CALENDAR OF EVENTS

09. 2018

PARKLIFE
George Dalaras
Estoudiantina
Neas Ioniáς

PARKLIFE
Goran Bregović
The Wedding and Funeral Band

JAZZ CHRONICLES
George Kontrafourís
Baby Trio

Cassandre
Fanny Ardant

PARKLIFE
Planet of Zeus

Bastet
Marianna Kavallieratou - Dom Bouffard

MUSIC ESCAPADES
S.W.I.M. & Lip Forensics

SNFCC SESSIONS
Lee Ranaldo

SNFCC.org

Exclusive donor:
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#SNFCC
After numerous exhibitions around the world, sculptor Sofia Vari, returns to her roots in Greece with the exhibition *Forms and Contradictions*. Sixteen monumental, black and white sculptures populate the Agora and converse with the SNFCC building and the Greek light.

The sixteen sculptures of the exhibition *Forms and Contradictions*, having been created within the last decade, constitute the most mature work of the artist. Vari sees herself as a sculptor that paints and makes collages, therefore her work evolves around matters of light and volume. It is in her sculptures that one can see the harmonious bridging of contradictions: heavy versus weightless, solid versus motion, light versus shadow and massive versus delicate.

The artist’s decision to make use of a strict black and white palette for this specific exhibition stems from her fascination with the Greek sunlight and the characteristics of the building. Confronted with a building of minimalist, verging on austere, proportions, Vari has composed volumes that communicate a sense of harmony—a strong but never dominating presence. In her own words: “The incorporation of my large-scale sculptures in the environment is paramount. I want them to look as if they have been there always.”

The creation of all monumental sculptures presented in this exhibition follows a specific process. Sophia Vari works by imagining three to four volumes together, the initial idea is abstract and open-ended. She first makes a one meter plasteline sculpture, whose shape comes together slowly under her hands. From there she decides which ones should evolve into monumental sculptures, as she defines monumentality—not in size but in power of form.

When a sculpture receives the confirmation of transformation, is then made out of clay, supported by a metal armature. A new decision is taken on the scale and the lost wax technique is used in order to make it into bronze. All sculptures are patinated black and when the artist decides the color composition of the work, the sculptures are hand painted using paint for aircrafts.

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Special thanks:
The artist would like to express her thanks to:
Yerasimos Yannopoulos
Magda Baltayanni-Kallitsantsi
Dante Benedem
Alexandro Maggi
SNFCC would like to thank the artist for granting her works for the purposes of this exhibition.
September

Highlights

All SNFCC September events presented in the following pages are free and open to all, thanks to an exclusive grant of the Stavros Niarchos Foundation.
Parklife concert series welcomes to Stavros Niarchos Park Goran Bregović & The Wedding and Funeral Band, alongside a ten-member string and vocal ensemble, in a live performance featuring the composer’s timeless original soundtrack music.

A contemporary composer, traditional-music artist and rock star all at once, Goran Bregović has created music that is rooted in tradition yet global and unmistakably his own. In his concert at the Great Lawn, he is presenting selections of the film music that made him so popular all around the world. Time of the Gypsies, in which Bregović honed his craft in music dramaturgy introducing gypsy music elements meets, Arizona Dream, in which Emir Kusturica directed Faye Dunaway, Jerry Lewis and Johnny Depp, and Bregović wrote music for the godfather of punk, Iggy Pop.

The composer will also perform music from Patrice Chéreau’s riveting film Reine Margot, starring Isabelle Adjani, and Bregović’s third collaboration with Kusturica, Underground (Best Film – Cannes Film Festival 1995).

On stage, Bregović, dressed in white, surrounded by his amplifier, laptop and electric guitar, weaves gypsy horns, percussion, Bulgarian polyphonies and a male choir.

For some 20 years now, he has been giving concerts on five continents, in an ongoing tour counting more than 1,500 shows to date.

Visitor’s are advised to bring insect repellent, a mat, blanket or other similar item for sitting on the ground.

Featuring:

Andreas Katsigiannis, santouri / Giorgos Matsikas, bouzouki / Apostolis Valaroutsos, guitar
Kostas Konstantinou, bass / Kyriakos Gouventas, violin / Apostolis Vangelakis, wind instruments
Nikos Samaras, trumpet / Manos Grysbalakis, accordion / Themis Symvoulopoulos, percussion
Michalis Bakalis, percussion / Angelos Polychronou, percussion / Christos Kaliontzidis, pontic lyra
Also featuring: Giorgos Papachristoudis, piano / Music director: Andreas Katsigiannis

Parklife

Goran Bregović
& The Wedding and Funeral Band
Music for Films

Saturday 08/09 | 21:00

Guest artists, singer-songwriter Thodoris Kotonias; chörεs vocal ensemble, directed by Marina Satti; Ria Ellinidou and Tassos Noussias. Onstage with 13 great instrumentalists, they share stories about migration, accounts of people from different backgrounds yet with common joys and sorrows.

Greek, Italian, Portuguese, Arab music – unique modes of expressing human feelings of happiness or sadness, the people’s hopes and dreams.

George Dalaras, alongside the Estoudiantina Neas Ionias, which has been studying and promoting Mediterranean music for 20 years, and its artistic director, Andreas Katsigiannis, send a musical message of friendship and unity, in support of all contemporary migrants, people who struggle for survival and search for a new, welcoming home.

Featuring:

Theodore Kotonias
Ria Ellinidou
chörεs vocal ensemble,
Music Direction: Marina Satti
Narrator: Tassos Noussias

Artistic director:
George Dalaras
Arrangements:
Andreas Katsigiannis,
Giorgos Papachristoudis

Parklife

George Dalaras presents a fascinating music journey – an ode to migration in a live music performance celebrating life, joy and love, with Greek and Mediterranean songs.

