Showcasing Greek contemporary indie music scene, SNFCC's Music Escapades concert series welcomes summer with CHICKN's experimental psychedelic rock on 01/06.

You are special to me. Treasured gifts from mothers to children, lullabies prove that music is the most powerful means of expression. Lullaby Project is back to the Stavros Niarchos Foundation Cultural Center for the second year in a row, in partnership with New York's Carnegie Hall, on 03/06.

Opera and Fashion 06/06. Opera and haute couture meet at Stavros Niarchos Hall for an evening filled with Magic!

I have always imagined Paradise as a kind of library. Yo, que me /figuraba el Paraíso /Bajo la especie de una biblioteca. Jorge Luis Borges as seen by Maria Kodama, in the 11th LEA Ibero-American Literature in Athens Festival on 07/06.

Showcasing photojournalism work and its contribution to shaping our worldview and capturing historical moments, the first Athens Photo World comes to the SNFCC on 07–16/06.

And of course SUMMER NOSTOS FESTIVAL by the Stavros Niarchos Foundation is back, on 23–30/06! A perennial favorite of the Athenian summer, an open celebration of culture, sports, togetherness, dialogue, education and fun. Eight days of free-admission events, enabling experiences, emotions and the exchange of ideas.

June at the SNFCC 06.

SNFCC.org
The Summer Nostos Festival is back! For the fifth consecutive year, the Stavros Niarchos Foundation (SNF) invites you to one of Greek summer’s most beloved institutions and destinations, an open celebration of culture, sport, coexistence, dialogue, and—of course—fun and games through more than seventy events, hundreds of artists, and sports and science experts. An eight-day free-admission program full of new experiences, positive emotions, and healthy debates, in collaboration with the Stavros Niarchos Foundation Cultural Center.

Organized by the Stavros Niarchos Foundation (SNF), once a year the Summer Nostos Festival returns to the Stavros Niarchos Foundation Cultural Center (SNFCC) – which the SNF has created, with love and conviction, and continues to support as the exclusive donor.

The enjoyment and light-heartedness that are often lacking in our everyday life are two things that define the SNFestival, but they are not the only ones. Contributing to the wider community, supporting important social goals, encouraging the dialogue on democracy— these are only some of the challenges that preoccupy many of the artists that participate on this year’s event. Amongst them: Andrew Bird, Meneh Cherry, Low, Local Natives, Brian Eno: 77 Million Paintings, Akram Khan Company, Balthazar, Lisa Hannigan & s t a r g a z e, Rita Wilson, Soap&Skin, Nakhane, Alkistis Protopsalti, Yorgos Margaritis, Antonis Martsakis & Andonis Foniadakis, Vertigo Dance Company, Marina Satti, Victoria Thierrée Chaplin & Aurelia Thierrée, and many other artists and contributors.

As always, the evening race SNF RUN: Running into the Future will take place on June 23rd, as part of the Summer Nostos Festival. Its completion will be marked by a fireworks show, an SNFestival staple and a favorite of young and old alike. The Summer Nostos Festival will also be hosting the 8th Annual International SNF Conference with the theme of [Untitled] and the 2nd SNF Agora Institute Workshop, with the participation of distinguished speakers from all over the world.

Until then, the Stavros Niarchos Foundation Cultural Center awaits you with exhibitions, concerts, lectures, performances, workshops and athletic activities. Do not miss any of these events and let’s prepare together for this great summer celebration.

SNFestival is organized and funded by the Stavros Niarchos Foundation (SNF).

Free admission // Detailed information: www.SNFestival.org
Alkistis Protopsalti
Sunday 23/06 | 22.00
Alkistis Protopsalti is coming to the Summer Nostos Festival to transport the audience with her songs and to share the rare musical treasures collected through her artistic pursuits and her travels around the globe. The MandolinARTE – Plucked Strings Orchestra of Athens will accompany her on stage. Thomas Kontogeorgis will arrange the music and conduct the orchestra, and the singer Yannis Mathes will make a guest appearance.

Andrew Bird
Monday 24/06 | 22.00
Andrew Bird, a multi-instrumentalist singer-songwriter with a way of whistling his songs at his concerts that creates autonomous, powerful narratives, will be coming to Greece shortly after the release of his most recent album, which draws heavily from Greek mythology while commenting on the political reality of our time. A musical and lyrical genius, Bird has given thousands of concerts. And it all began when, at the age of 4, he picked up a violin and started to play.

Neneh Cherry
Tuesday 25/06 | 22.00
At 25/06 the Great Lawn Stage welcomes one of the dominant forces shaping the British pop scene during the 1990s. Since then, Neneh Cherry has never stopped protesting and struggling, and she has become a pop culture icon. Each song is a voice of protest. At the Summer Nostos Festival she’ll be presenting, among other things, Broken Politics, her latest release album.

Yorgos Margaritis
Wednesday 26/06 | 22.00
Forward-looking and always ready to experiment and collaborate with younger artists, Yorgos Margaritis is an emblematic personality in the history of laiki music. He is appearing at the Summer Nostos Festival accompanied by a large orchestra to present a selection of the most important moments of his musical journey, as well as a tribute to laika and rebetiko songs.

Low
Thursday 27/06 | 22.00
After 25 years in music, Minnesota band Low is an indie rock institution worldwide. Low will be coming to the Summer Nostos Festival having completed their world tour and just a few months following the release of their twelfth album, Double Negative, which, according to the critics, is the best of their career.

Local Natives
Friday 28/06 | 22.00
One of the most influential indie rock bands, California’s Local Natives are coming to Greece for the first time, as the last stop on their Spiral Choir tour in Canada and the United States, where they were consistently sold out.

Their music has been described as “the distillation of California into soundwaves and vibrations.”

YALLA 2.0
Saturday 29/06 | 22.00
A volcano of explosive female voices featuring traditional and contemporary sounds will sweep through the Summer Nostos Festival when the multi-talented singer, composer, and performer Marina Satti, together with Fonés and Chóres, take the stage.

Fonés and Chóres are, respectively, the female vocal ensemble and the 50-member women’s choir formed by Satti. The artist brings together and guides all these voices, along with her electric band, in a stage experience described, by those who have watched it, as simply unique.
The evening SNF RUN: Running into the Future, returns for the fifth consecutive year uniting citizens and visitors of Athens, leading them from the heart of the city to the Summer Nostos Festival.

It’s a big celebration that brings together thousands of people each year. On an evening in June which always coincides with the celebration of Olympic Day, they will all partake in the joy of coming together.

This year, the run will be sending out an additional, powerful message involving charity. Those who wish to do so can offer a symbolic amount for their participation to support one of the selected non-profit organizations: KETHIS (the Therapeutic Riding Center of Serres), PASKA (the Hellenic Sports Club for Physically Disabled People), and the PERPATO Association for People with Mobility Problems and Friends, Prefecture of Rodopi. The money that will be collected from this entirely voluntary process will be tripled by the Stavros Niarchos Foundation and will be allocated to the various causes, according to the wishes of the participants.

Information and registrations at www.SNFestival.org

Activities for Children and Families

Carefree fun is an integral part of Summer Nostos Festival and if anyone deserves it the most, it’s children! This year, SNFestival’s program features a wealth of activities for children of all ages.

