SEPTembers V1

Sports Excellence: the month starts with a unique science conference on endurance sports on 01/11. Music Escapades welcome Olga Kouklaki, the Pythia of dark pop electronica, on 11/1. Cavafy meets Plutarch in lecture series Reflections on an ancient line of verse on 14/1, and on 07 & 21/11 prof. Andreas Giakoumakatos continues his architecture guided tours, now taking us to Munich and Chicago.

Parabases, SNFCC’s rehearsed readings enchant us with the magical realism of Gabriel García Márquez, staged by Argyro Chioti, on 18/1 at the Lighthouse. 24 & 25/1: Two days dedicated to Ingmar Bergman in celebration of the centennial of his birth. On 25/1, Jazz Baroque project mixes jazz and baroque music in Jazz Chronicles. “Make me song. Make me a sound. Vibrate, resonate.” Eleanor Friedberger’s dark, weird electropop fills Stavros Niarchos Hall on 26/1. SNFCC Fence photography exhibition transforms the Center’s perimeter.

And, of course, the countdown to Christmas begins!

NOVember

AT SNFCC

CALENDAR OF EVENTS

11.2018

READER’S THEATRE

Gabriel García Márquez

The Incredible and Sad Tale of Innocent Eréndira and Her Heartless Grandmother

MUSIC ESCAPADES

Olga Kouklaki

COSMOS

Eleanor Friedberger

Rebound

CINEMA

A Two-day Tribute to Ingmar Bergman

JAZZ CHRONICLES

Jazz Baroque

REFLECTIONS ON AN ANCIENT LINE OF VERSE:

Cavafy Reading Plutarch

SNFCC.org
The Countdown to Christmas Begins!

Just like last year, on November 1st we start counting down to December 1st, when Stavros Niarchos Foundation Cultural Center (SNFCC) will become a magical Christmas destination, inviting people of all ages to enjoy memorable holiday moments, with a rich and varied program – as always, admission is free for all thanks to an exclusive grant by the Stavros Niarchos Foundation (SNF).

The countdown kicked off on November 1st, with the first of 30 unique video posts – one for each day – on SNFCC’s social media, and continues until December 1st, when all the center’s areas will be illuminated with Christmas lights. The ice rink will also be open every day during this year’s holidays to welcome us at the Canal. And, of course, on New Year’s Eve, we will say goodbye to the old year and welcome the new year 2019 with fireworks, a huge party and the popular SNF RUN race.

Naturally, many big surprises are in store for you all this year, too – so, stay tuned to find out!

Until then, SNFCC November programming is as diverse as always: There is a lot of music, featuring Eleanor Friedberger, Olga Kouklaki, and the Jazz Baroque band; also, this season’s second rehearsed reading; lectures; a tribute to cinema legend Ingmar Bergman; plus, a vast array of workshops, seminars and activities for everyone, thanks to an exclusive grant by the Stavros Niarchos Foundation (SNF).
SNFCC November events are free and open to all, thanks to an exclusive grant by the Stavros Niarchos Foundation.

Highlights

A Two-Day Tribute to Ingmar Bergman
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Parabienes
Gabriel García Márquez
The Incredible and Sad Tale of Innocent Eréndira and Her Heartless Grandmother
p.05

Cosmos:
Eleanor Friedberger: Rebound
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Jazz Chronicles
Jazz Baroque
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Reflections on an ancient line of verse:
Plutarch
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Music Escapades
Olga Kouklaki
p.06

November

SNFCC November events are free and open to all, thanks to an exclusive grant by the Stavros Niarchos Foundation.
On 26/11 the talented Eleanor Friedberger presents in SNFCC her latest album Rebound which gets inspiration from Greece.

After a month in Athens I asked my friend, the Greek musician Stella, “What’s one thing I have to do before I leave?” After some long and careful consideration she smiled and said, “you have to go to Rebound. It’s a time warp, kind of an 80s goth disco; you’ll love it... but it’s only open on Saturdays after 3:00 AM. Rebound proved to be a revelation in terms of finding the sound and energy for my fourth album.”

On Rebound, Eleanor Friedberger has created a subtle world that is a little fizzier, a little synthier- more cinematic, more meditative- than her previous three albums. In contrast to the sonic serenity of 2016’s New View, which she arranged and recorded with her touring band, Rebound was recorded mostly on her own and with the producer Clemens Knieper. Programmed drums, a Juno synthesizer, and muted rhythm guitars dominate the landscape where influences range from Stereolab and Suicide to Lena Platonos and Yellow Magic Orchestra.

In November, Parabases present Gabriel García Márquez, one of the greatest 20th-century literary authors and the most renowned exponent of magical realism, in a production directed by Argyro Chioti.

The short story The Incredible and Sad Tale of Innocent Eréndira and Her Heartless Grandmother is one of Marquez’ finest works – a tragic, human story as well as a magical parable on abuse of power and social injustice by a masterful storyteller who captured the beauty and tragedy of Latin America.

Eréndira is a beautiful teenage girl who has mystical experiences. When her grandmother’s home is destroyed in a fire caused by Eréndira, her grandmother forces her into prostitution to pay for the damage. She makes her grandmother rich, but manages to escape in her visions.

“Deliciously droll electro pop”
The Guardian

“Dark, exhilarating and life-affirming”
The Independent

For the first time, Friedberger is accompanied on stage by a string quartet in a unique musical performance of her electric sound.

Kostas Panagiotidis, first violin
Argiro Sire, second violin
Ali Basegmezler, viola
Dimitris Travlos, cello

Free admission by online preregistration at SNFCC.org
Suitable for children aged 6+

At events without intermission, late seating may only be possible in case of a pause.
Olga Kouklaki

In the first concert part, she presents her music score for the pioneering Greek film The Adventures of Vilar (1924).

The first surviving Greek fiction film, a burlesque comedy starring Vilar (the assumed name of Nikos Sfakianakis, a famous comedian), is given new life by Kouklaki’s amped-up sound.