George Dalaras
Estoudiantina Neas Ionias
Don’t write me letters

Sunday 16/09 | 21:00
Cassandre

Stavros Niarchos Foundation Cultural Center presents Fanny Ardant, in a monodrama for an actor and an orchestra and got rave reviews when presented in the Avignon Festival in 2015.

Inspired by the work of Christa Wolf, this monodrama for actor and orchestra presents the final moments just before Cassandra, given the gift of prophecy but defeated by gods and people alike, falls into the hands of the Achaeans. In the little time she has left, the daughter of Troy tells her story and her sufferings as a child, lover, prisoner and woman. No longer fully alive, soon to die, she chooses a third form of existence, neither good nor evil, neither just nor unjust, as always refusing all pretense, she who has witnessed only continual war. In a world of deception and deceit, Cassandra is a hero beyond the world. She is that voice, fragile and stubborn, which sleeps in all of us, and which inconveniently sometimes surges forth.

The work’s author, Christa Wolf is considered one of the most important contemporary writers. Growing up in Germany under the Nazis, after World War II, she joined the SED, East Germany’s communist ruling party. During the 1989 events, Wolf was one of the most prominent voices of the democratic movement, remaining, however, opposed to the German reunification and opting for and alternative, “third way,” causing strong reactions. Wolf visited Greece twice; her first trip in 1980, was the inspiration for Cassandra (1982).

Cassandre was first staged in 1994 at the Théâtre du Châtelet in Paris, and has been translated since into German, English, Italian and Finnish, playing in such prestigious venues as the Konzerthaus in Berlin, the Teatro Colón in Buenos Aires and the Carnegie Hall in New York.

In this Comédie de Genève production, director Hervé Loichemol highlights the strength of Cassandra, while composer Michael Jarrell dresses the performance with different music genres, creating the framework within which Fanny Ardant, performs exquisitely the role of Cassandra. Ardant is accompanied by the Academica Athens Orchestra, under the direction of Jean Deroyer.

Free admission by online pre-registration at SNFCC.org

Appropriate for children aged 6+

At events without intermission, late seating can be only allowed in case of a pause.

Bastet

Marianna Kavallieratou
Dom Bouffard

Friday 07/09 | 21.00

Bastet is a contemporary dance piece that glorifies the strength and sensuality inherent within female nature. It is presented by the renowned choreographer Marianna Kavallieratou, musician Don Bouffard and six Greek dancers on stage.

This performance was commissioned as part of the artistic program of the 2018 Summer Nostos Festival, which is organized and exclusively funded by the Stavros Niarchos Foundation.

Free admission by online pre-registration at SNFCC.org

Appropriate for children aged 6+

At events without intermission, late seating can be only allowed in case of a pause.

During a time when women’s rights are at the center of current public debate, SNFCC presents the collective dance Bastet. Through unadorned choreographic language, intense rhythmic alternations and emotional variations, Bastet highlights the movement and passion of the female body which is uplifted by live music, punk rock’n roll and the explosive sounds that accompany this dance ensemble.

The dance is named after Bastet, the Egyptian goddess of felines. According to ancient Egyptian tradition, she was the helper of the Sun God. The piece is inspired by the omnipotent Greek sun as well as the ever-present cats of Greece. The six dancers will exploit the symbolism of the sun’s strength and the feline’s intelligence in order to express the age-old struggle of woman to free herself from her ties and to shine, by using her endless spiritual strength which society’s norms attempt to stifle. All this will be interpreted through a play of movement and sound, and thus create a hymn for the female sex which was not born to be weak.
Jeffrey Eugenides in Athens
Athens 2018 World Book Capital

Pulitzer laureate Jeffrey Eugenides, an American of Greek descent, is visiting Athens for Athens 2018 World Book Capital, organized by the Municipality of Athens, with the Stavros Niarchos Foundation as the main donor and supported by the Embassy of the United States of America.

In the framework of his visit, the acclaimed author will discuss with author Kallia Papadaki and journalist and book critic Mikela Chartoulari on Thursday 27 September at 20.00 at the Greek National Opera’s Alternative Stage, SNFCC.

Jeffrey Eugenides was born in Detroit and studied at Brown and Stanford universities. In 2003, Eugenides received the Pulitzer Prize for his novel Middlesex, which was also a finalist for the National Book Critics Circle Award, the International IMPAC Dublin Literary Award, and France’s Prix Médicis. His novel The Marriage Plot (2011) was a finalist for the National Book Critics Circle Award and received the Prix Fitzgerald as well as the Critics Circle Award and received the Prix Fitzgerald as well as the Madame Figaro Literary Prize. Since 2014, Eugenides has been a member of the American Academy of Arts and Sciences. His bestselling novels Middlesex, The Marriage Plot and Fresh Complaint are published in Greek by Patakis Editions.

In the SNFCC talk, the author – starting off with his Greek-Irish background and its essential as well as symbolic influence on him and his work – will discuss the issues of the mixed and fluid identity in contemporary Western societies and comment on whether biological or social factors shape personality. Moreover, he will discuss the new challenges facing the U.S.A. as well as the similarities and differences of the current crisis to the one that plagued his native city, Detroit – a model of development, which nevertheless descended into a social and financial crisis.

The Mayor of Athens, Georgios Kaminis, will address the event.

The talk will be in English with simultaneous interpretation in Greek.

Admission is free of charge; preregistration on snfcc.org starts on 17 September at 12:00; priority passes will be handed out starting 18.30 on the day of the event at SNFCC.

Doors open at 19.30. After the lecture, the author will be signing copies of his books.

Stavros Niarchos Park will resound with loved classical melodies and excerpts from the musical West Side Story, the opera Carmen and Ravel’s Bolero, to remind us that the classics are part of our lives.