For a whole week, children and families will have the opportunity to join more than 30 different recreational, sports and educational activities with free admission. Watch while the White Queen and the Black Knight try to escape beyond the borders of the chessboard, in The Chessboard Runaways, a dream play/opera with music by George Kouroupos on a libretto by famous children’s author Eugene Trivizas. Foray into the world of circus, learn how to juggle and walk on a tightrope like true acrobats, under the expert guidance of Circus Outdoors performers. Get a first-hand experience of sports such as fencing, ping-pong, badminton, handball, kayak and pétanque; learn by playing with robots, mathematics and colors. We have planned all this and much more for all children throughout the entire Summer Nostos Festival. You are invited to a week of fun and games!
Athens Photo World (APW) is a new cultural initiative, aiming to showcase the work of photojournalists and their contribution to shaping the image of our world and documenting our history in the making, through a series of exhibitions and events.

The first Athens Photo World honours its exhibitions and events late Yannis Behrakis, focusing on his longstanding, rich and award-winning work.

Within the framework of the collaboration between APW and the SNFCC, the latter will host two photo exhibitions, screenings, discussion panels and other events throughout the duration of the initiative.

**Exhibition**

**Eyewitness / Yannis Behrakis**

07 - 15/06 | 09:00 - 22:00

4TH FLOOR ATRIUM NLG

Thirty years of photojournalism, distinctions and awards, thirty years of Yannis Behrakis’ presence, in the events that we now call “contemporary history” while it was being written. A selection of seventy of the most powerful images of the Greek photojournalist, framed by videos of talks and interviews by Yannis Behrakis during his long-lasting photographic journey, expressing his most important thoughts on photography and the world.

**Screening:**

**Documentary**

Saturday 08/06 | 20:00

ALTERNATIVE STAGE

A documentary by award-winning filmmaker Buddy Squires will be shown during the APW. The film, through Squires’ lens who has followed Yannis Behrakis since 2000 in many countries, marks important points of Behrakis’ career.

The creator will show for the first time at Athens Photo World, an extract of his work as a tribute to the work and memory of Yannis Behrakis.

Free admission by preregistration at SNFCC.org

Pre-registration starts on Monday 03/06 at 13:00

**Photographers talks:**

Louisa Gouliamaki, Nikos Pilos, Konstantinos Pittas, Spyros Staveris and Santiago Lyon

Four acclaimed Greek photographers with a long course at photography, documentary and reportage, present their work and their experiences to the public through a lively discussion and an exchange of views.

Monday 10/06 | 20:00 - 22:00: Konstantinos Pittas, with important work in Greece and abroad and Spyros Staveris, with his unique photographic style of immortalising the life of modern Greeks.

Thursday 13/06 | 19:00 - 21:00: Nikos Pilos, one of the most well-known documentary photographers in Greece, with a rich portfolio and many international distinctions.

Friday 14/06 | 19:00 - 21:00: Santiago Lyon, with his long-time experience at Associated Press, and currently as Adobe content manager, will talk to the attendees about both the adventurous and the most technical aspects of photojournalism and photography in general.

Simultaneous interpretation to English and Greek will be provided.

Saturday 15/06 | 17:00 - 19:00: Louisa Gouliamaki, active and vibrant photojournalist of the AFP, and one of the few female photographers in Greece.

Sunday 16/06 | 20:00 - 22:00: Santiago Lyon

**Award Ceremony**

Sunday 16/06 | 20:00

ALTERNATIVE STAGE

Always aiming at promoting and enhancing the work of photographers and photojournalists, APW contributes in encouraging and upgrading their work and their ability to continue their commitment to their projects and vision.

With the support of the Stavros Niarchos Foundation, APW will award a five thousand euro prize to an ongoing or continuing or future project, in a competition of photojournalism, in collaboration with the Swedish Press Photo Award.

The winner will be announced during the closing event of the first Athens Photo World.

Free admission by preregistration at SNFCC.org

Pre-registration starts on Monday 10/06 at 12:00

**Exhibition**

**World Press Photo 2019**

07 - 30/06 | 09:00 - 22:00

NLG LOBBY

The most important international photo contest returns to Athens, bringing the most exciting photographs of 2018 to the Stavros Niarchos Foundation Cultural Center. Visitors will have the opportunity to see 157 photographs by 43 photographers from 25 countries, awarded in the various categories of the competition, along with this year’s big winners, John Moore’s World Press Photo of the Year award “Crying girl on the Border” and Pieter Ten Hoopen’s World Press Photo Story of the Year “Migrant Caravan”.

At the opening, and during the events of the Athens Photo World, Sophie Bashowers and Anita Hoy, Curators of APW, as well as the British-Canadian photographer and writer Finbarr O’Reilly, winner in the category Portraits, with his photo “Dakar Fashion”, will also be present.
June opens with Music Escapades, warmly welcoming summer together with CHICKN, in a psychedelic-rock concert on Saturday June 1st at the Panoramic Steps.

Never failing to excite us, CHICKN has been a constantly evolving band ever since they formed in 2012. Combining classic with experimental rock, the band blends jazz, funk and post-punk elements into a psychedelic mix harking back to earlier decades. Popular in Greece and other European countries, CHICKN have released cassettes, three singles and two albums, and have been on four European tours, alongside Ty Segall, Moon Duo, Underground Youth and Thor Harris (Swans).

Their third album, Bel Esprit, recorded in the aftermath of the band’s winter European tour last year, is slated for release in October and, like any other CHICKN release, it is expected to be full of exciting surprises.

Lullaby Project: Treasured Gifts

In collaboration with Carnegie Hall

In partnership with New York’s Carnegie Hall and non-profit music education organization El Sistema Greece, Lullaby Project is back to the Stavros Niarchos Foundation Cultural Center for the second year in a row.

Five composers, exponents of different kinds of music, meet with women in advanced pregnancy, mothers with babies or older children, and grandmothers – women from different backgrounds, refugees, Thiva Women’s Correctional Facility inmates, or residents of different Athens neighborhoods, each representing her own family. In collaboration with the composers, they pour their emotions into music, writing and singing lullabies as unique gifts for their children to cherish.

The fruits of this unique encounter will be presented on the Alternative Stage on Monday, 3 June, proving that music is the most powerful means of expression.

Established in December 2011 in New York City by Carnegie Hall’s Weill Music Institute, Lullaby Project paired pregnant women and new mothers with professional artists to write and sing personal lullabies for their babies.

In previous concerts, the Lullaby Project has featured artists such as acclaimed mezzo-soprano Joyce DiDonato, Fiona Apple, Natalie Merchant and others.

Envisioning music as a means towards social inclusion and cohesion, Carnegie Hall collaborates with El Sistema Greece, a non-profit music education organization for children and youths in vulnerable situations and refugee communities, harnessing the power of music to foster social inclusion and promote education.

The concert features acclaimed Greek and international artists, including Mookie Lee-Menshin, Sun Tailor and Renaud Guy-Rousseau.

Ever since its opening, the SNFCC has hosted ESG students several times, providing them with the unique opportunity to participate in high level music events, and to acquire valuable integrated music experiences.