In the second part, Olga showcases the sounds that gave her the title of “Pythia of dark pop electronica.” A DJ, composer and vocalist, Olga started to play the piano at age 8, beginning her lifelong involvement with music.

She will be in the company of Thodoris Kapetanakos on bass.

Jazz Baroque

Jazz Baroque began as a project when the founding members of GMG Trio – jazz guitarist and composer Tilemachos Moussas, vocalist Nassia Gofa and musical-saw player Nikos Youssef – were augmented by extraordinary musicians Alexander Trampas on double bass and Panos Iliopoulos on harpsichord and piano to blaze new musical trails, fusing jazz with Renaissance and Baroque music.

The basso continuo in music by Claudio Monteverdi, Henry Purcell, John Dowland and Giovanni Battista Pergolesi turns into a walking bass line; the musical saw takes on the role of the soprano and improvisation comes to the fore. Mezzo-soprano Theodora Baka will be the special guest, for this evening only.

Featuring:

- Tilemachos Moussas, electric guitar
- Nassia Gofa, vocals
- Nikos Youssef, musical saw
- Panos Iliopoulos, harpsichord
- Alexander Trampas, double bass
- Special guest: Theodora Baka, mezzo-soprano
Ingmar Bergman: A Two-day Tribute
In collaboration with the Embassy of Sweden in Athens
Saturday 24/11 & Sunday 25/11
BOOKCASTLE

A two-day tribute to the great Swedish film auteur is part of the worldwide celebration of his jubilee.

A screening program featuring Persona (1966), The Seventh Seal (1957), Summer with Monica (1953), Bergman Island (2004), a documentary by Marie Nyreröd, and Ingmar Bergman 100 (an interactive film installation by the Swedish Institute featuring 32 rarely seen clips, interviews, behind-the-scenes clips, book quotations).

Eminent personalities from the fields of cinema, academia, philosophy and psychiatry attempt to highlight aspects of the work and personality of a filmmaker who asked hard questions about the world, the self and the others, god and death.

The Ingmar Bergman 100, by the Swedish Institute, will be screened at 11.00 and 16.00 on each of the two tribute days.

SATURDAY 24/11

12.00 Maria Paradeisi: Bergman in the History of Cinema

The lecture delineates the personal style that established Bergman as a world-class auteur, with references to his multiple capacities and working methods, his well-defined subject matter and the evolution of his aesthetics over time.

Film historian Maria Paradeisi is an associate professor at the Department of Communication, Media and Culture of Panteion University; her subjects include film history, film theory, and an introduction to the scientific analysis of films.

12.20 Film screening: Persona

SUNDAY 25/11

12.00 Film screening: The Seventh Seal

13.40 Christos Marsellos: MEMENTO MORI

Open questions inspired by The Seventh Seal. An attempt to approach a film that trains its lens on the deepest human agony. With this film, Bergman overcame his own death anxiety by conjuring an imaginary Middle Ages, possessing the potential to rattle the foundations of all certitudes, but also containing the seed of hope.

Christos Marsellos was born in Athens. He studied philosophy in Athens and Paris. He has authored many publications and participated in many conferences; he has also translated modern and contemporary philosophical works. His latest book: Bergman, After the Rehearsal (Greek translation), Perispomeni Publications, Athens 2018. He lives and works as a translator in Athens and Paris.

17.20 Film screening: Bergman Island

Q&A with Eva Stefani

17.20 Film screening: Summer with Monika

SATURDAY 24/11

17.00 Eva Stefani: Bergman and the Self

Thoughts on watching the documentary Bergman Island. Bergman directs himself, and viewers are invited to rediscover him.

Eva Stefani is assistant professor at the Faculty of Theater Studies, University of Athens; she has directed the documentary films: Athene, 1995; Letters from Albatross, 1995; Visits to E.C. Gourgas, 1998, Acropolis, 2001; Abraham and Jacob, 2002, The Box, 2004; I Adhea, Housemates, What Time is It, 2007.

17.20 Film screening: Bergman Island

Q&A with Eva Stefani

17.20 Film screening: Bergman Island

12.20 Film screening: Persona

Ilias Vlachos: Persona, a Cry in Silence

A psychiatric lecture inspired by Bergman’s inaccessible – and therefore open to a wealth of interpretations – film that hovers between a psychological thriller, a poetic allegory and an existential drama about the limits of the self. An attempt to look behind the theatrical mask, or the Persona, which Carl Jung defined as the social side of each individual.

Ilias Vlachos is a psychiatrist-therapist, PhD, School of Medicine, National and Kapodistrian University of Athens. In addition to his medical degree, he has studied the German language and literature, and writes theater criticism.

17.00 Lucas Katsikas: Ingmar, the person, behind Bergman, the artist

Impressions and thoughts inspired by an exclusive visit to the place and the house where the filmmaker lived. Accounts by people who knew him, anecdotes, personal observations and photographs of his home, in an attempt to discover the person behind the great artist.

Since 1996, Loukas Katsikas has served as editor and later editor-in-chief and director of Cinema magazine. Since 2016, he has been the Artistic Director of the Athens International Film Festival and the Athens Open Air Film Festival.

17.20 Film screening: Summer with Monika
The series of lectures on Modern-Greek poetry continues at SNFCC in November. Emmanouela Kantzia, PhD in Comparative Literature, invites us to a unique journey into the lives and works of three major Modern Greek poets who converse with ancient Greek tradition. The second lecture is entitled Cavafy reading Plutarch.

C.P. Cavafy (1863–1933), a historical and erotic poet, often set his poems in the Hellenistic period. The material and poetic stimulus are often provided by Plutarch. The Alexandrian poet was especially fascinated by the Lives of Antony and Demetrius, details of which frequently form the basis of his poems (“Kaisarion,” “Alexandrian Kings,” “The God Abandons Antony,” “King Demetrius”). In an ongoing conversation with Plutarch, he satirizes human weaknesses, observes the spectacle of everyday life, and studies death.