Athens State Orchestra is the oldest orchestral music ensemble in Greece and a first-class symphony orchestra with far-ranging activity. Especially for the concert on the Great Lawn, the orchestra will be directed by Thomas Clamor, principle conductor of the Saxon Wind Philharmonic and founder of the Austria-based European Brass Ensemble.

In addition, he is an internationally sought-after guest conductor for multiple symphonic orchestras and chamber-music ensembles around the world. He has also founded the Venezuelan Brass Ensemble, which placed him on some of the greatest stages in the world. He has conducted at, among others, the Salzburg Festival, the London Proms, Carnegie Hall and the Berlin Philharmonic, and is a well-received guest by many orchestras in China, Korea, South America and Europe.

Since 2011, he has been the director of the German Wind Academy. He was a guest conductor of the Saxon Wind Philharmonic for over 20 years. In 2015, he received the German Order of Merit.

Stavros Niarchos Park will be the opening of the Athens 2018 World Book Capital, organized by the Municipality of Athens, the Embassy of the United States in Athens, Patakis Editions and Stavros Niarchos Foundation Cultural Center.

Jeffrey Eugenides’ visit to Athens is realized with the collaboration of Athens 2018 World Book Capital, organized by the Municipality of Athens, the Embassy of the United States in Athens, Patakis Editions and Stavros Niarchos Foundation Cultural Center.
A decade after the release of their debut album and shortly before the release of a live album, they are preparing for their first major open-air live concert as headliners, at the iconic Great Lawn in Stavros Niarchos Park. All hard-rock fans are invited to join in an evening of explosive energy.

The original idea for the concert rapidly evolved into a daylong mini-festival curated by the group, based on the concept of the legendary All Tomorrow’s Parties, whose lineup was selected by each year’s headline artist. This evening at Stavros Niarchos Foundation Cultural Center features Tuber, Whereswilder and Supersoul – all handpicked by Planet of Zeus as top-notch examples of the Greek rock scene popular all over Europe.

The American musician, producer, singer, visual artist and writer comes to SNFCC to spend an intimate evening with the audience telling stories from his early days in New York City, sharing his experience from his years with Sonic Youth and giving a live solo performance with songs from his recent records.

In addition to his great success with Sonic Youth, Lee Ranaldo has released more than 50 solo, band or collaborative recordings and more than a dozen of books. His visual artwork has been exhibited worldwide in museums and galleries such as the Sydney Museum of Contemporary Art, the Hayward Gallery in London, the Artspace and White Columns in New York, as well as the Kunsthalle Düsseldorf.

The journalist and radio producer Panayotis Menegos will be the moderator of the public discussion.

The band:
Babis Papanikolaou, Vocals/Guitars
Stelios Provis, Guitars
Giannis Vrazos, Bass
Serapheim Giannakopoulos, Drums
George Kontrafouris: Baby Trio

In September, Jazz Chronicles – SNFCC’s concert series – welcomes a music trio led by the acclaimed Greek jazz pianist George Kontrafouris, whose group, Baby Trio, has been testament to the value of artistic renewal and youthful creativity.

Formed in 2008 to capture the pure energy and youthful enthusiasm of young musicians starting out in a band, as well to serve as a school for young musicians, Baby Trio has gone through many incarnations. When they turn 25, Baby Trio members give their places to new ones. In the current trio edition, Kontrafouris plays Hammond organ, accompanied by a young guitarist and a young drummer.

This year, Baby Trio is celebrating its tenth anniversary by giving a concert at SNFCC and releasing an album on vinyl and CD in late 2018. This concert features Baby Trio’s current members, as well as many of the group’s former members.

Contributors:

George Kontrafouris, Hammond organ
Kostis Fanaras, guitar
Hector Remsak, drums
Konstantinos Stouraitis, guitar
Alexander Vichos, guitar
Yannis Papadoulis, drums
Vasilis Pedaras, drums
Vangelis Kotzabassis, drums
Dimitra Kokkinopoulou, guest vocals

In September, Music Escapades continue to explore and showcase the Greek alternative music scene, proposing two different music ensembles in a unique combination.

Someone Who Isn’t Me & Lip Forensics

S.W.I.M. (Someone Who Isn’t Me), in other words Maria Hatzakou, Marilena Orfanou and Gina Dimakopoulou, share with us their love of analogue and toy synths, chaotic guitar, string samples, female vocals and unusual rhythms.

They made their debut appearance at the 16th Francophone Film Festival in Athens, in a live performance of their original music score for the Greek silent film Astero (1929), directed by Dimitris Gaziadis. Their first single, Anazitisi/Never Find It was composed especially for the end credits of Athina Tsangari’s latest film, Chevalier (Best Film – BFI London International Film Festival).

Their first live concert was at Winter Plissken Festival in December 2016; in March 2017 they travelled to the SXSW Festival in Austin TX, the world’s biggest Music Showcase festival. In May 2018, they released their latest single, Gomenaki, whose music video, directed by Alkis Papastathopoulos, had 100,000 views in one month. Both the song and the video were the summer mega-hits. Their first album is slated for release in late 2018.

Lip Forensics, the electronic duo of Zade and Ekelon, love jugular beats and deep sine basslines in recreating the soundtrack of their favorite crime scenes. They came to the fore of the Greek music scene in 2017; they have performed in major Greek music festivals (Release Festival, Up Festival), Athens party events and club nights. On stage at SNFCC, Lip Forensics will perform live to showcase their recent debut album release, Cheiloscopy, with the art direction of Serafim Tsotsonis.
PARK YOUR CINEMA

YOU, THEY, A MYSTERY

Crimes that leave great mysteries in their wake. Questions seeking answers by ordinary people, cases waiting to be solved by the authorities. September’s Park Your Cinema at Stavros Niarchos Foundation Cultural Center presents four favorite classic films driven by riveting plots.