Composers:
- Eleni Arapoglou
- Thodoris Matoulas
- Thalia-Marie Papadopoulou
- Giorgos Mantas (Blend Mishkin)
- Sun Tailor

Free admission by preregistration at SNFCC.org

Pre-registration starts on Monday 27/05 at 12:00

Late seating may be possible in case of an intermission or pause.
After a two-year hiatus, opera and fashion meet again! The fan-favorite event returns, in a new format, co-produced by the Stavros Niarchos Foundation Cultural Center and the Greek National Opera. Everyone should be prepared for an evening full of Magic!

Concept-Organizer: Isma Toulatos
Director/Art-Director: Konstantinos Rigos
Guest Fashion Designer: Tina Kalivas
Conductor: Dimitris Yakas

The event will feature – for the first time in Greece – a show by Tina Kalivas, a world-renowned Greek Australian fashion and film costume designer, with an impressive track record in both the fashion world and Hollywood.

Kalivas works all around the world. She began her career working for Alexander McQueen and went on to establish her own company; her work has been featured in British and Italian magazines. Tina Kalivas has dressed the likes of Amy Winehouse, Cate Blanchett, Rihanna and Dita Von Teese. She is currently slated for release in 2020 and starring Academy Award winner Gary Oldman alongside actress and model Olga Kurylenko.

In the Stavros Niarchos Hall, Kalivas reveals the many faces of Magic in a production that aspires to fire our imagination and fill our eyes with color through a magical palette of images and emotions. Fashion enters into dialogue with music by Tchaikovsky, Bellini, Offenbach, Rossini, Mozart, Delibes, Dvorak, Meyerbeer and Sakellaridis, performed by GNO soloists Vassiliki Karagianni, Artemis Bogri, Ines Bach, Rossini, Diamantopoulos, Danilo Zeka, Olga Zourbina, Margarita Kostoglou, Gerasimos Benetos, Nikos Lambros, Elena Dimorati, Thanasis Solomos and Eleftheria Stamou, performed by GNO Ballet dancers.

The event showcases the contemporary and timeless nature of the Opera as total art, and the multitude of, perhaps yet undiscovered, possibilities of synergy with other art forms, opening new fields and attracting new audiences while maintaining high aesthetic standards.

Free admission by preregistration at SNFCC.org
Pre-registration starts on Tuesday 28/05 at 12:00
Late seating may be possible in case of an intermission or pause.
Meeting Point: Music and Dance for Teens

Meeting Point continues in June, filling SNFCC with dance and music for teenagers! The event promotes a dialogue between the two arts, providing common ground for creative expression. The third edition of this event, titled “Speak-Listen”, invites participants to explore the concept and process of communication through sound and movement.

When and how to give space to others to express themselves through music or movement? How to become good listeners? When and how to take the initiative to speak, to move, to produce sound?

Through a series of exercises playing with the notions of noise and silence, movement and music, participants discover one of the fundamental principles of the creative process – harmonious interplay.

Saturday 09/06
Sunday 09/06
18.00–21.00
SOUND GARDEN
For teenagers 13-17 years old*
Up to 30 participants by preregistration at SNFCC.org
Implementation: Kinitiras
Designed by Katerina Skiada
Teachers: Antonis Gyna, Katerina Skiada, Dimitris Tasenas, Anastasis Gouliaris

*Previous experience and class participation in dance, music and the performing arts is desired. Teens who can play a musical instrument are welcome to bring it along.

The Plants that Care for Us: Spring Vegetables and Herbs - A revision

The workshop series ends in June, examining the main vegetables and herbs planted in spring and summer, many of which can be found in Stavros Niarchos Park. Participants had a chance to learn their uses, how to grow them, as well as create their own spring and summer flower bed.

In our last session, we recapitulate what we have learned in previous months about the most important spring herbs in our garden and about co-planting them with summer vegetables, we watch them grow in our experimental garden bed and talk about their development.

Sunday 02/06
11.00-13.00
WATER JETS
For adults
Up to 30 participants on a first come, first served basis
Design-Implementation: Panagiotis Papadopoulos, Agronomist MSc – Med culture

More information on our regular Sunday events on p. 19-22

Sunday 09/06
10.30-12.00
WATER JETS
For children 6-9 years old, and their adult chaperones
(up to 30 participants, 15 children and 15 adult chaperones per session, on a first come, first served basis)
Design-Implementation: Urban Point_Landscape Programs

Sunday 02/06
12.00-14.00
SOUND GARDEN
For children 5+ years old and their families, with or without disabilities
(up to 40 participants on a first come, first served basis)
Design-Implementation: QUILOMBO LAB

Sunday 09/06
12.00-14.00
WATER JETS
For adults, with or without disabilities
(up to 30 participants on a first come, first served basis)
Design-Implementation: QUILOMBO LAB

A Seed Travels

A treasure game with many surprises, twists and turns. Children and their adult chaperones explore the Park in a quest of discovery of its secrets, hidden within the foliage. Starting from the Vegetable Garden, they follow paths into the heady garden. They fly like bees from flower to flower, document the flowers in the Park, watch insects, learn to identify scents, taste fruits from the edible garden, and plant their own plant in the vegetable garden, giving it time to grow.

Sunday 09/06
11.00-15.00
VISITORS CENTER
For children aged 6+ and their families and adults (on a first come, first served basis)

Fun Cycling Games

Children and adults have fun practicing their bike riding skills. Using a series of wooden obstacles, cones and simple games, children of all ages develop their cycling skills. A fun activity for the whole family (for all cycling levels).

Sunday 09/06
11.00-15.00
VISITORS CENTER
For children aged 6+ and their families and adults (on a first come, first served basis)

Percussion Circle for Families

Rhythm toys accompany metal-plate musical instruments, producing kinetic melodies, sounds and songs. Join the circle and learn how to make music on pentatonic scales while dancing to percussive rhythms.

Sunday 02/06
12.00-14.00
SOUND GARDEN
For children 5+ years old and their families, with or without disabilities
(up to 40 participants on a first come, first served basis)
Design-Implementation: QUILOMBO LAB

A whimsical and colorful adventure where children explore the Park on a treasure map, guided by a series of clues and tasks. Along the way, they encounter art installations, creative challenges and fun activities.

Saturday 02/06
Sunday 09/06
18.00–21.00
SOUND GARDEN
For teenagers 13-17 years old*
Up to 30 participants by preregistration at SNFCC.org
Implementation: Kinitiras
Designed by Katerina Skiada
Teachers: Antonis Gyna, Katerina Skiada, Dimitris Tasenas, Anastasis Gouliaris

*Previous experience and class participation in dance, music and the performing arts is desired. Teens who can play a musical instrument are welcome to bring it along.

Percussion Circle for Adults

A session filled with music, rhythm and motion, blending the Afro-Brazilian and samba tradition with pentatonic sounds, and making us dance to the powerful drum beats.

Sunday 09/06
12.00-14.00
WATER JETS
For adults, with or without disabilities
(up to 30 participants on a first come, first served basis)
Design-Implementation: QUILOMBO LAB

The Stavros Niarchos Park is an ideal destination for all, every day. Yet, Sundays are special: There are cycling events, roller-skating classes, environmental and music events for children and adults. It all happens in the Visitors Center courtyard, the Water Jets, the Mediterranean and the Sound Garden.
Whether you are already familiar with the Stavros Niarchos Park or not, this new series of guided tours will make you see the landscape in a different way. Guided by artists, visitors will enjoy a walk in which nature, history, poetry and personal storytelling make for a different experience each time, under the guidance of director Georgina Kakoudaki.