Forthcoming lecture:
Friday 21/12
Seferis’s black Eumenides Poems

Following the scientific conference “All about the Marathon”, organized over the past two years, this year Stavros Niarchos Foundation Cultural Center (SNFCC) organizes a two day scientific conference titled: “Sports Excellence: Endurance Sports Conference.”

Prestigious Greek and foreign speakers, academics as well as distinguished coaches and athletes will talk on topics such as:

- Applied Sports Medicine in Endurance Sports
- Aerobic Training for Endurance Sports
- Team Sports Specific Endurance Training
- Training intensity testing and recording for endurance athletes
- Use of Wearable Sensor Technology in sport performance monitoring and optimization
- Sports in Ancient Greece
- The scientific basis of training for a Sub2 marathon
- Holistic Approach for Olympic athletes

Apart from the talks, scientific workshops of special interest will be organized by the Sub2 team.

The event is under the scientific supervision of the Sports Excellence of the 1st Orthopedic Clinic of the University of Athens, in collaboration with “Regeneration & Progress NGR”. “Sports Excellence” Unit is supported by the Stavros Niarchos Foundation, through the Foundation’s grants in Health and Sports, and is implemented by the non-profit organization “Regeneration & Progress” under the scientific supervision of the 1st Orthopedic Clinic of the University of Athens.

The full program and electronic preregistration links to workshops are available on SNFCC.org

At SNFCC through Your Lens! Photography Exhibition

To mark two years from its first day of operation, the Stavros Niarchos Foundation Cultural Center presents a large-scale group photography exhibition sprawling over 400m on SNFCC’s perimeter.

Taken by amateurs and professionals alike, these photographs capture moments in the life of SNFCC, every season of the year and in different parts of the Park and the building complex.

The photographs on display have been selected by a jury composed of: Gabriella Triantafyllis, Programming and Production Director, SNFCC, Yiorgis Yerolymbos, Architect – Photographer; Manolis Moresopoulos, Director, Athens Photo Festival; Harris Pressos, Visual Artist – Professor, Faculty of Applied Arts & Culture, University of West Attica.

Designed and organized in collaboration with New York-based United Photo Industries (The Fence public photography installations), the exhibition is realized thanks to an exclusive grant by the Stavros Niarchos Foundation.

Admission is free.
Activities

SNFCC Running Team
p. 15

Team Playing (Football Skills)
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Running Races: 5K, 2K race walking, Little Kids
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Cycling classes for children and adults
p. 16

Yoga in the park
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I’ve got a great idea!
p. 24
**SPORST & WELLNESS**

**REGENERATION & PROGRESS**

**RUNNING TRACK**

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<th>Monday 05, 12, 19, 24/11</th>
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**Fitness for Everyone**

Experienced physical education teachers are available at the outdoor gym and the running track daily to offer training recommendations tailored to your personal fitness level. Personalized programs include aerobic exercises, muscle enhancement, flexibility exercises and rehabilitation for adults.

**Design-Implementation:** Regeneration & Progress

**Advanced Mat Pilates**

A dynamic Pilates course for advanced students that emphasizes flow and rapid change of positions. This practice strengthens the muscles, enhancing the body's resilience.

Practitioners must wear comfortable clothing and bring their own Pilates mat.

**Design-Implementation:** Regeneration & Progress

**Yoga in the Park**

With yoga you align your body and spirit, through gentle practice involving breathing, asana postures and relaxation, in order to control your breathing and relax your mind, while gaining strength and improving flexibility.

**Design-Implementation:** Regeneration & Progress

**Sports for Seniors**

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments. Sports Excellence (sports excellence.gr) staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises; psychological support will be offered regularly. Each participant’s weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

**Design-Implementation:** Kalamaki Yacht Club

**Qigong 50+**

Qigong is an age-old Chinese well-being practice, suitable for all fitness levels. This program is designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

**Design-Implementation:** Regeneration & Progress

**Mat Pilates**

A creative way to keep in shape focusing on strengthening the body’s core, which helps us to maintain correct body posture and improves flexibility and balance. Pilates exercises help improve mood and eliminate stress. Suitable for men and women of all ages and levels. Pilates takes place on a mat.

Practitioners must wear comfortable clothing and bring their own Pilates mat.

**Design-Implementation:** Regeneration & Progress

**Tai-Chi**

An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels.

**Design-Implementation:** Regeneration & Progress

**Activities for Adults**

**SNFCC Running Team**

Fans of running join forces in a team that trains every Saturday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and group support.

**Design-Implementation:** Regeneration & Progress

**Sailing the Canal**

The Kalamaki Yacht Club presents a series of interactive sailing events on different types of boats in the Canal as well as on shore, featuring innovative educational activities for children and adults.

**Design-Implementation:** Kalamaki Yacht Club

If you are taking part in a daytime outdoor activity, we encourage you to wear a hat and bring insect repellent with you.

**Activities for Adults**
Activities for Adults

Cycling classes for children and adults
Trainers introduce children to simple techniques that enable them to enjoy cycling without training wheels and help those who already know how to ride to improve their skills.

Special classes for adults who don’t know how to ride — but always wanted to learn how — will be available.

First-aid Course
Learn how to provide an emergency first-aid response to heart-attack and drowning incidents and how to use an Automated External Defibrillator in a non-accredited training course. Participants will moreover get hands-on experience in using specifically designed models/profoms.

Pétanque
Though relatively unknown, pétanque is a sport that combines aiming accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to gel as close as possible to a target, by throwing boules.

Kayaking the Canal
This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know SNFCC!
Participants are advised to bring a change of clothes.

Cycling classes for children and adults
Trainees introduce children to simple techniques that enable them to enjoy cycling without training wheels and help those who already know how to ride to improve their skills.

Special classes for adults who don’t know how to ride — but always wanted to learn how — will be available.

