also introducing the necessary equipment, safety measures and procedures, as well as discussing the use of essential oils and other additives. In the last part of the workshop, we build our own soap and find practical solutions to any problems that may arise.

Saturday 14, 21/09
18.00-21.00
MEDITERRANEAN GARDEN
For children aged 6+ and their adult chaperones
(up to 20 participants, 10 children and 10 adult chaperones, by preregistration at SNFCC.org)
Design-Implementation:
Smeralda Ratzaopoulou, Agronomist – Landscape Architect
Stamatia Kavvassilis, Agronomist – Soil Specialist
Whether you are already familiar with the Stavros Niarchos Park or not, this guided tour series will make you see the landscape in a different light. Having a different artist as a guide each time, visitors enjoy a walk in which nature, history, poetry and personal storytelling make for a new experience every time, crafted by director and dramaturg Georgina Kakoudaki.

In September, our guide will be Iro Bezou.

Iro Bezou graduated from the Greek National Theater Drama School in 2009. She has worked with directors such as Yannis Houvardas, Thomas Meschopoulos, Akis Karazisis, Katerina Evangelatou, Harris Fragoulis, Aris Biniaris and Ektoras Lygizos. She has also worked for cinema, starring in films by Giorgos Sougas, Stelios Paschos, Yannis Korres, Thanasios Trouloubis, Christos Dampakakis, Letenia Yannakoudakis, Eleni Mitropoulou and The Bay.

In 2019, she received the Melina Mercouri Theater Award for her performance in Pantelis Horn’s The Sapling.

Every month, the SNFCC presents the DIALOGUES of the Stavros Niarchos Foundation in live-streaming.

Thessaloniki: History, Art, Politics, Culture, People.

On Wednesday, September 25, the SNF DIALOGUES will travel to Thessaloniki, exploring its characterization as the “new Berlin”, looking toward its future, and examining the coexistence of old and new there. Guest speakers will open a discussion about the multiple faces of a city that has been, and continues to be, a cultural and historical reference point, not only for Greece, but also for the wider region and Europe.

The DIALOGUES are moderated and curated by iMEdD Managing Director, SNF DIALOGUES Executive Director, Journalist, Anna-Kynthia Bousdoukou.

For more information visit SNF.org
Monday: Our Land

Fairy Tales and Images

In a fun, relaxed atmosphere, parents acquire the first, simple stories that they can tell their babies - tales from Greek mythology and folklore, on themes such as the sky, sea, sun, moon, the stars and the earth, are presented in an evocative manner, providing an authentic experience of communication and creativity for children. Alongside their chaperones, children create their first artworks and share experiences that foster socialization through inspired sensory play.

Ceramics Lab: From the Tile Maker to the Potter

Pottery is an art involving earth, water and fire. Examples of antique pottery and contemporary design stimulate workshop participants to a hands-on exploration of pottery making and decorating techniques, while learning interesting tidbits about the art of pottery. Together, children and grown-ups see uniformed, natural clay to build forms by hand, translating imagination into art through creativity.

Using an oil lamp for light, a clay pot for cooking

In September’s workshops, we enjoy a tour of pottery from Byzantine to modern times. Shapes, uses and decoration techniques inspire us to produce exact replicates of Byzantine oil lamps. Using moulds, we make jugs and pitchers, and produce clay pots just like the old ones, only these cook like new!

On September’s Mondays, fairy tales and images, patterns, the art of pottery and shadow theater all come to life at the SNFCC, putting us in touch with Greece and its heritage - what we call our land! Tell stories and listen to tales from Greek mythology and folklore, shape clay, create personal patterns, unleash your imagination, and enjoy Karagiozis shadow theater shows.

On 02/09 the day rounds off with Shadow Puppet Theatre at the Panoramic Steps! More information on page 08.

Wednesday: Water

Swim Safely with Safe Water Sports

This September, join Octopus Safe in a Safe Water Sports event at the Stavros Niarchos Park’s Water Jets to learn how to enjoy the water and beach safely. Unleashing your imagination, swim in pristine waters together with your favorite Playmobil figures! Identify the dangers lurking on our imaginary beach, tell your own stories and learn what to watch out for on the beach and while swimming in the sea or pool.

September’s Wednesdays are dedicated to water! Attend art workshops and theatrical adventures, follow water paths, explore shipwrecks, appreciate seashells and you might even transform into a sea creature! Have fun while learning how to enjoy the water safely and all about the seabed and its protection by joining our original activities. Last but not least, enjoy a boat ride in the SNFCC Canal in one of our sailing events!
Wednesday: Water

Ghost Nets

Leaving dry land behind for a while, we dive deep into the sea, looking for lost or left ghost nets, which haunt the seabed and ensnare fish, turtles, dolphins and other species.