In June, our guide will be Argyris Xafis.

Argyris Xafis is a graduate of the Greek National Theater Drama School; he teaches acting at the Athens Conservatory Drama School. Since 1997, he has worked with major Greek arts organizations; he has received the Dimitris Horn Award, the Greek Film Critics Association Award and the Greek Film Academy Award for Best Actor.

Sundays in the Park

A Picnic for Cartographers

Children and adults gather around a map-tablecloth for a picnic and become cartographers exploring the city.

Led by Playroom’s trainers, children and their adult chaperones flip arrows on a map-tablecloth and go on a fun illustrated tour of the city. Each monument marked as a destination on the map will come alive in stories of the past and present. Through the sculptures and monuments they collect, our little cartographers will learn all about the city. The magic basket opens and the adventure begins at the Mediterranean Garden.

Sunday 02/06 11.30-14.00
MEDITERRANEAN GARDEN
Up to 40 participants per 30’ session, on a first come, first served basis.

(Argyris Xafis)

Sunday 02/06 12.00-14.00
VISITORS CENTER
For children 4-12 years old
Up to 15 participants on a first come, first served basis.

Design-Implementation: Playroom

A Walk in the Park

Director: Georgina Kakoudaki
Guide: Argyris Xafis

Sunday 02/06 11.30-14.00
MEDITERRANEAN GARDEN
Up to 20 participants per guided tour

Meeting point: LIGHTHOUSE

Whether you are already familiar with the Stavros Niarchos Park or not, this new series of guided tours will make you see the landscape in a different way. Guided by artists, visitors will enjoy a walk in which nature, history, poetry and personal storytelling make for a different experience each time, under the guidance of director Georgina Kakoudaki.

In June, our guide will be Argyris Xafis.

Roller Skates for kids

Recreation, exercise, or transport? Skates are all of these at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.

No prior experience is required. Participants must bring their own equipment (skate, helmet, knee pads).

Sunday 02/06 12.00-14.00
VISITORS CENTER
For children 6-12 years old
Up to 15 participants on a first come, first served basis.

Design-Implementation: powerskate.eu skate academy/ Yannis Kouspris, certified instructor

Sundays in the Park

A Picnic for Cartographers

Children and adults gather around a map-tablecloth for a picnic and become cartographers exploring the city.

Led by Playroom’s trainers, children and their adult chaperones flip arrows on a map-tablecloth and go on a fun illustrated tour of the city. Each monument marked as a destination on the map will come alive in stories of the past and present. Through the sculptures and monuments they collect, our little cartographers will learn all about the city. The magic basket opens and the adventure begins at the Mediterranean Garden.

Sunday 02/06 11.30-14.00
MEDITERRANEAN GARDEN
Up to 40 participants per 30’ session, on a first come, first served basis.

(Argyris Xafis)

Sunday 02/06 12.00-14.00
VISITORS CENTER
For children 4-12 years old
Up to 15 participants on a first come, first served basis.

Design-Implementation: Playroom

A Walk in the Park

Director: Georgina Kakoudaki
Guide: Argyris Xafis

Sunday 02/06 11.30-14.00
MEDITERRANEAN GARDEN
Up to 20 participants per guided tour

Meeting point: LIGHTHOUSE

Whether you are already familiar with the Stavros Niarchos Park or not, this new series of guided tours will make you see the landscape in a different way. Guided by artists, visitors will enjoy a walk in which nature, history, poetry and personal storytelling make for a different experience each time, under the guidance of director Georgina Kakoudaki.

In June, our guide will be Argyris Xafis.

Roller Skates for kids

Recreation, exercise, or transport? Skates are all of these at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.

No prior experience is required. Participants must bring their own equipment (skate, helmet, knee pads).

Sunday 02/06 12.00-14.00
VISITORS CENTER
For children 6-12 years old
Up to 15 participants on a first come, first served basis.

Design-Implementation: powerskate.eu skate academy/ Yannis Kouspris, certified instructor
**Lab programs focusing on developing new techniques and practicing your skills invite you to enjoy our fun creative meetings.**

---

**Mistake Labs:**

**Dots**

In June, Mistake Labs conclude their journey through the world of dots, exploring pixel art. Illustrations by elboy art group will provide inspiration for you to produce a bird’s eye view of the SNFCC using multicolor pixels.

Digital art becomes your vehicle for producing a Pixorama, a colorful 3D mosaic of SNFCC, placed within the urban landscape through your own gaze.

**KIDS LAB**

For children of all ages and their adult chaperones

(up to 30 children and chaperones per workshop, on a first come, first served basis)

Sunday 02/06
17:30-18:30, 18:30-19:30, 19:30-20:30

**KIDS LAB**

For children aged 7+, young people and families, with or without disabilities

(up to 25 participants per session, on a first come, first served basis)

Saturday 08/06
11:30-12:30, 12:30-13:30, 13:30-14:30

**PC LAB**

For teenagers 17+ years old and adults

(up to 18 participants per workshop by preregistration at SNFCC.org)

**Silk Screen Printing Lab:**

**Printing**

In June, the lab series on the fundamentals of silk screen printing concludes. In previous sessions, participants discovered twentieth-century silk screen posters, tracing how silk screen printing evolved from craft to art, inspiring today’s fashion industry and the DIY movement.

Having practiced on the fundamentals of screen printing, in the June workshop participants explore the final step – printing – thus gaining a comprehensive overview of silk screen printing.

**KIDS LAB**

For adults

(up to 20 participants by preregistration at SNFCC.org)

**We Create Art All Together:**

**Textile Collages**

Collage (from the French verb “coller” to stick, to glue) is a technique involving pasting or gluing pieces of various materials into a unified arrangement.

Widely used in twentieth-century art, this technique was introduced by artists Georges Braque and Pablo Picasso; through their experimentations, these artists contributed to making this medium popular and prevalent in modern art.

In this workshop, we try our hand at making collages, using fabrics of different colors and textures to create our own imaginative abstract compositions. We color the emerging patterns and forms using fabric paints. The result? A colorful tapestry for our wall!

**Design-Implementation:** Christina Taxissizeli, Artist

**KIDS LAB**

For children aged 7+, young people and families, with or without disabilities

(up to 25 participants per session, on a first come, first served basis)

Saturday 08/06
11:30-12:30, 12:30-13:30, 13:30-14:30

**Design-Implementation:**

Theodore Zafouropoulos, Artist
Elisavet Chelidoni, Artist – Special Education Teacher

**Theater Design:**

**The Tools of Transformation**

A workshop by set and costume designer Angelos Mentis

Theater – the reflection of life in the mirror of imagination – conjures through its magic filters figures of mortals, gods and demons, in a wonderful, inextricable variety. Recognizable everyday beings, creatures deformed by extreme emotions – tragic, majestic, terrifying, dangerous, idiosyncratic, eccentric, funny, ridiculous, cute, fantastical. Deities, titans, heroes, tyrants, elves, spirits, satyrs, beauties, monsters, birds, frogs, dragons, witches, jesters, cunning servants, arrogant masters, loving couples, perpetrators and victims.