Design-Implementation: MBike

Running Races: 5K, 2K, Race Walking, 800m Kids
A 5K race for running fans around the Park. Alternatively, there will be a 2K walking race as well as an 800m running race for children (age 6–12). During race walking, participants will enjoy the most scenic spots around the Park.

Design-Implementation: Regeneration & Progress

First-aid Course
Learn how to provide an emergency first-aid response to heart-attack and drowning incidents and how to use an Automated External Defibrillator in a non-accredited training course. Participants will moreover get hands-on experience in using specifically designed models/profoms.

Design-Implementation: Regeneration & Progress

Talking about the Park’s Plants: The Olive Tree and Olive Oil
Surrounded by the Park’s olive groves during harvest season, we talk about the olive tree — the iconic plant of the Greek and Mediterranean flora. We learn about the history, uses, and nutritional value of the olive tree and olive oil, about the soil and how to manage it in an environmentally friendly manner; finally, we explore the microcosm of friends and enemies that surrounds it and receive tips on cultivation.

The Greenfingers
Participants learn everything they need to take good care of their plants. Engaging with gardening contributes to mental balance and well-being, in addition to raising environmental awareness.

November topics include: designing and building a miniature garden, drying and arranging flowers and foliage, seeding vegetables and ornamental plants, grafted and non-grafted seedlings.

Design-Implementation:
Stamatis Kavassilis, Agronomist – Soil Specialist
Stavroula Katsoyanni, Agronomist – Landscape Architect

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Design-Implementation:
Panagiotis Papadopoulos, Agronomist MSc – Med culture

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Design-Implementation:
Stamatis Kavassilis, Agronomist – Soil Specialist
Stavroula Katsoyanni, Agronomist – Landscape Architect
Activities for Adults

**TECHNOLOGY**

**Monday - Friday**
11:00 - 12:00
12:30 - 13:30
14:00 - 15:00
(PC Lab)

**Monday 05, 12, 19, 24/11**
18:30 - 20:30
(PC Lab)

**Sunday 04, 11/11**
17:00 - 20:00
(Kids Lab)

**Sunday 04, 11, 18, 25/11**
11:00 - 14:00
(Kids Lab)

**Sunday 11/11**
18:00 - 19:00
(Kids Lab)

**Sunday 11/11**
17:00 - 18:00
(Kids Lab)

**Monday-Friday**
11:00 - 12:00
12:30 - 13:30
14:00 - 15:00
(PC Lab)

**Computer Courses for People 65+**

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing—skills that will enable them to carry out everyday tasks.

*Using simple and practical learning steps, this course is geared towards novice users aged 65+ as well as everyone wishing to gain a basic mastery of the subject.

**NEW TECHNOLOGIES & CHILDREN**

This program educates parents and teachers on ways technology can become beneficial for children and discusses security and safety risks. It also introduces online platforms that can safely be used by the little web explorers!

**Upcycling Carpets: Making a Loom**

Traditional rural communities transformed useless materials into elegant handicrafts. The modern creative recycling movement known as "upcycling" brings back to life this beneficial practice in decorative arts.

In these workshops, traditional handicraft techniques are revisited, adding new use and value to old artifacts (textile, carpet, knitting, weaving, macramé, basketmaking, and more).

This month, participants make an improvised loom using recyclable materials and weave original knitter using two different techniques.

**Design-Implementation**: Way Young Contemporary Art (FYCA)

**Introduction to Soap Making**

The workshop covers the main principles and steps in the preparation of natural, homemade soap, the use of essential oils and other additives, and presents the basic equipment and safety measures. Participants make their own soap and learn how to deal with common problems.

**Design-Implementation**: Stamatis Kavassilis, Agronomist – Soil Specialist
Stavroula Katsoyanni, Agronomist – Landscape Architect
Stamatia Kavalsis, Agronomist – Soil Specialist

**Man is the Measure of All Things**

November’s workshop studies the magical proportions of the human body; participants will produce a 3D model of a human figure, using wooden straws. With references to Leonardo da Vinci’s oeuvre, and Renaissance anatomy in general, as well as to Antony Gormley and the lung sculptural tradition of armature, participants will design and re-arrange the individual pieces into a 3D sculptural assemblage—a model of the human figure.

**Design-Implementation**: Theodore Zafeiropoulos, Artist
Elisavet Chelidoni, Artist-Special Education Teacher

**We Create Art All Together:**

A creative activity program for seniors 65+ Drama games, improvisation techniques, music and dancing exercises, increase the participants’ creative expression potential in the conducive environment of Stavros Niarchos Park. Each session focuses on a different topic:

**07/11 Humans and Nature**

In this session, participants will explore the changes that have occurred in the environment, in terms of both their own daily lives and the global context. An urban picnic in the Park, an outdoor creative event set in a green space in the heart of a large modern city.

**14/11 Our Neighborhood**

In this session, which starts from the Labyrinth and ends at the lighthouse, participants remember their childhood neighborhoods. Each story will inspire a brief reenactment by the participants, in which participants take turns as narrators in their own stories and as characters in the stories of others.

**Design-Implementation**: Vicky Kyriakoulaki, Actor – Film director
Anastasia Stylianidi, Actor

**INTRODUCTION TO SOAP MAKING**

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**Design-Implementation**: Vicky Kyriakoulaki, Actor – Film director
Anastasia Stylianidi, Actor

**Ebru Lab:**

Painting on Water

Ebru is the Oriental art of marbling. Ebru means "water surface." Participants will create colorful patterns on water and experiment in paper marbling. They will then print those patterns on a colorful card and envelopes to make cards and bookmarks.

**Design-Implementation**: Katerina Momitsa, Artist

**Activities for Adults**

**Ebru Lab:**

Painting on Water

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**Design-Implementation**: Katerina Momitsa, Artist
**SPORTS & WELLNESS**

**Fun Sports Games in the Park**

German football and a basketball shootaround await children in the new outdoor game area at Stavros Niarchos Park.