These whodunnits fill the big screen with clues, inviting the audience to deduce the perpetrators even before the protagonists do. On this exciting month’s Friday evenings, you’re invited to solve a different mystery each time!

Program curated by Elias Frangoulis

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REAR WINDOW (1954)

Friday 07/09 | 21:00

Recuperating from a broken leg, an adventurous professional photographer spends his time watching his neighbors - until the moment when he realizes he may have witnessed a crime. James Stewart, Grace Kelly and Thelma Ritter make up an unforgettable detective trio in this masterpiece by Alfred Hitchcock – a film that can be seen as a (still relevant today) allegory on the viewer’s voyeuristic relationship to cinema. Nominated for four Academy Awards.

Directed by Alfred Hitchcock

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THE THIRD MAN (1949)

Friday 14/09 | 21:00

An American writer arrives in Vienna in the aftermath of WWII, to meet with his childhood friend, who has offered him a job. He arrives only in time for his friend’s funeral. He will stay on in the city to investigate what he considers as a suspicious death. The noir atmosphere is punctuated by the use of ghostly black and white photography (Oscar for Best Cinematography) in the Austrian capital city at a time when it can’t hide the marks of war – even at night. A top-notch script by Graham Greene and a haunting music theme by Anton Karas.

Directed by Carol Reed

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IN THE HEAT OF THE NIGHT (1967)

Friday 21/09 | 21:00

A wealthy industrialist in the American South is murdered. A black man is apprehended at the train station as a suspect, but turns out to be a detective from Philadelphia. He is forced to assist the local police investigation, irritating the racist local sheriff. The winner of the 1968 Oscar for Best Film is a mystery thriller with an interracial backdrop, solidly building on tour-de-force acting by Sidney Poitier and Rod Steiger (Academy Award for Best Actor). Ray Charles sings the credits song in a music score signed by Quincy Jones.

Directed by Norman Jewison

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MURDER ON THE ORIENT EXPRESS (1974)

Friday 28/09 | 21:00

On a fateful day in 1935, the Orient Express is caught in heavy snow, and famous Inspector Hercule Poirot faces a puzzling homicide. The finest film adaptation of an Agatha Christie novel boasts of an all-star cast, including Albert Finney, Lauren Bacall, Sean Connery, John Gielgud, Vanessa Redgrave, and Ingrid Bergman, who won her third, and last, Academy Award, for Best Supporting Actress.

Directed by Sidney Lumet
September’s Park Your Cinema Kids proves that in cinema everything is possible! Houses fly in the sky equipped with balloons, animals take part in talent shows, scarers are scared off by a little girl, woodland animals go after their hunters, the sky is cloudy with a chance of meatballs! In a world bereft of fairy stories, the big screen still nourishes the imagination and entertains.

Program curated by Elias Frangoulis

UP (2009)
Saturday 01/09 | 21:00
A 78-year-old flies in his home, which is equipped with balloons, to fulfil the dream of his only love. Academy Award winner for Best Animated Feature Film, Up is a masterpiece that touches the hearts of people of all ages. The film’s opening ten minutes have been acclaimed as amongst the most moving moments in the history of cinema! A heart-warming adventure of self-discovery.

Directed by Pete Docter
With Greek subtitles

SING (2016)
Saturday 08/09 | 21:00
In a city of humanoid animals, a hustling theater impresario struggles to save his theater with a singing competition, promising a grand prize as a result of a typing mistake. A huge box-office success from the studio that gave us Minions, brimming with songs (more than 60 pop hits!).

Directed by Christophe Lourdelet
With Greek subtitles

MONSTERS, INC. (2001)
Saturday 15/09 | 21:00
Two monsters employed as “scarers” of children to harvest their screams discover that a small girl has entered their factory. The rumor that children are toxic for monsters scares the protagonists, who desperately look for a way to return the girl to the “other side”. One of Pixar Studios’ most acclaimed animated films, it was followed by a sequel in 2013. Oscar for Best Song to Randy Newman.

Directed by Pete Docter
With Greek subtitles

CLOUDY WITH A CHANCE OF MEATBALLS (2009)
Saturday 29/09 | 21:00
A young wannabe scientist invents a machine that transforms water into food, but ends up overloading the house electrical supply; he then decides to power the machine by hooking it up to a nearby power plant. When he turns the machine back on, it ends up rocketing through town, causing an oversize-food storm! Based on a popular children’s book (1978), this imaginative and tasty box-office success had a sequel in 2013; a television series premiered in 2017.

Directed by Phil Lord, Christopher Miller
With Greek subtitles

OPEN SEASON (2006)
Saturday 22/09 | 21:00
A domesticated grizzly bear and a fast-talking mule deer find themselves in the woods only three days before Open Season. Rallying other forest animals, they send the hunters running! The first Sony Pictures Animation theatrical film, it was a great box-office hit, spawning a popular home entertainment franchise, with three sequels.

Directed by Roger Allers, Jill Culton
With Greek subtitles
European Mobility Week

Stavros Niarchos Foundation Cultural Center is participating for a second consecutive year in the European Mobility Week aiming at raising awareness and fostering a more active and ecological way of living.

Future Bike

Tuesday 18/09 on Thursday 20/09 | 17.00-21.00 | VISITORS CENTER

The electric bike is the future of cycling. It is an excellent choice for fitness, fun, as well as transport for the whole family. Visitors will have the opportunity to try e-bikes on SNFCC’s bike lane under real-life conditions. An open invitation to experience first-hand a selection of state-of-the-art electric bikes, as well as an opportunity to revisit how we move around in the city.

Five Countries Introduce their Countries by Bike

Wednesday 19/09 | 19:00-21:00 | BOOK CASTLE, NLG

The embassies of the United States, Denmark, France, the Netherlands and Canada present their views on the social, financial, environmental and political aspects of cycling. Countries where bicycle is a popular mode of transport, improving citizens’ quality of life and driving economic growth, share their experiences and practices, as well as their strategies for the future, as well as major new bicycle-related technical breakthroughs and cycling events.