What is our own visual understanding of a play? How do we approach and flesh out a part? What do we imagine it to look like? How do we nurture imagination and harness its transformative power creatively? How can art and nature help in this? How do we encourage sensitivity and freedom, which children naturally display during playtime? What would our imaginary stage set, our imaginary actors, our own theater production look like?

By mixing up images, materials and props, we will develop our own vision for characters that are very different in style and personality, in space and time from each other.

**KIDS LAB**

For children aged 7+, young people and families, with or without disabilities

(up to 25 participants per session, on a first come, first served basis)

Design-Implementation:

Theodore Zafouropoulos, Artist
Elisavet Chelidoni, Artist – Special Education Teacher

Saturday 08/06
11:30-12:30, 12:30-13:30, 13:30-14:30

**PC LAB**

For teenagers 17+ years old and adults

(up to 18 participants per workshop by preregistration at SNFCC.org)

**New Technologies:**

**From LinkedIn to Job Interview**

A dynamic workshop for new technologies, for everyone who wants to learn how to create a digital CV on LinkedIn, making their profile attractive to prospective employers. The workshop also includes an introduction to job interviews, showcasing the skills required to prepare for a successful job interview.

**KIDS LAB**

For children of all ages and their adult chaperones

(up to 30 children and chaperones per workshop, on a first come, first served basis)

**PC LAB**

For adults

(up to 20 participants by preregistration at SNFCC.org)

**Design-Implementation:**

Found.ation

**Design-Implementation:**

Manolis Angelakis/Tind

**Design-Implementation:**

Manolis Angelakis/Tind

**Design-Implementation:**

Theodore Zafouropoulos, Artist
Elisavet Chelidoni, Artist – Special Education Teacher

**Design-Implementation:**

Angelos Mentis

**Design-Implementation:**

Found.ation

**Design-Implementation:**

Found.ation

**Design-Implementation:**

Found.ation

**Design-Implementation:**

Found.ation

**Design-Implementation:**

Found.ation

**Design-Implementation:**

Found.ation
Fitness for everyone

Experienced physical education instructors are available at the outdoor gym and the running track to offer advice and training recommendations, and provide your personal fitness evaluation.

Monday 03, 10/06
Tuesday 04, 11/06
Wednesday 05, 12/06
Thursday 06, 13/06
Friday 07, 14/06

18.30-21.30
RUNNING TRACK
6

For adults
(on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

Sports & Wellness

An ideal location for sports, Stavros Niarchos Park invites everyone to join our Sports & Wellness programs.

Tai Chi

An ancient Chinese martial art evolved into a peaceful and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels.

Beginners
Saturday 01, 08, 15/06
08.30-09.45
RUNNING TRACK
6

Tuesday 04, 11/06
18.00-19.15
RUNNING TRACK
6

Advanced
Friday 07, 14/06
19.00-20.15
RUNNING TRACK
6

For adults
(up to 30 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

Baby’s Arts & Crafts

In a calm, fun environment, babies acquire their earliest gross motor skills, discover colors, develop their observation skills, explore their bodies and the world. Through inspired sensory play, together with their parents, they create works of art to cherish and have experiences of smooth socialization.

Inspired by the wonderful images of the summer season, we play with hand and foot prints, and make decorative garlands, frames, art on canvas and baby’s first sensory toys using original materials.

On Mondays and Thursdays, young parents bring their babies in their prams for a walk at the SNFCC. Specially designed for parents with children up to 3 years old, two summer-themed programs encourage extroversion and interactive play. Our motto is: It’s playtime!

My First Studio: A Journey with Salvador Dalí

Celebrated artworks provide an excellent opportunity for children and parents to enjoy a journey through the world of art! Children create their own unique works of art in different styles and themes, featuring different characters. They try their hand at a variety of media, engaging in self-expression, social interaction, socialization, while taking a fascinating journey through the colorful world of art history.

The magic of fiction and painting make for an enchanting multisensory workshop for children.

Thursday 04/06
18.00-19.00
KIDS LAB
11

For children aged 3-5 years and their adult chaperones
(up to 20 participants, 10 children and 10 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Irene Panoulas, Art Historian, Educational Entertainer
Theodora Volani, Music Educator

Yoga in the Park

Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures, and relaxation. Through gentle, controlled breathing, participants gain peace of mind, self-control and concentration, and develop positive thinking.

Participants should bring their own yoga mat and wear comfortable clothes.

Monday 03, 10/06
Friday 07, 14/06
19.00-20.30

Tuesday 04, 11/06
Thursday 06, 13/06
08.00-09.30

PANORAMIC STEPS
15

For adults
(up to 30 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

My First Studio:
A Journey with Salvador Dalí

Celebrated artworks provide an excellent opportunity for children and parents to enjoy a journey through the world of art! Children create their own unique works of art in different styles and themes, featuring different characters. They try their hand at a variety of media, engaging in self-expression, social interaction, socialization, while taking a fascinating journey through the colorful world of art history.

We welcome summer together with the great surrealist artist Salvador Dalí and his dream-like paintings. We turn into pirates, looking for infamous Blackbeard the Pirate’s treasure. In our journey, we encounter strange creatures, mermaids and storms. Are we going to reach our destination? And what are we going to find there?

Monday 03, 10/06
18.00-19.00
KIDS LAB
11

For babies aged 3 to 9 months and their adult chaperones
(up to 30 participants, 10 babies and 20 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Anna Kountantrou, Animatrice of non-competitive games
Katerina Monitsa, Artist

My First Studio: A Journey with Salvador Dalí

Celebrated artworks provide an excellent opportunity for children and parents to enjoy a journey through the world of art! Children create their own unique works of art in different styles and themes, featuring different characters. They try their hand at a variety of media, engaging in self-expression, social interaction, socialization, while taking a fascinating journey through the colorful world of art history.

We welcome summer together with the great surrealist artist Salvador Dalí and his dream-like paintings. We turn into pirates, looking for infamous Blackbeard the Pirate’s treasure. In our journey, we encounter strange creatures, mermaids and storms. Are we going to reach our destination? And what are we going to find there?

Monday 03, 10/06
18.00-19.00
KIDS LAB
11

For babies aged 3 to 9 months and their adult chaperones
(up to 30 participants, 10 babies and 20 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Anna Kountantrou, Animatrice of non-competitive games
Katerina Monitsa, Artist

Playtime!

On Mondays and Thursdays, young parents bring their babies in their prams for a walk at the SNFCC. Specially designed for parents with children up to 3 years old, two summer-themed programs encourage extroversion and interactive play. Our motto is: It’s playtime!

Baby’s Arts & Crafts

In a calm, fun environment, babies acquire their earliest gross motor skills, discover colors, develop their observation skills, explore their bodies and the world. Through inspired sensory play, together with their parents, they create works of art to cherish and have experiences of smooth socialization.

Inspired by the wonderful images of the summer season, we play with hand and foot prints, and make decorative garlands, frames, art on canvas and baby’s first sensory toys using original materials.

Playtime!

On Mondays and Thursdays, young parents bring their babies in their prams for a walk at the SNFCC. Specially designed for parents with children up to 3 years old, two summer-themed programs encourage extroversion and interactive play. Our motto is: It’s playtime!