How did they end up there? What problems do they cause to the sea bottom? What can we do?

Through original activities, children discover the causes and effects of ghost nets; they also get an opportunity to chat with a technical diver from Ghost Fishing Greece, an organization engaged in removing lost fishing gear from the sea.

Wednesday 11/09
18:30-20:00
WATER JETS

For children aged 11-13
(Up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Healthy Seas / Irene Dimitriou, Music Educator
Katerina Tsikalaki, Biologist

Summer Theater Adventures: Ocean SOS!

The ocean is sending out an SOS! A drop recounts the water cycle for children, fostering love for the environment and encouraging them to fight for its protection, through a performance full of energy and loaded with fun. Will we be able to save the fish? Leda Olsip will show us how.

Learn about recycling by playing and join the ocean rescue mission starting at the SNFCC.

Wednesday 18/09
18:30-20:00
WATER JETS

For children aged 3-5 and their adult chaperones

(Up to 20 participants, by preregistration at SNFCC.org)

Design-Implementation:
Arts in the Mixer

Thursday: Sky

Starry Nights:
Solar System

In September, the event series inviting the public to enjoy unique thematic evenings under the stars continues, in collaboration with the National Observatory of Athens (NSA). In a talk and astronomical observation using NSA’s telescopes in the South Paths, we observe the celestial dome: the Sun, the Moon, the planets, stars and constellations, and how they are identified in this specific time of year.

In our first September meeting (05/09), we learn about the ecliptic and our solar system (how it was created, what it is made up of, how far it extends), while comparing it with other solar systems in our Milky Way galaxy. In the second meeting (19/09), we explore the composition of a star and the relationship of the Sun to the planets, and in particular to the Earth.

Solar System and the Ecliptic:
Thursday 05/09
20:00-22:00

Stars and Constellations:
Thursday 19/09
17:30-20:30

SOUTHERN WALKS

For adults
(Up to 40 participants, on a first-come, first-served basis)

Design-Implementation:
National Observatory of Athens / Dr Lazaros Koutoulidis and Dr Yiagolis Kakoutris

Sunlight turns into space!

In this workshop on architecture and solar energy, architectural space manifests itself on the path of sunlight. Inspired by SNFCC’s energy canopy designed by Renzo Piano, children get acquainted with the concepts of sustainable architecture. Shading, cooling and solar energy conversion are woven into a new and exciting story through the eyes of children, who build a small-scale canopy model of their own.

Thursday 26/09
18:00-19:30
MEDITERRANEAN GARDEN

For children aged 8-12
(Up to 20 participants, by preregistration at SNFCC.org)

Design-Implementation:
others superscript

Summer Theater Adventures:
Get into Orbit!

In a planetary mood, a family journey of discovery and fun begins! Get into space orbit and visit the planets of our solar system. Jump into Moon craters, balance on the rings of Saturn, push Venusian clouds away – but watch out, don’t get scorched by the Sun’s hot plasma! Ride a comet and race at the speed of light to unknown planets, using your imagination and unfettered creativity!

Thursday 12/09
18:30-20:00
MEDITERRANEAN GARDEN

For children aged 3-5 and their adult chaperones
(Up to 20 participants per workshop, by preregistration at SNFCC.org)

Design-Implementation:
Arts in the Mixer
**Samba: A Celebration of Dance**

A live music introduction to the basic steps and moves of the samba.

**Hoop Jam at the Stavros Niarchos Park**

Hoop It! and Sunny Diz invite you to a two-hour game with music, colorful hula hoops and positive energy. Come and meet the most fun community in Athens, and join the hoop jam together with people who share the same passion for the plastic wreath.

**Afro-Brazilian Dance**

An explosive dance lab is coming to SNFCC to lift your spirits through the rich tradition of Brazilian music and dance – a tradition that celebrates the human urge for expression of feelings and emotions, and for connection with nature. This session is an introduction to basic and more advanced techniques and choreographic styles of the vibrant Brazilian traditions (Cinida, samba batucada, samba reggae, maracatu, and more). Participants will have the opportunity to explore how body axes and directions in space function according to Afro-Brazilian tradition.

**Greek Folk Dance Classes for kids**

Greek folk dance classes for children with teachers from the Dora Stratou Dance Theater, the living museum of Greek dance, established in 1953.

**Dance Differently: From Aristophanes to Keith Haring**

Starting with an overview and the highlights in the evolution of dance – from Greek drama and Aristophanes to Diaghilev’s Ballets Russes and Keith Haring’s dancing figures – this workshop invites you to explore the intersection of the visual arts and dance, creating a different art piece each time, inspired by a dance-themed artwork.

Keith Haring

In September’s workshops, we will explore themes of music and dance in Keith Haring’s oeuvre.