Moreover, Maria Vassilakou, Deputy Mayor, City of Vienna, will showcase the vision, program, plan and outcomes of a policy that changed her city.

EuroVelo: Investing in Cycling Tourism

Friday, 21/09 | 18:00 – 20:00 | BOOK CASTLE, NLG

EuroVelo is a network of 15 – and counting – cycling routes that connect Europe on a 50,000km bike lane. EuroVelo’s instigator, German MEP Michael Cramer, discusses the concept and the opportunities provided by the network for the countries it connects. Cities for Cycling, EuroVelo’s national coordinator for Greece, presents the Greek network strategy, opportunities and prospects. An open discussion will follow.

Bike Tune-Up Workshop

Saturday, 22/09 | 16:30-20:30 | VISITORS CENTER

Cyclists are invited to ride their bikes to the SNFCC for a free bicycle workshop by qualified pros in a suitably equipped area. Learn how to look after your bike, how to change a tire, how to use your gears efficiently, how to fine-tune breaks and what is the culprit for annoying creaks. Everything you will need to know in order to care for your bike, including road safety, by biking specialists.

Goals and plans for new beginnings vary according to person, age and occasion. Young students preparing for the next grade in primary school or preparing for university exams, people who attempt a new beginning either at a professional or personal level, and a panel of experts, invite us to take our “seat in class”, as they share their thoughts and concerns, as well as the ways to approach this challenge and the hard work that each new beginning entails.

The next event of the SNF’s monthly series DIALOGUES will take place on Wednesday, September 26th. The focus of the event will be on “Beginnings.” Each September brings new beginnings. Following the summer’s carelessness, everything goes back on schedule and it’s “back to work” for everyone! What is it that makes us look forward to a new beginning and what feelings do those Sunday afternoons evoke, before the “bell rings” again on Monday?

The discussion is moderated by journalist Anna-Kynthia Bousdoukou

The events are open to the public on a registration basis at www.SNF.org.

Furthermore, events are live streamed and are available on demand in both video and podcast format on the SNF’s website.
Activities for Adults

- We create art all together  p.26
- Healing Gardens  p.25
- Roller Skates  p.24
- SNFCC Running Team  p.22
- Sailing the Canal  p.23
- African Dance  p.24
- Computer Courses for people 65+  p.27
- Kayaking the Canal  p.22
- September
- We create art all together
### Activities for Adults

#### SPOTS & WELLNESS

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<th>Date</th>
<th>Time</th>
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<tr>
<td>Tai-Chi</td>
<td>Sunday 02, 09, 16, 30/09</td>
<td>12:00-13:00</td>
<td>ESPLANADE</td>
<td>An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels. Design-Implementation: Regeneration &amp; Progress</td>
</tr>
<tr>
<td>Sailing the Canal</td>
<td>Monday 03, 10, 17, 24/09</td>
<td>12:00-14:00</td>
<td>CANAL</td>
<td>The Kalamosi Yacht Club presents a series of interactive sailing events on different types of boats, both in the Canal and on shore, featuring innovative educational activities for children and adults. Design-Implementation: Kalamosi Yacht Club</td>
</tr>
<tr>
<td>Kayaking the Canal</td>
<td>Sunday 08, 15, 22, 29/09</td>
<td>15:00-16:30</td>
<td>CANAL</td>
<td>This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC! Participants are advised to bring a second pair of clothes with them. Design-Implementation: Regeneration &amp; Progress</td>
</tr>
<tr>
<td>Mat Pilates</td>
<td>Saturday 08, 15, 22, 29/09</td>
<td>08:30-10:00</td>
<td>RUNNING TRACK</td>
<td>Pilates takes place on a mat, using props. Practitioners must wear comfortable clothing and bring their own pilates mat. Design-Implementation: Regeneration &amp; Progress</td>
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<tr>
<td>fitness for everyone</td>
<td>Sunday 02, 09, 16, 30/09</td>
<td>12:00-14:00</td>
<td>ESPLANADE</td>
<td>Experienced physical education teachers are available at the outdoor gym and the running track daily to offer training recommendations tailored to your personal fitness level. Personalized programs include aerobic exercise, muscle enhancement, flexibility exercises and rehabilitation for adults. Design-Implementation: Regeneration &amp; Progress</td>
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<tr>
<td>SNFCC Running Team</td>
<td>Saturday 01, 08, 15, 22, 29/09</td>
<td>09:00-10:00</td>
<td>CANAL</td>
<td>The running’s friends join forces in a team that trains every Saturday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and group support. Design-Implementation: Regeneration &amp; Progress</td>
</tr>
<tr>
<td>Yoga in the park</td>
<td>Friday 14/09</td>
<td>17:30-21:30</td>
<td>ESPLANADE</td>
<td>With yoga you align your body and spirit, through gentle practice involving breathing, asana postures and relaxation, in order to control your breathing and relax your mind. While gaining strength and improving flexibility. Design-Implementation: Regeneration &amp; Progress</td>
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<tr>
<td>Qigong 50+</td>
<td>Wednesday 05, 12, 19, 26/09</td>
<td>18:30-21:30</td>
<td>Labyrinth</td>
<td>Qigong is an age-old Chinese well-being practice, suitable for all fitness levels. This program is designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control. Design-Implementation: Regeneration &amp; Progress</td>
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<td>How high can you go? Climbing towers return to SNFCC. Come experience the unique adrenaline rush of climbing, guided by our trainers and adhering to strict safety precautions. Participants are advised to bring training shoes and clothing. Design-Implementation: Regeneration &amp; Progress</td>
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Activities for Adults

**SPORTS & WELLNESS**

**African Dance**

- African dance is more than self-expression. It possesses therapeutic powers by releasing the body and connecting it with the mind, seeking to restore the link with our own inner power source of rhythm. Come dance to traditional African percussion beats.