**Developing Young Athletes**

Structured athletic programs benefiting from the equipment and guidance of experienced physical education teachers in accordance with the scientific advice of Sports Excellence. This program seeks to encourage young children to practice sport, and to foster a sporting culture.

**Team Playing (Football Skills)**

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

**Street Soccer 5x5**

Free football match events suitable for school-age children (6 - 12) in five-member teams.

**Artistic Gymnastics**

Doing somersaults, running, and turning all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, children get to know their bodies and their potential.

**Family Games**

An entertaining activity that’s all the rage, with games specially designed for both young and old. Parents are encouraged to play and collaborate with their children in the Park, sharing educational stimuli and developing their imagination.

**Group Missions**

Children learn the value of cooperation by building teams that aim to complete a unique mission. To achieve this, they need to show trust and harmony each team member’s capabilities. Through non-competitive games, communication, and team exploration, kids will realize that joy lies not only in the victory itself.

**Kids Yoga**

A child-centered, play-based approach, focusing, not on perfect execution, but on teaching children how to control their bodies, breathing and thinking, and how to relax even as they gain strength, flexibility and self-confidence.

**Are you aware of your own skills?**

Walk, run, fall, get up, jump, throw… simple, everyday movements form the basis for developing children’s kinetic skills. In this program, preschoolers explore their skills and become familiar with their bodies.

If you are taking part in a daytime outdoor activity, we encourage you to wear a hat and bring insect repellent with you.
**SPORTS & WELLNESS**

**Sailing the Canal**

The Kalamaki Yacht Club presents a series of interactive sailing events on different types of boats in the Canal as well as on shore, featuring innovative educational activities for children and adults.

**Design-Implementation:** Kalamaki Yacht Club

**Sports Games**

A recreational activity for children and teenagers in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.  

**Design-Implementation:** Regeneration & Progress

**Roller Skates for Kids**

Recreation, exercise, or transport? Skate is all these things at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.  

**Design-Implementation:** Fundamentals of the Academy of Yaroos Kapsandis, certified instructor (ICP levels 1, 2, 3)

**Kayaking the Canal**

This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC’s open water destinations.

**Design-Implementation:** Regeneration & Progress

**Running Races: 5K, 2K race walking, 800m Kids**

A 5K race for fans of running around the Park. There will also be a 2K walking race as well as an 800m running race for children (age 6–12). During race walking, participants will enjoy the most scenic spots around the Park.  

**Design-Implementation:** Regeneration & Progress

**BMX Lessons at SNFCC**

"Should I remove my pegs? Should I ride brakeless? Why ride to get 19" or 21" tires? One brake or two?"  

Join us and have all your questions answered. Find out all about BMX bikes and the best bike for the perfect BMX rider tips on correct body posture and how to set up your bike according to your level. And enjoy new and old tricks while we’re at it.  

All BMX bike classes will be available to compare and find out which particular one suits you best. Participants may bring their own BMX bikes.

**Design-Implementation:** Mbike along with trainers Yorgos Kikos and Christos Kalamis

**Four Seasons at SNFCC: Exploring the Garden**

Revolving around the open-air, sunny Mediterranean Garden, this environmental education program is structured into three sections (exploration, resolution and storytelling), featuring activities that encourage children to explore, solve problems and tell stories, discovering the flora of the Park in each season, familiarizing themselves with the arts of animation, illustration and scriptwriting, and creating a short film.  

**Design-Implementation:** Polyeco Contemporary Art Initiative (PCEA)

**NATURE**

**Sightseeing tour**

In November, the Park takes a deep breath after a hot and dry summer. Fruits are ripe, leaves turn colors, scents intensify, and the soft soil eagerly awaits to receive new seeds.  

The Park’s Little Gardeners discover the value of cereals, they sow wheat, barley, oats, they make flour, taste the season’s vegetables and take care of the vegetable garden in an exciting journey of exploration and discovery.  

**Design-Implementation:** Stereida Kalpapou, Agronomist – Landscape Architect  
Stavroula Katsoyanni, Agronomist – Soil Specialist

**A Robot in the Park**

Programming a little Bee-Bot robot, children step into the world of education robotics, learning to think in terms of algorithms and work in teams. On specially designed tracks, they hone their orientation skills and look for shortcuts and ways to avoid obstacles in order to reach their destinations.  

**Design-Implementation:** STEM

**The Park’s Little Gardeners**

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**The Park’s Little Gardeners**

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The Park’s Little Gardeners discover the value of cereals, they sow wheat, barley, oats, they make flour, taste the season’s vegetables and take care of the vegetable garden in an exciting journey of exploration and discovery.  

**Design-Implementation:** Stereida Kalpapou, Agronomist – Landscape Architect  
Stavroula Katsoyanni, Agronomist – Soil Specialist
ARTS & CRAFTS

Thursday 01, 09, 10, 23, 29/11
18.00-18.45
19.00-19.45
KIDS LAB

For children aged 1-3
and their parents
(up to 10 babies and 10
caregivers per session by pre-reg-
istration at SNFCC.org)

Saturday 03 & 17/11
17.00-18.00
18.00-19.00
KIDS LAB

For children aged 1-3
and their parents
(up to 10 babies and 10
caregivers per session by pre-reg-
istration at SNFCC.org)

Friday 09 & 22/11
17.00-18.00
18.00-19.00
19.00-20.00
KIDS LAB

For children of all ages
and their parents
(up to 15 participations
per lab)

Tuesday 06, 13, 20/11
17.00-18.00 | For 6- to
12-month-old babies
18.00-19.00 | For 12 to
24-month-old babies
19.00-20.00
KIDS LAB

(up to 10 babies and 10
parents per session by pre-
registration at SNFCC.org)

The "Recycling Lady" arrives at SNFCC, inviting young children to play with a variety of toys from recyclable materials. A workshop of sensory and visual education featuring plenty of music, mime, dancing and creativity, where sensory and visual education featuring plenty from recyclable materials. A workshop of young children to play with a variety of toys that stimulate abstract thinking, games that improve coarse and fine motor skills, and exploratory play are some of the ways we will experiment in a workshop aimed at infant interaction and socialization.