Through drawing and the set of symbols that he developed, Haring’s paintings convey the energy of movement and dance.
Computer Courses for persons aged 65+

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing – skills that will enable them to carry out everyday tasks.

*Using simple and practical learning steps, this course is geared towards novice users aged 65+ as well as everyone wishing to gain a basic mastery of the subject.

Monday - Friday
11:00-12:00, 12.30-13.30, 14.00-15.00

PC LAB
(up to 16 participants on a first-come, first-served basis)

Sports & Wellness

Day Conference: Sports and Children

A day conference addressing coaches, trainers, physical education teachers, primary teachers and parents presenting a series of interesting topics, like the importance of sports in child obesity and the importance of physical exercise for young people with special needs.

The relationship between learning and sport performance will also be explored.

The topics will be presented by leading scientists of relevant fields, whilst the participants will have the opportunity to discuss issues that concern them.

More information will soon be available at SNFCC.org

Design-Implementation: Regeneration & Progress
Scientific Advisors: 1st Orthopedic Clinic, University of Athens
Cross-training in the Park

Would you like to see your body change in a holistic way? The fitness series based on cross-training returns in September at the SNFCC.

A variety of exercises using belts, bars, resistance bands, free weights and kettlebells engage different muscle groups, reduce imbalance and maximize total strength, flexibility and speed.

Monday 03, 09, 16, 23, 30/09
Tuesday 03, 10, 17, 24/09
Wednesday 04, 11, 18, 25/09
Thursday 05, 12, 19, 26/09
Friday 06, 13, 20, 27/09
08:00-10:00
RUNNING TRACK

For adults
[Design-Implementation: Regeneration & Progress]

Fitness for everyone

Experienced physical education instructors are available at the outdoor gym and the running track to offer advice and training recommendations, and provide your personal fitness evaluation.

Monday 02, 09, 16, 23, 30/09
Tuesday 03, 10, 17, 24/09
Wednesday 04, 11, 18, 25/09
Thursday 05, 12, 19, 26/09
Friday 06, 13, 20, 27/09
18:00-21:00
RUNNING TRACK

For adults
[Design-Implementation: Regeneration & Progress]

Yoga in the Park

Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures, and relaxation. Through gentle, controlled breathing, participants gain peace of mind, self-control and concentration, and develop positive thinking.

Participants should bring their own yoga mat and wear comfortable clothes.

Monday 02, 09, 16, 23, 30/09
Friday 06, 13, 20, 27/09
19:00-20:30
Tuesday 03, 10, 17, 24/09
Thursday 05, 12, 19, 26/09
08:00-09:30
GREAT LAWN

For adults
[Design-Implementation: Regeneration & Progress]

Tai Chi

An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels.

Beginners
Monday 03, 10, 17, 24/09
19:00-20:15
Sunday 08, 15, 22, 29/09
08:30-09:45
Advanced
Friday 06, 13, 20, 27/09
19:00-20:15
GREAT LAWN

For adults
[Design-Implementation: Regeneration & Progress]

Mat Pilates – Beginners

A creative way to keep in shape, Pilates helps us to strengthen our core and improves flexibility and balance. Performed on a mat, the workout is suitable for people of all ages and levels.

Monday 02, 09, 16, 23, 30/09
Tuesday 03, 10, 17, 24/09
Wednesday 04, 11, 18, 25/09
07:45-09:00
Thursday 05, 12, 19, 26/09
18:00-19:00
Friday 06, 13, 20, 27/09
19:00-20:00
GREAT LAWN

For adults
[Design-Implementation: Regeneration & Progress]

Mat Pilates – Advanced

A dynamic pilates course for advanced students that emphasizes on flow and rapid change of positions. Changing positions is done in a way that strengthens the muscles, enhancing the body’s resilience.

Participants should bring their own pilates mat and wear comfortable clothes.

Monday 02, 09, 16, 23, 30/09
Tuesday 03, 10, 17, 24/09
19:00-20:15
Sunday 08, 15, 22, 29/09
08:30-09:45
GREAT LAWN

For adults
[Design-Implementation: Regeneration & Progress]

Sports for Seniors

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments.

Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises. Each participant’s weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 02, 09, 16, 23, 30/09
10:00-10:50
RUNNING TRACK

For adults
[Design-Implementation: Regeneration & Progress]
Learn how to give first aid and find out about immediate and effective treatment of health problems and symptoms that can threaten human life. A non-certified training is offered for heart attack and drowning incidences, as well as the use of an Automated External Defibrillator. Lastly, participants will have a hands-on experience with the use of specifically designed models/preforms.