- African dance through simple, basic moves, choreography and singing inspired by the West African tradition, and finishing up with African dance through stretching and relaxation exercises.

Design-Implementation: QUILOMBO LAB

**First-aid course**

- A non-certified training is offered for heart attack and drowning incidences, as well as for the use of an Automated External Defibrillator (AED). Participants will have the opportunity to practice automatic external defibrillation on models/preforms.

Design-Implementation: Regeneration & Progress

**Roller Skates**

- Recreation, exercise or transport? Skates are all of the above at the same time! Discover them and practice your balance in self-contained introductory classes.

- No prior experience is required. Participants are requested to bring their own equipment (skates, helmet, knee pads).

Design-Implementation: Paraklitos Papadopoulos, Agroecological MSc – med culture

**Talking about the Park’s Plants: Mediterranean Nuts in the Park**

- Participants in this workshop will discover all about nuts. Almonds, walnuts and dried fruit form an integral part of the Greek and Mediterranean diet. We will explore their history and tree cultivation, nutritional value, and get tips for their processing and preservation.

Design-Implementation: Panagiotis Papadopoulos, Agroecological MSc – med culture

**Hoop Dance**

- Hoop dance is one of the most popular workout methods, as hula-hoops are used! In the Open-Air Hoop Dance lab, participants will learn hoop tricks, flow essentials and ways to express their selves through a colorful hula-hoop dance.

- Hoops will be available for all participants.

Design-Implementation: Sunny Diz

**Open Air Hoop Dance**

**Introduction to Archery**

- Archery is one of the oldest sports to appear in modern Olympics. In collaboration with the Hellenic Archery Federation, SNFCC’s visitors will have the opportunity to discover this sport, using training bows.

- Participants will have the opportunity to discover this sport, using training bows. In collaboration with the Hellenic Archery Federation, SNFCC’s visitors will have the opportunity to discover this sport, using training bows.

- Participants will learn hoop tricks, flow essentials and ways to express their selves through a colorful hula-hoop dance.

- Hoops will be available for all participants.

Design-Implementation: Sunny Diz

**Healing Gardens**

- This workshop is suitable for blind or vision-impaired persons.

- Participants will discover the Stavros Niarchos Park’s Mediterranean plants through touch and become familiar with their distinctive characteristics. Moreover, they will identify many aromatic species through taste and smell, associating them with personal memories.

Design-Implementation: Stavroula Katsoyanni, Agronomist – Landscape Architect

**The Greenfingers**

- Participants learn everything they need to take good care of their plants. Engaging with gardening contributes to mental balance and well-being, in addition to raising environmental awareness.

- Participants will explore the concept of space at observation points, in the architectural structure and organic forms of the landscape. Using a live model, we will focus on the composition and pictorial organization in painting, as well as on scale and human-figure proportions in relation to the surroundings.

Design-Implementation: Georgia Hatzivassiliadi, Artist, MA, MFA

**Architecture – Nature – Human: Drawing in the Park**

- An open-air drawing workshop to study the diffusion of natural daylight, using basic free drawing techniques in dry and water-insoluble materials (charcoal, graphite and colored pencils) on paper.

- Participants will explore the concept of space at observation points, in the architectural structure and organic forms of the landscape. Using a live model, we will focus on the composition and pictorial organization in painting, as well as on scale and human-figure proportions in relation to the surroundings.

* Participants are advised to bring sunglasses, insect repellent and a hat.
**Abstract Art.**

leaves in wool and wire, fusing classicism and will create a knitted “music score” of autumn Iannis Xenakis’ composition Plekto, participants Inspired by the music-like patterns of knitting, Emily Dickinson

**Autumn – overlooked my Knitting**

Knitted Sculpture: Material Poetics

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<td>Mediterranean Garden</td>
<td>Blue Sky Labs: Outdoor Crochet</td>
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**Wearable Sculpture: Microsculpture & Jewelry**

A workshop inspired by Sophia Var’s large-scale art and microsculptures. After experiencing first hand the artist’s abstract geometric art in SNFCC’s Agora, participants will produce abstract microsculptures in polymer clay, lost-wax casting, etc. Black and white, figurative and non-figurative, male-female, union-boundaries, form-geometry – these are some of the creative concepts to be explored in this workshop.

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<td>We Create Art All Together: Summer Points T-shirts</td>
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**Computer Courses for people 65+**

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing – skills that will enable them to carry out everyday tasks.

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**Making smart graphics for the social media**

Online graphic creation and editing using original effects and contemporary styles for personal or commercial use on social media, using free software.

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**Introduction to mobile photography**

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Sailing the Canal
The Kalamaki Yacht Club presents a series of interactive sailing events on different types of boats, both in the Canal and on shore, featuring innovative educational activities for children and adults.

**Design-Implementation:** Kalamaki Yacht Club

Kayaking the Canal
This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC!

Participants are advised to bring a second pair of clothes with them.

**Design-Implementation:** Regeneration & Progress

Sports games
A recreational activity for children and teenagers in the Park, aimed at fostering the sporting spirit. Interactive and musical movement games in the form of team games provide opportunities to collaborate, communicate and stimulate physical well-being.

**Design-Implementation:** Regeneration & Progress

Roller Skates for Kids
Recreation, exercise, or transport? Skates are an ideal tool for all of these at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.

**Design-Implementation:** Regeneration & Progress

Team Playing (Football Skills)
Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

**Design-Implementation:** Regeneration & Progress

Kids Yoga
A child-centered, play-based approach, focusing, not on perfect execution, but on teaching children how to control their bodies, breathing and thinking, and how to relax even as they gain strength, flexibility and self-confidence to control their breathing and relax their minds, while gaining strength and improving flexibility.