Design-Implementation: Christina Meimaridi, Museum Educator

Irene Persidou, Art Historian, Educational Entertainer

The "Recycling Lady" arrives at SNFCC, inviting young children to play with a variety of toys from recyclable materials. A workshop of sensory and visual education featuring plenty of music, mime, dancing and creativity, where sensory and visual education featuring plenty from recyclable materials. A workshop of young children to play with a variety of toys that stimulate abstract thinking, games that improve coarse and fine motor skills, and exploratory play are some of the ways we will experiment in a workshop aimed at infant interaction and socialization.

Design-Implementation: Christina Meimaridi, Museum Educator

Irene Persidou, Art Historian, Educational Entertainer

See Paper Differently

Ready! Steady! Recycle!

Mistake Labs:

The "Recycling Lady" arrives at SNFCC, inviting young children to play with a variety of toys from recyclable materials. A workshop of sensory and visual education featuring plenty of music, mime, dancing and creativity, where sensory and visual education featuring plenty from recyclable materials. A workshop of young children to play with a variety of toys that stimulate abstract thinking, games that improve coarse and fine motor skills, and exploratory play are some of the ways we will experiment in a workshop aimed at infant interaction and socialization.

Design-Implementation: Christina Meimaridi, Museum Educator

Irene Persidou, Art Historian, Educational Entertainer

I've Got a Great Idea!

Natural materials, colors, fabrics and multifunctional objects become invaluable companions in early childhood travels. Existing music, sounds and light that stimulate abstract thinking, games that improve course and fine motor skills, and exploratory play are some of the ways we will experiment in a workshop aimed at infant interaction and socialization.

Participants should wear comfortable clothes and bring a change of clothes with them.

Design-Implementation: Christina Meimaridi, Museum Educator

A workshop series for video-art

A Month of Video Art Labs

A workshop aimed to acquaint adolescents with the cinema and the language of editing, featuring a historical overview of the medium, with examples of how visual artists ranging from Maya Deren to Tony Oursler have used video techniques including cutting on action, split screen and jump cuts. The role of sound and the use of found footage and voice-over will also be considered. Moreover, we discuss how to post this creative activity on social media (Instagram, Facebook, etc.). The ultimate goal of this workshop is to produce a road movie filmed in the SNFCC complex.

Required equipment: a video-capable digital camera

Design-Implementation: Very Young Contemporary Art (VYCA) in collaboration with visual artist Fiona Calder

Home-made Percussion

Circle:

Bring your own improvised percussion from home

Parents, grandparents and children join in an imaginative and creative music partnership that refreshes their communication. Families bring along cherished or ordinary objects to tell a story through rhythm and get to know each other anew, in an environment of familiar or excitingly new sounds.

Design-Implementation: GUGUINDO LAB

Man is the Measure of All Things

November’s workshop studies the magical proportions of the human body, participants will produce a 3D model of a human figure, using wooden straws. With references to Leonardo da Vinci’s oeuvre, and Renaissance anatomy in general, as well as to Antony Gormley and the long sculptural tradition of ornament, participants will design and re-arrange the individual pieces into a 3D sculptural assemblage – a model of the human figure.

Design-Implementation: Theodore Zafeiropoulos, Artist

Elisavet Chelidoni, Artist-Special Education Teacher

Theodore Zafeiropoulos, Artist

We Create Art

All Together:

Man is the Measure of All Things

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Design-Implementation: Theodore Zafeiropoulos, Artist

Elisavet Chelidoni, Artist-Special Education Teacher

Theodore Zafeiropoulos, Artist
Pyotr Ilyich Tchaikovsky
Swan Lake
Ballet
The first choreography of the Greek National Opera’s new Ballet Director, Konstantinos Rigas, constitutes a new reading of the most famous ballet of all times. Tchaikovsky’s Swan Lake throughout the ages captures and moves the audiences while being the utmost career challenge for professional dancers, since the virtuosity and lyricism demanded for its comprehensive interpretation are almost beyond human limits. At the same time, it is an autonomous music work of great interpretative demands.
Conductor: Elias Vassiliou
Choreography-directors: Konstantinos Rigas with references to the choreographies of Petipa and Ivanov.
With the GNO Orchestra, Principal dancers, Soloists, Dance Soloists and Corps de Ballet.

Leos Janácek
Jenufa
Opera
In co-production with Stavros Niarchos Foundation Cultural Center.
Hans Christian Andersen’s fairy tale about the princess who was sensitive enough to be disturbed by a pea hidden underneath a huge pile of mattresses, inspired Austrian composer Ernst Toch to create an opera for children, first presented in 1927. The enchanting opera was an immediate success and it has ever since been integrated into the repertoire of most opera houses worldwide. Aprodota Papadaskali attempts to visualise Toch’s music with the aim of creatively communicating it to children’s audiences.
Conductor-translation: Nicolas Vassiliou
Director-choreography: Aprodota Papadaskali

Ernst Toch
The princess and the pea
Opera for children

Jenufa Cycle / 20th Century Cycle
The Greek National Opera starts the season with the national premiere of one of the most important lyric works of the 20th century, Czech composer Leos Janácek’s opera Jenufa. It tells the grim story of an infanticide in the Moravian country during the 19th century: a stepmother kills the newborn baby of her stepdaughter thinking that this way she can help her be happy. Jenufa will be directed by German director Nicola Raab, one of the most important opera directors in Europe; she is internationally acclaimed for the special sensitivity of her readings and her insistence on the dreamlike visualization of the works she directs.
Conductor: Lukas Krayenkov
Director: Nicola Raab
With the GNO Orchestra, Chorus and Soloists.