Baby’s Arts & Crafts

In a calm, fun environment, babies acquire their earliest gross motor skills, discover colors, develop their observation skills, explore their bodies and the world. Through inspired sensory play, together with their parents, they create works of art to cherish and have experiences of smooth socialization.

Inspired by the wonderful images of the summer season, we play with hand and foot prints, and make decorative garlands, frames, art on canvas and baby’s first sensory toys using original materials.

My First Studio: A Journey with Salvador Dalí

Celebrated artworks provide an excellent opportunity for children and parents to enjoy a journey through the world of art! Children create their own unique works of art in different styles and themes, featuring different characters. They try their hand at a variety of media, engaging in self-expression, social interaction, socialization, while taking a fascinating journey through the colorful world of art history.

We welcome summer together with the great surrealist artist Salvador Dalí and his dream-like paintings. We turn into pirates, looking for infamous Blackbeard the Pirate’s treasure. In our journey, we encounter strange creatures, mermaids and storms. Are we going to reach our destination? And what are we going to find there?

Monday 03, 10/06
18.00-19.00
KIDS LAB
11

For babies aged 3 to 9 months and their adult chaperones
(up to 30 participants, 10 babies and 20 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Anna Kountantrou, Animatrice of non-competitive games
Katerina Monitsa, Artist

Playtime!

On Mondays and Thursdays, young parents bring their babies in their prams for a walk at the SNFCC. Specially designed for parents with children up to 3 years old, two summer-themed programs encourage extroversion and interactive play. Our motto is: It’s playtime!

Baby’s Arts & Crafts

In a calm, fun environment, babies acquire their earliest gross motor skills, discover colors, develop their observation skills, explore their bodies and the world. Through inspired sensory play, together with their parents, they create works of art to cherish and have experiences of smooth socialization.

Inspired by the wonderful images of the summer season, we play with hand and foot prints, and make decorative garlands, frames, art on canvas and baby’s first sensory toys using original materials.

My First Studio: A Journey with Salvador Dalí

Celebrated artworks provide an excellent opportunity for children and parents to enjoy a journey through the world of art! Children create their own unique works of art in different styles and themes, featuring different characters. They try their hand at a variety of media, engaging in self-expression, social interaction, socialization, while taking a fascinating journey through the colorful world of art history.

We welcome summer together with the great surrealist artist Salvador Dalí and his dream-like paintings. We turn into pirates, looking for infamous Blackbeard the Pirate’s treasure. In our journey, we encounter strange creatures, mermaids and storms. Are we going to reach our destination? And what are we going to find there?
Sports for Seniors

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments. Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises. Each participant’s weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 03, 10/06
10.00-10.50
MULTI-PROJECTION ROOM

Wednesday 05, 12/06
Friday 07, 14/06
10.00-10.50
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 60+
(up to 30 participants on a first come, first served basis)

Thursday 06, 13/06
18.00-19.00
MAKER SPACE

Design-Implementation: Regeneration & Progress

Friday 07, 14/06
18.00-19.00
PANORAMIC STEPS

Design-Implementation: Regeneration & Progress

For adults
(up to 30 participants on a first come, first served basis)

Sports Games

A recreational activity for children in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.

Saturday 01, 08, 15/06
18.00-20.30
RUNNING TRACK

Design-Implementation: Regeneration & Progress

For children 5-10 years old
(up to 20 participants on a first come, first served basis)

Family Games

An entertaining activity with games specially designed for both young and old. Parents and adult chaperones are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

Saturday 01, 08, 15/06
19.00-20.30
RUNNING TRACK

Design-Implementation: Regeneration & Progress

For children 5+ years old and their adult chaperones
(up to 50 participants on a first come, first served basis)

Mat Pilates - Advanced

A dynamic pilates course for advanced students that emphasizes on flow and rapid change of positions. Changing positions is done in a way that strengthens the muscles, enhancing the body’s resilience. Participants should bring their own pilates mat and wear comfortable clothes.

Monday 03, 10/06
10.00-10.50
MULTI-PROJECTION ROOM

Wednesday 05, 12/06
Friday 07, 14/06
10.00-10.50
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 60+
(up to 20 participants on a first come, first served basis)

Tuesday 04, 11/06
18.00-19.15
PANORAMIC STEPS

Design-Implementation: Regeneration & Progress

For adults
(up to 20 participants on a first come, first served basis)

Pétaque

Relatively unknown, pétanque is a sport that combines aiming accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to get as close as possible to a target, by throwing bolas.

Sunday 03, 09, 16/06
12.00-14.00
ESPLANADE

For children aged 9+ and adults
(on a first come, first served basis)

*Children must be accompanied by an adult

Design-Implementation: Regeneration & Progress

SNFCC Running Team

The Park’s running aficionados join forces in a team that trains every Tuesday and Saturday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and support.

Saturday 01, 08, 15/06
08.30-10.00
Tuesday 04, 11/06
18.30-20.00
RUNNING TRACK

For ages 15+
(up to 50 participants on a first come, first served basis)

*Teenagers aged 15–18 must have written parental/guardian consent to participate

Design-Implementation: Regeneration & Progress

Qigong 50+

Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

Wednesday 03, 12/06
10.00-10.50
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 60+
(up to 8 participants on a first come, first served basis)

Tuesday 04, 11/06
18.00-19.00
PANORAMIC STEPS

Design-Implementation: Regeneration & Progress

For adults
(up to 8 participants on a first come, first served basis)

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments. Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises. Each participant’s weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 03, 10/06
10.00-10.50
MULTI-PROJECTION ROOM

Wednesday 05, 12/06
Friday 07, 14/06
10.00-10.50
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 65+
(up to 8 participants on a first come, first served basis)

A creative way to keep in shape. Pilates helps us to strengthen our core and improves flexibility and balance. Performed on a mat, the workout is suitable for men and women of all ages and levels. Participants should bring their own pilates mat and wear comfortable clothes.

Mat Pilates

Monday 03, 10/06
10.00-10.50
MULTI-PROJECTION ROOM

Wednesday 05, 12/06
Friday 07, 14/06
07.45-09.00
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 60+
(up to 50 participants on a first come, first served basis)

Tuesday 04, 11/06
18.00-19.15
PANORAMIC STEPS

Design-Implementation: Regeneration & Progress

For adults
(up to 30 participants on a first come, first served basis)

Design-Implementation: Regeneration & Progress

For ages 50+
(up to 8 participants on a first come, first served basis)

A creative way to keep in shape. Pilates helps us to strengthen our core and improves flexibility and balance. Performed on a mat, the workout is suitable for men and women of all ages and levels. Participants should bring their own pilates mat and wear comfortable clothes.

Mat Pilates

Monday 03, 10/06
10.00-10.50
MULTI-PROJECTION ROOM

Wednesday 05, 12/06
Friday 07, 14/06
07.45-09.00
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 60+
(up to 50 participants on a first come, first served basis)

Tuesday 04, 11/06
18.00-19.15
PANORAMIC STEPS

Design-Implementation: Regeneration & Progress

For adults
(up to 30 participants on a first come, first served basis)

Design-Implementation: Regeneration & Progress

A cognitive and physical exercise program aimed at people aged 60+ who experience mild to moderate memory impairment and/or other cognitive decline, as well as people in the same age group who wish to engage in activities for prevention.