**First-Aid Course**

**Wednesday 23/09**
17.30-19.30

**MULTIFUNCTIONAL SPACE**

For ages 60+
(up to 20 participants on a first-come, first-served basis)

Design-Implementation: Regeneration & Progress

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**Qigong 50+**

Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

**Wednesday 04, 11, 18, 25/09**
Thursday 05, 12, 19, 26/09
18.00-18.15

**GREAT LAWN**

For ages 50+
(up to 20 participants on a first-come, first-served basis)

Design-Implementation: Regeneration & Progress

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**SNFCC Running Team**

The Park’s running aficionados join forces in a team that trains every Tuesday and Thursday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and support.

**Tuesday 03, 10, 17, 24/09**
18.30-20.00
**Saturday 07, 14, 21, 28/09**
08.30-10.00

**RUNNING TRACK**

For ages 15+
(up to 50 participants on a first-come, first-served basis)

*Teenagers aged 15-18 must have written parental/guardian consent to participate

Design-Implementation: Regeneration & Progress

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**Kayaking the Canal**

This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC!

**Sunday 01, 08, 15, 22, 29/09**
Friday 06, 13, 20, 27/09
Saturday 07, 14, 21, 28/09
17.30-20.00

**CANAL**
(at the side of the Visitors Center)

For children aged 8+ and adults
(up to 20 participants per 30’ by preregistration at SNFCC.org)

*Children under 15 years old must be accompanied by an adult chaperone

Design-Implementation: Regeneration & Progress

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**Pétanque**

Relatively unknown, pétanque is a sport that combines accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to get as close as possible to a target, by throwing boules.

**Sunday 01, 08, 15, 22, 29/09**
12.00-14.00

**ESPLANADE**

For children aged 7+ and adults
(on a first-come, first-served basis)

*Children must be accompanied by an adult chaperone

Design-Implementation: Regeneration & Progress

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**Family Games**

An entertaining activity with games specially designed for children and families. Parents and adult chaperones are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

**Saturday 07, 14, 21, 28/09**
18.00-19.30

**GREAT LAWN**

For children aged 5+ and their adult chaperones
(up to 50 participants on a first-come, first-served basis)

Design-Implementation: Regeneration & Progress

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**Sports & Wellness**
**Street Soccer 5X5**

Football match events suitable for schoolage children (6-13) in five-member teams.

**Sunday 01, 08, 15, 22, 29/09**

**Saturday 07, 14, 21, 28/09**

10:00-11:00

OUTDOOR GAMES AREA

For children 5-7:
10:00-10:30
ages 6-10: 10:30-11:00
ages 8-10: 11:00-11:30
ages 8-10: 11:30-12:00
ages 11-13: 12:00-12:30
ages 11-13: 12:30-13:00

For children 5-13 years old

(up to 12 children per 30’ session on a first-come, first-served basis)

**Artistic Gymnastics**

Doing somersaults, running, and turning, all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

**Saturday 07, 14, 21, 28/09**

17:00-18:15

GREAT LAWN

For children 5-10 years old

(up to 20 participants on a first-come, first-served basis)

**Design-Implementation:** Regeneration & Progress

**Sports Games**

A recreational activity for children in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.

**Saturday 07, 14, 21, 28/09**

17:00-18:15

GREAT LAWN

For children 5-10 years old

(up to 20 participants on a first-come, first-served basis)

**Design-Implementation:** Regeneration & Progress

**Mini Tennis**

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

**Saturday 07, 14, 21, 28/09**

**Sunday 09, 16, 23, 30/09**

18:00-21:00

OUTDOOR GAMES AREA

For children 6-10 years old, age group categories 4-7 & 8-10

(up to 8 children per 30’ session by preregistration at SNFCC.org)

*On Saturday Mini Tennis turns to Blind Tennis for vision-impaired and blind persons*

**Design-Implementation:** Regeneration & Progress

**Introduction to Handball**

Children will have the opportunity to play the Olympic team game handball.

**Saturday 07, 14, 21, 28/09**

**Sunday 08, 15, 22, 29/09**

13:00-14:00

14:00-15:00

OUTDOOR GAMES AREA

For children 6-13 years old

(up to 12 participants per 30’ session on a first-come, first-served basis)

**Design-Implementation:** Regeneration & Progress

**Discover Volleyball**

Children will have the opportunity to discover volleyball in specially constructed grounds under the guidance of experienced coaches.

**Sunday 29/09**

11:00-12:00

ESPLANADE

For children aged 6+

(on a first-come, first-served basis)

**Design-Implementation:**
Regeneration & Progress, in collaboration with the Hellenic Volleyball Federation

**Mini Volley**

Invented in 1895 in Massachusetts, U.S.A., volleyball is a major Olympic sport, mainly characterized by three features on which children will practice: (a) the overhand pass; (b) the forearm pass; (c) the underhand serve.