Lena Platonos
The emperor’s nightingale
Opera for children and youth

The musical fairy tale of the great Lena Platonos, the emperor’s nightingale, a work that “has never been presented live, due to its technical difficulties and operatic structure”, as she herself has mentioned, will be presented by the Alternative Stage of the Greek National Opera as its main opera production for children and youth, for 30 performances. It is an impressive production combining opera with animation. A collaboration with the Animasyros festival!
Libretto: Giorgos Voulidakis
Director: Katerina Petsatodi
Animation: Enis Vavili

Udo Zimmermann
Weisse Rose
Contemporary repertoire opera
The famous opera Weisse Rose (1986) by the great German composer Udo Zimmermann receives its first Greek premiere at the GNO Alternative Stage, conducted by Nicolas Vassiliou and directed by Themis Glynatsis, one of the most outstanding directors of his generation. Zimmermann creates a musical theatre work, where historical re-enactment gives place to a heart-wrenching, deeply personal exploration of morality, death and political responsibility.
Conductor: Nicolas Vassiliou
Director: Themis Glynatsis

2018 GNO Alternative Stage Piano Festival
Piano & Jazz
A collaboration with the Thessaloniki Piano Festival
For a second year, the GNO Alternative Stage Piano Festival, in collaboration with the Thessaloniki Piano Festival, revisits a frame that has determined the course of “the king of instruments” over the 20th century: Piano & Jazz. The Festival’s inclusive programme comprises five recitals by outstanding soloists with an international career and two major concerts dedicated to the top jazz composer, George Gershwin. The Festival’s parallel actions include a three-day masterclass with members of the Pandeasmonium ensemble, afternoon concerts of up-and-coming soloists, as well as concerts of young artists that have been selected through auditions.

Francis Poulenc
La voix humaine
One-act opera based upon Jean Cocteau’s monologue of the same title
A monologue about betrayed love and the absolute loneliness beyond gender, age and time. Elena Kelessidi, after the three hundred years of solitude, plays Emilia Marty in Leos Janácek’s opera Vec Makropulos, which is called upon this year to live the last forty minutes of a relationship and maybe of a life…
Libretto: Giorgos Voulidakis
Director: Katerina Petsatodi
Animation: Enis Vavili

For more information regarding Greek National Opera events and tickets please visit www.nationalopera.gr/en
GNO LEARNING & PARTICIPATION

From Athens to Papua New Guinea, from Kenya to Ukraine and from Slovakia to Tanzania, people from all four corners of the earth unite their voices, become one and sing songs straight from their hearts. This is the power of the GNO Alternative Stage’s Intercultural Choir which continues its multicultural journey through the world’s neighbourhoods. In the third year since its creation, the Intercultural Choir continues its multicultural journey through the world’s neighbourhoods. In the third year since its creation, the Intercultural Choir serves as a focal point for getting together and accepting diversity.

Choir leader: Vassula Delli

Information/Registration: education@nationalopera.gr

213 088 5752

Intercultural Orchestra

The four-day workshop titled Piano in Jazz: Accompaniment and Improvisation is organized in collaboration with the outstanding pianist Spyros Manesis. The workshop targets jazz students and professional musicians who are interested in getting to know piano as a jazz instrument. The role of piano in jazz, improvisation and issues of technique are some of the basic aspects on which the seminar will focus. At the same time, an attempt will be made to get acquainted with the mainstream trends in jazz, with emphasis placed on its aesthetical aspect.

Orchestra leader: Harris Laskobros

Information/Registration: education@nationalopera.gr

213 088 5755

Visualizing Sound

In the Visualizing Sound movement workshop, people with or without sensory disabilities interact, express themselves, and use exclusively their body to produce music. This is body music, the most ancient form of music; a form of expression that combines rhythm, movement and music allowing the participants to live an unprecedented musical experience.

Design-implementation: Yiota Peklari (dancer, choreographer, dance teacher) in collaboration with Eva Karteros (dancer, educator and Vicky Stavrida) (choreos, dancer)

Special collaborator: Thanos Daskalopoulos (body musician)

Information/Registration: education@nationalopera.gr

213 088 5753

Movement workshop for a mixed group of people with or without sensory disabilities

SHARE YOUR STORY AT THE NATIONAL LIBRARY OF GREECE

The National Library of Greece and the Music Library of Greece “Lilian Voudouri” – The Friends of Music Society in response to the owners who are in possession of a related memento and want to share their story. Items will be received, digitized and then handed over to the owner on the ground floor of the National Library of Greece. At the same time, the owners will have the opportunity to share their own personal story about migration. The digitized content, as well as the personal stories, will be uploaded to the Europeana platform, making them visible and accessible to everyone.

For more information on the full programme, please visit www.nlg.gr

International Conference

“The Birth of Contemporary Europe: World War I, Music and the Arts” 09-11/11/2018

Within the framework of the European Year of Cultural Heritage 2018, the National Library of Greece in collaboration with the Directorate of Intangible Cultural Heritage of the Hellenic Ministry of Culture and Sports, the National and Kapodistrian University of Athens, the National Historical Museum, the Music Library of Greece “Lilian Voudouri” – The Friends of Music Society and Megaron, The Athens Concert Hall are co-hosting the three-day International Conference on “The Birth of Contemporary Europe: World War I, Music and the Arts”, where artistic and cultural issues will be explored, focusing on music and the arts, during and after the First World War.

Official language of the conference will be English.

For more information on the full programme, please visit www.nlg.gr
Guided Tours

Want to know more about SNFCC? We offer daily guided tours of its award-winning building complex, home to the new premises of the Greek National Opera (NGO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera’s Alternative Stage, and stroll through the Library’s Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park, which recently won the first prize at the European Garden Awards and is the largest public Mediterranean garden in the world, are conducted daily. An example of state-of-the-art landscape architecture, the city’s new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, is open for visits daily.

- To find out more information, see the guided tours schedule and pre-register, please visit SNFCC.org/events.
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Pets are welcome at all SNFCC’s outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.
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- Wi-Fi Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.
- Free digital access to newspapers Visitors can enjoy free access to over 5,000 newspapers and magazines in 50 different languages in digital form on pressreader.com.
- Photography Photography on SNFCC premises is permitted exclusively for private use. For any commercial/press request, please email us at info@snfcc.org. Use of drones is prohibited for any purpose.
- ATM ATMs of Piraeus Bank and National Bank of Greece operate in SNFCC reception area.