Fitness and Memory

Tuesday 04, 11/06
10.00-10.50
MAKER SPACE

Design-Implementation: Regeneration & Progress

For ages 60+
(up to 8 participants on a first come, first served basis)

Design-Implementation: Regeneration & Progress

For ages 50+
(up to 20 participants on a first come, first served basis)
**Sports & Wellness**

**Artistic Gymnastics**

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Saturday 01, 08, 15/06
10.45-12.00
**RUNNING TRACK**

For children 5-6 years old
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Mini Tennis**

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

**Saturday 02, 09, 16/06**
18.00-19.15

**OUTDOOR GAMES AREA**

For children 6-10 years old (age group categories 4-7 & 8-10)
(Up to 8 children per 30’ session by preregistration at SNFCC.org)

*On Sundays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons*

Design-Implementation:
Regeneration & Progress

---

**Sporting Duels**

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Street Soccer 5X5**

Football match event suitable for school-age children (6-13) in five-member teams.

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Team Playing (Football Skills)**

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 03, 10/06
Tuesday 04, 11/06
Wednesday 05, 12/06
18.00-21.00

**OUTDOOR GAMES AREA**

For children 5-13 years old (up to 12 children per 30’ session on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Artistic Gymnastics**

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Saturday 01, 08, 15/06
10.45-12.00
**RUNNING TRACK**

For children 5-6 years old
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Mini Tennis**

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

**Saturday 02, 09, 16/06**
18.00-19.15

**OUTDOOR GAMES AREA**

For children 6-10 years old (age group categories 4-7 & 8-10)
(Up to 8 children per 30’ session by preregistration at SNFCC.org)

*On Sundays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons*

Design-Implementation:
Regeneration & Progress

---

**Sporting Duels**

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Street Soccer 5X5**

Football match event suitable for school-age children (6-13) in five-member teams.

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Team Playing (Football Skills)**

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 03, 10/06
Tuesday 04, 11/06
Wednesday 05, 12/06
18.00-21.00

**OUTDOOR GAMES AREA**

For children 5-13 years old (up to 12 children per 30’ session on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Artistic Gymnastics**

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Saturday 01, 08, 15/06
10.45-12.00
**RUNNING TRACK**

For children 5-6 years old
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Mini Tennis**

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

**Saturday 02, 09, 16/06**
18.00-19.15

**OUTDOOR GAMES AREA**

For children 6-10 years old (age group categories 4-7 & 8-10)
(Up to 8 children per 30’ session by preregistration at SNFCC.org)

*On Sundays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons*

Design-Implementation:
Regeneration & Progress

---

**Sporting Duels**

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Street Soccer 5X5**

Football match event suitable for school-age children (6-13) in five-member teams.

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Team Playing (Football Skills)**

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 03, 10/06
Tuesday 04, 11/06
Wednesday 05, 12/06
18.00-21.00

**OUTDOOR GAMES AREA**

For children 5-13 years old (up to 12 children per 30’ session on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Artistic Gymnastics**

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Saturday 01, 08, 15/06
10.45-12.00
**RUNNING TRACK**

For children 5-6 years old
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Mini Tennis**

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

**Saturday 02, 09, 16/06**
18.00-19.15

**OUTDOOR GAMES AREA**

For children 6-10 years old (age group categories 4-7 & 8-10)
(Up to 8 children per 30’ session by preregistration at SNFCC.org)

*On Sundays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons*

Design-Implementation:
Regeneration & Progress

---

**Sporting Duels**

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Street Soccer 5X5**

Football match event suitable for school-age children (6-13) in five-member teams.

**Sunday 02, 09, 16/06**
18.00-19.15

**RUNNING TRACK**

For children 5-10 years old (age group categories 4-7 & 8-10)
(Up to 20 participants on a first come, first served basis)

Design-Implementation:
Regeneration & Progress

---

**Team Playing (Football Skills)**

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.
Want to know more about the SNFCC? We offer daily guided tours of its award-winning building complex, home to the new premises of the Greek National Opera (GNO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera’s Alternative Stage, and stroll through the Library’s Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park, which recently won the first prize at the European Garden Awards and is the largest public Mediterranean garden in the world, are conducted daily. An example of state-of-the-art landscape architecture, the city’s new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, is open for visits daily.

Guided tours of the Stavros Niarchos Park

- To find out more information, see the guided tours schedule and pre-register, please visit SNFCC.org/tours.
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions.
- Discover the new series of guided tours, A Walk in the Park, on page 15.

Group tours

For more information on group tours please contact us at tours@SNFCC.org.
The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

**Pricelist:**
- **Cars**
  - 00:00-19:00: €1.50/ hour
  - 19:00-00:00: €1.50/ hour
  - with a maximum charge of €5
- **Monthly Offer**
  - Monday-Friday 07.00-19.00: €100/ month
- **Motorcycles**
  - €0.70/ hour

SNFCC members enjoy a 10% discount.

More information:
SNFCC.org

You can now make payments quickly and easily using major debit and credit cards, at the parking payment stations. Contactless payments are also accepted.

**Public Transport**

**Buses**
- 130: Piraeus – Nea Smyrni
  (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 217: Piraeus – Dafni Station
  (Tzitzifies Stop from Piraeus, Delta Stop to Piraeus)
- 550: Kifissia – Faliru
  (Evgenidio Stop, Syggrou Avenue northbound, Onassio Stop southbound)
- 860: Palaio Faliru – Schisto
  (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- A1: Piraeus – Voula
  (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B1: Piraeus - Ano Glyfada
  (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B2: Academia – Agios Kosmas
  (Evgenidio Stop, Syggrou Avenue northbound, Onassio Stop southbound)

**Trolleybus**
- 10: Chalandri - Tzitzifies
  (Epaminonda Stop)

**Tram**
- Tzitzifies Stop

**Metro**
- Faliru Station

SNFCC is not responsible for any modifications on the public transportation’s routes.

**Free Shuttle Bus**

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-12.30, the shuttle bus rides only between SNFCC and the Syggrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone.

For further information and timetables visit SNFCC.org or call at 216 8091000.

BP, as SNFCC’s Mobility Partner, supports the operation of the shuttle bus.

**Mobility Partner**

**Parking**

The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

More information:
SNFCC.org

You can now make payments quickly and easily using major debit and credit cards, at the parking payment stations. Contactless payments are also accepted.
Every Day

08:00-09:00 Yoga in the Park
10:00-10:30 Sports for Seniors
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Athens Photo World Exhibitions held at the SNFCC:

• JUNE 2019
09.00-21.00 World Press Photo 2019
08.00-20.00 Stavros Niarchos Park
Guided tours of the Park and the SNFCC

18.30-21.30 Spyros Louis Cup
20.00-22.00 World Exhibitions

For events marked with *, pre-registration at SNFCC.org is required.
Online reservations for workshops or events will be cancelled if you have not arrived at the venue 15 minutes before starting time.
For events on a first come, first served basis, please arrive at the venue 30 minutes before starting time.