**Tuesday 17, 24/09**

**Thursday 19, 26/09**

18:00-20:00

OUTDOOR GAMES AREA

For children 5-12 years old

(up to 12 participants per 30’ session by preregistration at SNFCC.org)

**Design-Implementation:** Regeneration & Progress
Europeana
Music theatre

Premiere / A co-production with the International Ibsen Award and Lineculture

Europeana, an international co-production awarded the Ibsen scholarship by the Norwegian Ibsen Award, conceived and directed by Rafika Chawishe and with music by Stavros Gasparatos, will be given its world premiere at the GNO Alternative Stage. It is a performance revealing the beauty and tenderness of adolescence with the participation of 60 youth from various communities and countries. Linked to Henrik Ibsen’s play Little Eyolf, Europeana describes young people’s expectations to explore an “unmapped Eden”. An original work dedicated to the young generation.

Conception, story, director: Rafika Chawishe
Music composition, orchestration: Stavros Gasparatos
Guided Tours

September opening hours
- Stavros Niarchos Park: Monday - Thursday: 06:00-00.00
  Friday - Sunday: 06:00-02:00
- Lighthouse: 06:00-00.00
- Info Point at the SNFCC Lobby: 08:00-22:00
- Info Point at the Visitors Center: 08:30-22:00

Event attendance
For some events, preregistration is required due to limited seating.

Accessibility
- The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
- All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
- SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
- Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
- Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
- Guide dogs and hearing dogs are welcome in all SNFCC areas.

Pets
Pets are welcome at all SNFCC’s outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.

Wi-Fi
Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.

Free digital access to newspapers
Visitors can enjoy free access to over 5,000 newspapers and magazines in 60 different languages in digital form on pressreader.com.

Photography
Photography on SNFCC premises is permitted exclusively for private use. For any commercial/promotional photo request, please email us at info@snfcc.org.
Use of drones is prohibited.

ATM
Piraeus Bank and National Bank of Greece ATMs are located at the SNFCC Lobby.

First-Aid
First-aid and medical facilities staffed by health professionals are available. Please refer to the map on the next page.

Food & Drink
The following food & drink service points operate:
- δ / Delta Restaurant
  Brunch: Sunday 11.00-16.00
  a la carte: Sunday 16:00-00.00
- Agora Bistro (at the Agora)
  Monday-Sunday 08:00-00.00
- Canal Café (at the Visitors Center by the Canal)
  Monday - Thursday 08:30-00.00
  Friday - Sunday 08:30-01:00
- Phares Café (at the Lighthouse)
  Monday-Sunday 09:00-00.00
  Phares Café’s operating hours may change depending on events taking place at the Lighthouse.
- Park Kiosk (in the Park)
  Monday-Thursday 08:00-00.00
  Friday-Sunday 08:00-01.00
- Park Kiosk - Souvlaki (by the Great Lawn)
  Monday - Sunday 14:00-00.00
- Coffee & Juice Vans on Tour
  (at the Agora)
  Monday - Sunday 09:00-21:00
- Ice Cream Van on Tour
  (at the Agora)
  Monday - Friday 10:00-22:00
  Saturday - Sunday 11:00-23:00

SNFCC members have a 10% discount.

Environmental Management
SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmental and sustainable buildings. LEED certification is regarded as the highest possible distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO² emissions, indoor environment quality, the rational management of resources. SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.

Smoking
Based on the requirements of the LEED certification program earned by SNFCC, smoking is prohibited in all SNFCC indoor areas, and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the ash trays available in the area.

Bicycles
SNFCC offers a bike rental system for children and adults. Please visit SNFCC.org/bikes for additional information, or inquire at the Visitors Center.

Furthermore, in collaboration with BP as its Mobility Partner, the SNFCC has installed bicycle repair stations by the Canal and the Visitors Center, where you can tune up your bike and find out more about its maintenance.

Group tours
For more information on group tours please contact us at tours@SNFCC.org
Map

Use the corresponding numbers on the map to locate a venue.

1. Great Lawn
2. Pine Grove
3. Southern Walks
4. Dome @ Labyrinth
5. Outdoor Gym
6. Running Track
7. Playground
8. Water Jets
9. Sound Garden
10. Mediterranean Garden
11. National Library of Greece
12. Agora
13. Greek National Opera
14. Lighthouse
15. Panoramic Steps
16. Canal
17. Esplanade
18. SNFCC Lobby
20. Vegetable Garden
21. Canal Steps
22. Buffer Zone
23. Visitors Center
24. Delta Hall
25. Outdoor Games Area
26. Dancing Fountains
27. SNFCC Bike Rental
28. SNFCC Store
29. Shuttle Bus Stop
30. First Aid
31. ATM
32. Info Point
33. Pharos Café
34. Agora Bistro
35. Coffee & Juice Vans on tour
36. Park Kiosk
37. Canal Café
38. Park Kiosk - Souvlaki
39. δ / Delta Restaurant

Access

Public Transport

Buses
- 130: Piraeus – Nea Smyrni (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 217: Piraeus – Dafni Station (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 550: Kifissia – Faliriko (Evgenidion Stop, Syggrou Avenue northbound, Onassio Stop southbound)
- 860: Palaio Faliriko – Schisto (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- A1: Piraeus – Voula (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B1: Piraeus – Ano Glyfada (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B2: Academia – Agios Kosmas (Evgenidion Stop, Syggrou Avenue northbound, Onassio Stop southbound)

Trolleybus
- 10: Chalandri - Tzitzifies (Epaminonda Stop)

Tram
- Tzitzifies Stop

Metro
- Faliriko Station

SNFCC is not responsible for any modifications on the public transportation’s routes.