**Design-Implementation:** Regeneration & Progress

Family games
An entertaining activity that’s all the rage, with games specially designed for both young and old. Parents are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

**Design-Implementation:** Regeneration & Progress

Street Soccer 5x5
Free football match events suitable for schoolage children (6-12) in five-member teams.

**Design-Implementation:** Regeneration & Progress

Sporting duels
Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

**Design-Implementation:** Regeneration & Progress

Fun Sports Games in the Park
German football and a basketball shoot around await children in the new outdoor game area at Stirios Niarhos Park.

**Design-Implementation:** Regeneration & Progress

Artistic gymnastics
Through artistic gymnastics coupled with games and fun, children get to know their bodies and abilities, while they improve flexibility and motor coordination.

**Design-Implementation:** Regeneration & Progress
GAMES AREA

OUTDOOR
GAMES AREA

* Blind Tennis or Soundball Tennis for children with or without vision-impaired or blind persons.

Mini Tennis

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

Design-Implementation: Regeneration & Progress

Checkmate in the Park

Playing in two groups, children are introduced to the most popular strategy game in the world – chess. Taking on the role of one piece each, they become a living part of the game and have fun learning how each piece moves and how pieces are captured or defended.

Design-Implementation: Chesskids

Climbing

How high can you go? Climbing towers return to SNFCC. Come and experience the unique adrenaline rush of this activity offered by our trainers and adhering to strict safety precautions.

Participants are advised to bring training shoes and clothing.

Design-Implementation: Regeneration & Progress

Safe Water Sports Education Program

Come to the Water Jets of the Stavros Niarchos Park and join us for Safe Water Sports to learn how to enjoy water and have fun safely. Take a virtual swim at the gorgeous Safe Water Sports Beach, along with your favorite Playmobil sets, and learn how to stay safe on the beach and in the water. Identify the dangers lurking on our model beach, along with Octopus Safe, and tell your stories using Story Cubes.

Design-Implementation: Safe Water Sports

Introduction to Archery

Archery is one of the earliest sports to appear in modern Olympics. In collaboration with the Hellenic Archery Federation, SNFCC’s visitors will have the opportunity to discover this sport, using training bows.

Design-Implementation: Regeneration & Progress

Hula Hoop Party

Hula hooping is a perennial kids’ favorite but at the same time is good for them, too, as it enhances physical coordination, balance and alertness of mind. In this workshop, children will have the opportunity to learn new tricks playing their beloved game, while exercising their minds and bodies, and having a blast in the process!

Hula hoops will be available for all participants.

Design-Implementation: Sunny Do

Learning to Play as a Team

Children learn the value of co-operation by creating teams that aim to complete a unique mission. To achieve this, they need to show trust and harness each team member’s capabilities. Through non-competitive games, communication, and team exploration, kids will realize that joy lies not only in the victory itself.
Big Blue Labs: Find your Star

Your summer stargazing features planets, stars, comets and heavenly bodies, in a competition of brightness. Star-filled works of art, such as Vincent van Gogh’s Starry Night and Joan Miró’s Constellations meet Antoine de Saint-Exupéry’s The Little Prince. At home or in the Park, inspired children to create their own pointed star to accompany them on an interplanetary travel, inspiring children to create collaborative works of art. Parents and grandparents bring their imagination to join in a creative music partnership that refreshes their communication. Families bring along cherished or ordinary objects to compose a common rhythmic story and get to know each other anew in an environment of familiar or excitingly new sounds.

Design-Implementation: Christos Varvarakis, Artist

A Giant Garden Comes Alive

Inspired by the Stavros Niarchos Park flora as well as by contemporary art, children produce large-scale sculptures to make up their own imaginary colorful giant garden. Using recyclable materials of all kinds, they try their hand on various techniques and experiment with form, volume and color, creating scenery that fuses reality and imagination.

Design-Implementation: M-art

Audio landscapes at SNFCC

Following along the lines of Renzo Piano’s architectural designs for SNFCC, we embark on a journey of experimentation and discovery, identifying human-made and natural sounds, and linking them to ideas, feelings, experiences and images. If SNFCC’s architectural design was a music score, what would it sound like?

Design-Implementation: Kalliopi Koutsouveli, Musicologist; Museum Educator

Music and Games in the Park

Rhythm and music games introduce children to the sounds and history of the pentatonic scale (from Pythagoras to Epirus polyphonic singing and from gospel to music in remote regions of the world). Learning about rhythm and melody, participants will compose, draw and paint images of summer moments and landscapes.

Design-Implementation: Chalieda

I’ve got a great idea!

Natural materials, colors, fabrics and multifunctional objects become invaluable companions in early childhood travels. Exciting music, sounds and light that stimulate abstract thinking, games that improve coarse and fine motor skills, and exploratory play are some of the ways we will experiment in a workshop aimed at infant interaction and socialization.

Participants should wear comfortable clothes and bring a second pair of clothes with them.

Design-Implementation: oblasta

Little Large Sculptures

In these workshops, the three dimensions, different scales, solid bodies and sculptures meet, with exciting results. Participants will explore the interplay of mass and light, form and color, abstraction and classicism, inspired by Sophia Var’s diverse range of sculptures, on display in the Agora.

Design-Implementation: Christian Varvarakis, Artist
Rossini Gala
Concert
The Greek National Opera commemorates the 150th anniversary of Gioachino Rossini’s death with a concert in which outstanding artists will interpret known excerpts from the composer’s operas. In collaboration with the Rossini Opera Festival in Pesaro, the Gala forms part of the “Tempo Forte” cultural events included in the three-year long cooperation programme between the Ministries of Culture of Greece and Italy.