Monday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Tuesday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Wednesday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Thursday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Friday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Saturday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs

Sunday

08:00-09:30 Yoga in the Park
11:00-11:30 Computer Courses for persons aged 65+
13:00-13:30 Tai Chi
13:30-14:00 Fitness and Memory
14:15-15:15 Tai Chi
15:30-16:30 Team Playing (Football Skills)
19:00-20:00 Fitness for everyone
19:30-20:30 Yoga in the Park
21:30 Lifescape Project: Thousand GIFs
## Every Day

- 08:00-18:00: Spyros Locari Cup  
  p. 24
- 18:00-19:00: Guided tours of the Stavros Niarchos Park and the SNFCC  
  p. 24

### Athens Photo World Exhibitions held at the SNFCC:

- 07-15/06  
  Eyewitness/  
  Greece  
  Yannis Behrakis  
  p. 06
- 07-30/06  
  World Press Photo 2019  
  p. 07

## JUNE 2019

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 Whit Monday holiday</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
</tbody>
</table>

### Computer Courses for persons aged 65+  

- 11.00-15.00  
  p. 17

### SUMMER NOSTOS FESTIVAL

- 09.00-22.00  
  p. 06

### World Press Photo 2019

- 09.00-22.00  
  p. 07

### Athens Photo World Exhibitions

- 07-15/06  
  Eyewitness/  
  Greece  
  Yannis Behrakis  
  p. 06
- 07-30/06  
  World Press Photo 2019  
  p. 07

### Spyros Locari Cup

- 08:00-18:00  
  p. 24

### Guided tours of the Stavros Niarchos Park and the SNFCC

- 18:00-19:00  
  p. 24

### For events marked with *, preregistration at SNFCC.org is required.

### Online reservations for workshops or onsite events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

### For events on a first-come, first-served basis, please arrive at the event venue 30 minutes before starting time.

### Photo Credits:

- Summer Nostos Festival:  
  Errikos Andreou, Amanda Davone, Wolfgang Tobiassen, Yorgos Margaritis, Shelly Marshall, Diver Ercis, Wai Tuck, SNF/Andreas Sarrapas  
- APW:  
  Idomeni 2015, Yannis Behrakis/REUTERS, Finbarr O’Reilly, Luisa Dorr, Santiago Lopez
  Nikos Triantafillou, Yiorgis Yerolympos, Evdoxia Brunner, Konstantina Rigas, Nikos Karanikolas
SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC’s appreciation towards Members.

Priority reservation for Members:

Opera and Fashion: Magic
Thursday 06/06
21:00 | STAVROS NIARCHOS HALL
Reserved seats for Members + Guest - up to 300 seats | More information on p. 10

Lectures:

Thoughts on Architecture and the City
Tassis Papaiannou, professor in Section 1, Compositions, School of Architecture, NTUA
Tuesday 04/06: From the Drawing Board to the Building Site
19:00-21:00 | BOOK CASTLE
Reserved seats for Members only - up to 30 seats | More information on p. 11

Tuesday 11/06: The Contemporary Era of an Age-old Craft
19:00-21:00 | BOOK CASTLE
Reserved seats for Members only - up to 30 seats | More information on p. 11

Reserved seats for Members only - up to 30 seats | More information on p. 11

Reserved seats for Members + Guest - up to 300 seats | More information on p. 10

Preregistration for Member events starts every Monday.
Preregistration links are provided to Members via the SNFCC Members newsletter.
Telephone support line for Members only: +30 216 809 1010
SNFCC.org/members

Members’ Tuesdays

A day dedicated to our Members! Programs specially curated for SNFCC Members take place each Tuesday afternoon.

Workshops for Adults:

Theater Design: The Tools of Transformation

Theater – the reflection of life in the mirror of imagination – conjures through its magic figures of mortal, gods and demons, in a wondrous, inexhaustible variety. Recognizable everyday beings, creatures deformed by extreme emotions – tragic, majestic, terrifying, dangerous, idiosyncratic, eccentric, funny, ridiculous, cute, fantastical. Devils, titans, heroes, tyrants, elves, sprites, satyrs, monsters, birds, frogs, dragons, witches, jesters, cunning servants, arrogant masters, loving couples, perpetrators and victims.

What is our own visual understanding of a play? How do we approach and flesh out a part? What do we imagine it to look like? How do we nurture imagination and harness its transformative power creatively? How can art and nature help in this? How do we encourage sensitivity and freedom, which children naturally display during playtime? What would our imaginary stage set, our imaginary actors, our own theater production look like?

By mixing up images, materials and props, we will develop our own vision for characters that are very different in style and personality, in space and time from each other.

Tuesday 04/06
17:00-20:00 | KIDS LAB

Members-only event – up to 20 participants
Design-Implementation: Angelos Mentis

Summer Jewelry Made of Dried Blossoms

A new workshop continues in June for designing and producing jewelry; the workshop will provide participants with both a theoretical background on jewelry and a practical, hands-on experience of making and appreciating jewelry.

We will start off the creative process with a walk in Stavros Niarchos Park, where participants will pick a leaf or a fruit, which they will cover with a transparent wrap to preserve. In a process of experimentation and successive steps, simple materials from the park will be transformed into unique handmade jewelry for participants to take home as a reminder of the skills acquired and inspiration drawn from the flowering park at this lovely time of year.

Tuesday 11/06
18:00-20:00 | KIDS LAB

Members-only event – up to 30 participants per workshop
Design-Implementation: Margarita Myrogianni, Artist

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC’s appreciation towards Members.

Practical Info

All Member events require preregistration.
Preregistration for Member events starts every Monday.
Preregistration links are provided to Members via the SNFCC Members newsletter.
Telephone support line for Members only: +30 216 809 1010
SNFCC.org/members

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers

Using your SNFCC Member card you enjoy 10% discount at:
• the F&B outlets
• parking
• SNFCC Store

In collaboration with:

The National Library of Greece

Find out more about the SNFCC Membership Program and register at www.SNFCC.org/members or at the members-only service point at SNFCC!

Using your SNFCC Member card you enjoy 10% discount at:
• the F&B outlets
• parking
• SNFCC Store

In collaboration with:

The National Library of Greece

Find out more about the SNFCC Membership Program and register at www.SNFCC.org/members or at the members-only service point at SNFCC!
Showcasing Greek contemporary indie music scene, SNFCC's Music Escapades concert series welcomes summer with CHICKN's experimental psychedelic rock on 01/06. *You are special to me. Treasured gifts from mothers to children, lullabies prove that music is the most powerful means of expression. Lullaby Project is back to the Stavros Niarchos Foundation Cultural Center for the second year in a row, in partnership with New York's Carnegie Hall, on 03/06.* Opera and Fashion 06/06. Opera and haute couture meet at Stavros Niarchos Hall for an evening filled with Magic! *I have always imagined Paradise as a kind of library. Yo, que me figuraba el Paraíso / Bajo la especie de una biblioteca. Jorge Luis Borges as seen by Maria Kodama, in the 11th LEA Ibero-American Literature in Athens Festival on 07/06.* Showcasing photojournalism work and its contribution to shaping our worldview and capturing historical moments, the first Athens Photo World comes to the SNFCC on 07-16/06.

And of course **SUMMER NOSTOS FESTIVAL** by the Stavros Niarchos Foundation is back, on 23–30/06! A perennial favorite of the Athenian summer, an open celebration of culture, sports, togetherness, dialogue, education and fun. Eight days of free-admission events, enabling experiences, emotions and the exchange of ideas.