Mobility Partner

BP, as SNFCC’s Mobility Partner, supports the operation of the shuttle bus.

Free Shuttle Bus

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-12.30, the shuttle bus rides only between SNFCC and the Syggrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone.

For further information and timetables visit SNFCC.org or call at 216 8091000.

BP, as SNFCC’s Mobility Partner, supports the operation of the shuttle bus.

Parking

The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

Pricelist:
- Cars
  - 00.00-19.00: €1.50/ hour
  - 19.00-00.00: €1.50/ hour
  - with a maximum charge of €5
- Monthly Offer:
  - Monday-Friday 07.00-19.00: €100/ month
- Motorcycles
  - €0.70/ hour

SNFCC members enjoy a 10% discount

More information: SNFCC.org

You can now make payments quickly and easily using major debit and credit cards, at the parking payment stations. Contactless payments are also accepted.
<table>
<thead>
<tr>
<th>Day</th>
<th>Morning Activities</th>
<th>Afternoon Activities</th>
<th>Evening Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Yoga in the Park</td>
<td>Sailing the Canal*</td>
<td>Park Your Cinema Kids:</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Sailing the Canal*</td>
<td>Fitness and Memory</td>
<td>Sadler’s Wells London**</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Fitness and Memory</td>
<td>Tai Chi - Beginners</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>Thursday</td>
<td>Tai Chi - Beginners</td>
<td>Yoga in the Park</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>Friday</td>
<td>Park Your Cinema</td>
<td>Sports for Seniors</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>Saturday</td>
<td>Mat Pilates - Beginners</td>
<td>Sports for Seniors</td>
<td>Mat Pilates - Beginners</td>
</tr>
</tbody>
</table>

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For more information, visit the SNFCC website at SNFCC.org.
# SEPT 2019

## Monday

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10.00</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>10.00</td>
<td>Yoga in the Park</td>
</tr>
<tr>
<td>11.00</td>
<td>Sports for Seniors</td>
</tr>
<tr>
<td>11.00</td>
<td>Fairy Tales and Images*</td>
</tr>
<tr>
<td>11.00</td>
<td>Computer Courses for persons aged 65+</td>
</tr>
<tr>
<td>11.00</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>11.00</td>
<td>Fitness and Memory</td>
</tr>
<tr>
<td>11.00</td>
<td>Mini volley*</td>
</tr>
<tr>
<td>11.00</td>
<td>Team Playing (Football Skills)</td>
</tr>
<tr>
<td>11.00</td>
<td>Ceramics Lab for adults*</td>
</tr>
<tr>
<td>11.00</td>
<td>Yoga in the Park</td>
</tr>
</tbody>
</table>

## Tuesday

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
</thead>
<tbody>
<tr>
<td>08.00</td>
<td>Yoga in the Park</td>
</tr>
<tr>
<td>08.00</td>
<td>Cross-training in the Park</td>
</tr>
<tr>
<td>08.00</td>
<td>Sports for Seniors</td>
</tr>
<tr>
<td>08.00</td>
<td>Fairy Tales and Images*</td>
</tr>
<tr>
<td>11.00</td>
<td>Computer Courses for persons aged 65+</td>
</tr>
<tr>
<td>11.00</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>11.00</td>
<td>Water Games*</td>
</tr>
<tr>
<td>11.00</td>
<td>Computer Courses for persons aged 65+</td>
</tr>
<tr>
<td>11.00</td>
<td>Mini volley*</td>
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<td>Yoga in the Park</td>
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<td>11.00</td>
<td>Tai Chi - Beginners</td>
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<tr>
<td>11.00</td>
<td>Summer Theater Adventure: Ocean 50+</td>
</tr>
</tbody>
</table>