Conductor: Sebastiano Ralli
Soloists: Vassiliki Karagianni, Celia Costea, Mary Ellen Hey, Vassilis Kavayas, Dionyssis Sourbis, Paolo Bordogna
With the GNO Orchestra
Co-production: Rossini Opera Festival - Greek National Opera

Manos Hadjidakis
Gioconda’s Smile / Magnus Eroticus
Concert
The Manos Hadjidakis Cycle opens for the 2018/19 season with two emblematic works of the present-day Greek musical creation at the Greek National Opera Stavros Niarchos Hall in the Stavros Niarchos Foundation Cultural Center: Gioconda’s Smile and Magnus Eroticus. These two works were released seven years apart and they have defined not only Manos Hadjidakis’s work but also the overall Greek culture.

Artistic supervisor: Giorgos Hadjidakis
Conductor: Lukas Karagiannis
Soloists: Alkinoos Ioannidis & Dimitra Selevidou (Magnus Eroticus)

Manos Hadjidakis Cycle Sponsor: Attica Bank
Guided Tours

- To find out more information, see the guided tours schedule and pre-register, please visit snfcc.org/events.
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions and may be canceled or postponed.

Useful Info

- Visitors Center: 09.00-22.00
- Agora, Lighthouse: 06.00-00.00
- Canal Café (Visitors Center): Monday-Sunday 09.00-00.00
- Pharos Café (Lighthouse): Monday-Sunday 09.00-00.00
- Coffee Van on tour: 09.00-21.00
- Juice Van on tour: 09.00-21.00
- Mobile food carts are also available in outdoor areas alongside the Canal.
- To book a guided tour for your group, please call +30 216 8091004, or email tours@snfcc.org. Guided tours are available for groups between 12-25 persons.

Guided Tours for groups, associations, organizations and NGOs

Guided tours for groups are available for educational associations, cultural organizations, NGOs and other entities.

To book a guided tour for your group, please call +30 216 8091004, or email tours@snfcc.org. Guided tours are available for groups between 12-25 persons.

Exhibitions

- First-Aid
  First-Aid and medical facilities staffed by health professionals are available for use by visitors on the premises.
- Food & Drink
  Food and drink service points are in operation in SNFCC.
- Smoking
  Smoking is prohibited in all SNFCC indoor areas and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the floor ashtrays available in the area. We encourage visitors to refrain from smoking while enjoying the Park.
- Environmental Management
  SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO2 emissions, indoor environment quality, the rational management of resources. SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.
For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-13.00, the shuttle bus rides only between SNFCC and the Syggrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone. To best accommodate visitors that would like to make use of this service we kindly ask that they let us know in advance via phone (216 8091000).

For further information and timetables visit SNFCC.org or call at 2168091000.

SNFCC is not responsible for any modifications on the public transportation’s routes.

Pricing:

**Cars**
- 00.00-19.00: €1.50/ hour
- 19.00-00.00: €1.50/ hour
- Maximum charge: €5

**Motorcycles**
- €0.70/hour

SNFCC members enjoy a 10% discount for parking.

More information: SNFCC.org

### Shuttle Bus

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In September, our Members have the opportunity to enjoy these exclusive events:

Talking about the Park’s Plants: Mediterranean Nuts in the Park
Sunday 02/09
18:00 | PINE GROVE
Events for Members only - up to 10 participations | Preregistration starts on: 27/08

Cassandre - Fanny Ardant
Monday 03/09
21:00 | GNO STAVROS NIARCHOS HALL
Reserved seats for Members + Guest - up to 300 participations | Preregistration starts on: 27/08

Introduction to mobile photography
Tuesday 04/09
18:30 | NLG PC LAB - 2nd Floor
Events for Members only - up to 18 adults | Preregistration starts on: 27/08

Bastet - Marianna Kavallieratou & Dom Bouffard
Friday 07/09
21:00 | GNO STAVROS NIARCHOS HALL
Reserved seats for Members + Guest - up to 300 participations | Preregistration starts on: 27/08

Digital CV: Linkedin as a tool to land your next job
Tuesday 25/09
18:30 | NLG COMPUTER LAB
Events for Members only - up to 18 adults | Preregistration starts on: 19/09

Audio landscapes at SNFCC
Sunday 30/09
12:00 | NLG KIDS LAB [meeting point]
Events for Members only up to 10 participations; for families with children aged 6-12, with or without disabilities
Preregistration starts on: 19/09

Information:
Limited seating - pre-registration is required. Reservation links are sent to Members via the SNFCC Members Newsletter.

Are you a Member?
Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers

Here they can!
Here I become a Member!
All new Members will get a limited edition surprise summer gift*
Find more at the Members Info Points and the Members Booth in the Park.

SNFCC.org/members
SEPTEMBER AT SNFCC

George Kontrafouris’ Baby Trio turns 10 and celebrates at SNFCC’s Jazz Chronicles on 02/09. “Apollo spat into my mouth. He condemned me to the gift of prophecy – and the curse that no-one would ever believe my prophecies.”

Fanny Ardant is Cassandra. 03/09. Bastet, a choreography by Marianna Kavalieratou, celebrates female power at Stavros Niarchos Hall on 07/09. «In the deathcar, we’re alive.» O Goran Bregović unfolds the soundtrack of his life on the Great Lawn. 08/09. Gomenaki* *Greek noun, gender neutral: babe, hot stuff, unicorn.


"Biology gives you a brain. Life turns it into a mind." Author Jeffrey Eugenides in an open talk, for the first time in Greece. 27/09. Sophia Vari’s monumental black & white sculptures in an outdoor exhibition under the light of the Agora. 01/09–07/10.

Stavros Niarchos Foundation Cultural Center
364 Syggrou Avenue
176 74 Kallithea
el.: +30 2168091000
Email: info@snfcc.org

Exclusive donor:

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SNFCC Sessions
18/09.

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