## Wednesday

<table>
<thead>
<tr>
<th>Time</th>
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</tr>
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<tbody>
<tr>
<td>18.00</td>
<td>Mat Pilates - Beginners</td>
</tr>
<tr>
<td>18.00</td>
<td>Yoga in the Park</td>
</tr>
<tr>
<td>18.00</td>
<td>Cross-training in the Park</td>
</tr>
<tr>
<td>18.00</td>
<td>Sports for Seniors</td>
</tr>
<tr>
<td>18.00</td>
<td>Water Games*</td>
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</tr>
<tr>
<td>18.00</td>
<td>Fitness for everyone</td>
</tr>
<tr>
<td>18.00</td>
<td>Mat Pilates - Advanced</td>
</tr>
<tr>
<td>18.00</td>
<td>Team Playing (Football Skills)</td>
</tr>
<tr>
<td>18.00</td>
<td>Fitness for everyone</td>
</tr>
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<td>Tai Chi - Beginners</td>
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</tbody>
</table>

## Thursday

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<td>Cross-training in the Park</td>
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<td>Sports for Seniors</td>
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<tr>
<td>18.00</td>
<td>Water Games*</td>
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<tr>
<td>18.00</td>
<td>Computer Courses for persons aged 65+</td>
</tr>
<tr>
<td>18.00</td>
<td>Sailing the Canal*</td>
</tr>
<tr>
<td>18.00</td>
<td>Mini volley*</td>
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<td>Fitness for everyone</td>
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<td>Mat Pilates - Advanced</td>
</tr>
<tr>
<td>18.00</td>
<td>Fitness and Memory</td>
</tr>
<tr>
<td>18.00</td>
<td>Ginning 50+</td>
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<tr>
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<td>Ginning 50+</td>
</tr>
<tr>
<td>18.00</td>
<td>Tai Chi - Beginners</td>
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## Saturday

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<td>Team Playing (Football Skills)</td>
</tr>
<tr>
<td>18.30</td>
<td>Sculpture and Dancing: From Material to Movement</td>
</tr>
<tr>
<td>18.00</td>
<td>Tai Chi - Advanced</td>
</tr>
<tr>
<td>18.00</td>
<td>Afro-Brazilian Dance</td>
</tr>
<tr>
<td>18.00</td>
<td>Yoga in the Park</td>
</tr>
</tbody>
</table>

## Every Day

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**Photo credits:**
Leonidas Kalpakidis, Hugo Glendinning, Julai Bandt, Giannis Drakoulidis, Gia Katarazaki, Biondo Bogdanou, Donesia Mylonas, Haritha Athanasias, Athina Kasteli, Iris Beaws, Europese

**Discover the daily program of the Dancing Fountains at SNFCC.org**
SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC’s appreciation towards Members.

**Events for SNFCC Members Only**

**Members’ Tuesdays**

A day dedicated to our Members! Every Tuesday afternoon, discover the art forms of sculpture and ceramics, find out what the visual arts and dance have in common and go sailing!

**Practical Info**

All Member events require preregistration.

- Preregistration for Member events starts every Monday.
- Preregistration links are provided to Members via the SNFCC Members newsletter.
- Telephone support line for Members only: +30 216 809 1010

**Are you a Member?**

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCMembers

Using your SNFCC Member card you enjoy 10% discount at:
- the F&B outlets
- parking
- SNFCC Store

The Membership Program is supported by:

In collaboration with:

- Ellinikí Bibliothēkí tis Elládas National Library of Greece
- The Hellenic University Library
- Thessaloniki Port Authority
- Kalamaki Yacht Club

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**Sculpture and Dancing: From Material to Movement**

Throughout the centuries, sculpture has been inspired by the human body and movement. Using various forms and compositions, sculpture was able to express the immaterial and the monumental, as well as the ephemeral and the abstract.

This workshop invites the public to explore the interconnectedness of sculpture and dance through the use of simple, everyday materials, such as paper, wood, wire and plaster – this is a fun opportunity for participants to explore the history of art.

In September’s meetings, participants will experiment with plaster, wire and wood constructions, assembling them using the tools they used in previous sessions. In this way, they will approach post-war minimalist sculpture, Arte Povera and conceptual art, while taking a look at works by Richard Serra, Janis Kounellis, Takis and Susumu Shingu, of course, whose sculptures grace the SNFCC.

**Tuesday 10/09**

18.30-21.30 | MEDITERRANEAN GARDEN

For adults | (up to 20 participants)

Design-Implementation: Parvis Nikolaoupolous, Artist

**Sailing the Canal:**

A series of sailing events, involving different vessel types, both in the Canal and on land, as well as innovative educational activities for children and adults.

**Tuesday 03/09**

17.30-18.30 for children aged 6-9 & 6-14 with mental disabilities

18.30-19.30 for children aged 9-14 & 6-14 with mental disabilities

19.30-20.30 for teens aged 15+ and adults with or without mental disabilities

**CANAL** (up to 10 participants per boat)

*Children must be accompanied by an adult chaperone

In collaboration with the Kolonaki Yacht Club

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**Ceramics Lab: From the Tile Maker to the Potter**

Pottery is an art involving earth, water and fire. Examples of antique pottery and contemporary design stimulate workshop participants to a hands-on exploration of pottery making and decorating techniques, while learning interesting tidbits about the art of pottery. We use unformed, natural clay to build forms by hand, translating imagination into art through creativity.

**Tuesday 03, 17/09**

18.30-20.30 | MEDITERRANEAN GARDEN

For adults | (up to 20 participants)

Curators: Nikos Liacos, Archeologist – Ceramic Artist

Thalassini Brotasou, Art Historian – Ceramicist

Design-Implementation: Eirini Anagnosti, Educator – Ceramist

**Sculpture and Dancing: From Aristophanes to Keith Haring**

Starting with an overview and the highlights in the evolution of dance – from Greek drama and Aristophanes to Diaghilev’s Ballets Russes and Keith Haring’s dancing figures – this workshop invites you to explore the intersection of the visual arts and dance, creating a different art piece each time, inspired by a dance-themed artwork.

**Keith Haring**

In September’s workshops, we will explore themes of music and dance in Keith Haring’s oeuvre.

Through drawing and the set of symbols that he developed, Haring’s paintings convey the energy of movement and dance.

In these workshops, we will identify all the different positions assumed by the body when dancing and then draw our own movement sequence, which we will print on a porcelain mug using special paint. That’s not so different to what Haring himself did in his Pop Shop, seeking to make his art accessible to as many people as possible.

**Tuesday 24/09**

18.30-21.00 | MEDITERRANEAN GARDEN

For children aged 8-12 and their adult chaperones | (up to 10 children and 10 adult chaperones)

Design-Implementation: Maria Michalakakou, Artist

**Dance Differently: From Aristophanes to Keith Haring**

This workshop invites the public to explore the interconnection of sculpture and dance through the use of simple, everyday materials, such as paper, wood, wire and plaster – this is a fun opportunity for participants to explore the history of art.

In September’s workshops, we will explore themes of music and dance in Keith Haring’s oeuvre.

Through drawing and the set of symbols that he developed, Haring’s paintings convey the energy of movement and dance.

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• parking
• SNFCC Store

Fit Members
A dynamic interval training workout, designed in stations, based on strength training, balance, and aerobic fitness training. The activity emphasizes flow and fast succession during a routine that is aimed at strengthening the muscles and enhancing strength and endurance through a fun workout.

Wednesday 04, 11, 18, 25/09
08.30-09.45 | RUNNING TRACK

For Members only: up to 30 participants per session | For ages 18-65
Design-Implementation: Regeneration & Progress

Priority presale for Members:

Sutra: Sidi Larbi Cherkaoui / Sadler’s Wells London
Tuesday 03 & Wednesday 04/09
21.00 | STAVROS NIARCHOS HALL

One-day presale priority for Members + Guest: up to 400 seats | information on p. 03

In collaboration with: The Membership Program

More about the SNFCC Membership Program benefits: SNFCC.org/members #SNFCCmembers
September at the SNFCC

Produced by Sadler’s Wells, Sutra, a critically acclaimed collaboration between choreographer Sidi Larbi Cherkaoui, sculptor Antony Gormley, and 19 monks from the Shaolin Temple in China, has captured the hearts and imaginations of more than 250,000 viewers worldwide. Enjoy it at Stavros Niarchos Hall on 03 & 04/09.

Music Escapades: Jan Van joins Pavlos Pavlidis onstage to perform Bad Poem (lyrics by Efthymis Filippou), on 05/09. On 12/09, May Roosevelt's electronic soundscapes meet Mechanimal’s beats, on SNFCC’s Panoramic Steps. Parklife: The trailblazing music artist, vocalist and composer Lena Platonos, in a concert that bridges the past and the present, on Saturday 07/09 at the Great Lawn. On 15/09, the Athens State Orchestra returns to Stavros Niarchos Park for the third time and takes us on a Journey to the New World. And I don’t know what eyelids are for / This wheel of soul, keeps me ridin’ along: Rock ‘n’ roll on the Great Lawn, with The Last Drive, the iconic band of the English-speaking Greek alt-rock scene, on 21/09.

The Queen of Calypso, Calypso Rose is coming to Greece for the first time, bringing Afro-Caribbean sounds to the Great Lawn – for one evening only, on 27/09.

“Folk songs capture a people’s attitude, pride and dignity” The month concludes with music, featuring two days filled with contemporary folk music and songs by 24 music ensembles from all over Greece, in a celebration of Domna Samiou’s legacy by the young people of today, on 28 & 29/09.

Many more of your favorite events as well as new activities are there for you to discover, including this season’s Park Your Cinema, which closes with a grand finale. In September, the collaboration between the SNFCC and the Greek Film Center continues, with screenings of short films in the context of Park Your Cinema.