Practical Info

- Winter opening hours
  - Stavros Niarchos Park: 06:00 - 20:00 Monday - Thursday 06:00 - 22:00 Friday & Weekends
  - Agora, Lighthouse: 06:00 - 00:00
  - Visitors Center: 09:00 - 22:00
- Admission
  Admission to all events is free of charge thanks to an exclusive grant from the Stavros Niarchos Foundation. For participation in workshops, 30’ waiting time is necessary, while for some of the events, due to limited seating, a pre-registration at snfcc.org/events is required.
- Accessibility
  - The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
  - All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
  - SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
  - Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
  - Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
  - Guide dogs and hearing dogs are welcome in all SNFCC areas.
- Pets
  Pets are welcome at all SNFCC’s outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.
- First-Aid
  First-Aid and medical facilities staffed by health professionals are available for use by visitors on the premises.
- Food & Drink
  Four food & drink service points are in operation in SNFCC.
  - Agora Bistro (Agora) Monday-Sunday 09:00-00:00
  - Canal Café (Visitors Center) Sunday-Thursday 09:00 - 23:00 Friday & Saturday 09:00 - 00:00
  - Pharos Café (Lighthouse) Monday-Saturday 09:00-00:00  *Operating hours subject to change when the Lighthouse is hosting events

Exhibitions

- Spyros Louis Cup

Conceived and designed by Michel Bérel for the champion of the first Marathon race—the Greek runner Spyros Louis—the Silver Cup was awarded at the first modern Olympic Games in Athens in 1896; today, it is on permanent display at the SNFCC. This historic item was acquired by the Stavros Niarchos Foundation when it became available for sale by the runner’s grandson at Christie’s. As soon as the Cup was acquired, SNF committed to making it accessible to the public, keeping it permanently on display at the SNFCC. Until then, over 3.5 million visitors had already admired the Cup when it was displayed at the Acropolis Museum in Athens and at the Olympic Museum in Lausanne.

Group tours

For more information on group tours please contact us at tours@SNFCC.org.
You can now make payments quickly and easily via credit or debit card at the parking payment stations. Contactless payments are accepted.

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-13.00, the shuttle bus rides only between SNFCC and the Syggrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

SNFCC is not responsible for any modifications on the public transportation's routes.
Exclusive events for SNFCC Members

SNFCC Members enjoy exclusive access to events specially curated for members as a token of SNFCC’s appreciation towards Members.

Talks for Members:

Talks on Greek Gastronomy with chef Gogo Delogiannis
October–December 2018

A journey to the cultural and financial traits of Greek society, over time, demonstrated by the most effective way to communicate, gastronomy.

Monday 12/11
The Greek Breakfast | Pre-registration starts on: 8/11
Monday 26/11
Traditional food preservation methods | Pre-registration starts on: 19/11

19:00–21:00 | BOOK CASTLE
For Members + Guests – up to 150 participations per talk
Design-implementation: Gogo Delogiannis, chef

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers

In collaboration with:

Greek National Opera:

General Rehearsal Swan Lake
Friday 09/11
19:00 | GNO STAVROS NIARCHOS HALL
Reserved seats for Members + Guests – up to 200 participations
Pre-registration starts on: 01/11

GNO Backstage Tour Swan Lake
Sunday 11/11
14:30–15:30 & 16:00–17:00 | GNO LOBBY
Up to 25 participations. Tour for Members only | Pre-registration starts on: 01/11

General Rehearsal Weisse Rose
Friday 02/11
20:30 | GNO ALTERNATIVE STAGE
Reserved seats for Members + Guests – up to 40 participations
Pre-registration starts on: 01/11

With your Membership Card you enjoy a 10% discount in all food and beverage spots, Parking and SNFCC Store!

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers

Workshops for families:

Fall Treasure Hunt
Saturday 03/11
10:00–11:15 & 11.30–12:45 | PINE GROVE
Events for Members only + guests – up to 80 participations (children & parents) per session
Pre-registration starts on: 31/10
Design-Implementation: Regeneration & Progress

Intro to LinkedIn as a tool to find the perfect job
Every Tuesday in November
06/11 | Pre-registration starts on: 02/11
13 & 20/11 | Pre-registration starts on: 08/11
27/11 | Pre-registration starts on: 19/11
18:30–20:30 | PC LAB 2ND FLOOR
For Members only – up to 10 participations per workshop
Design-implementation: Found.ation

Eleanor Friedberger: Rebound
Tuesday 26/11
20:30 | STAVROS NIARCHOS HALL
Reserved seats for Members + Guests – up to 300 participations
Pre-registration starts on: 01/11
More info: p.06

TALKS ON GREEK GASTRONOMY WITH CHEF GOGO DELOGIANNIS
OCTOBER–DECEMBER 2018
A JOURNEY TO THE CULTURAL AND FINANCIAL TRAITS OF GREEK SOCIETY, OVER TIME, DEMONSTRATED BY THE MOST EFFECTIVE WAY TO COMMUNICATE, GASTRONOMY.

MORNING SPORTS ACTIVITIES FOR MEMBERS, EVERY WEDNESDAY

IMPROVING FITNESS
07/11: Aerobic Exercise | Pre-registration starts on: 02/11
14/11: Flexibility | Pre-registration starts on: 08/11
21/11: General strengthening exercises | Pre-registration starts on: 19/11
28/11: Proprioception | Pre-registration starts on: 19/11
08:30–09:45 | RUNNING TRACK
Events for Members only – up to 20 participations per activity | For ages 18-65
Design-implementation: Regeneration & Progress

WORKSHOPS FOR FAMILIES:

FALL TREASURE HUNT
SATURDAY 03/11
10:00–11:15 & 11.30–12:45 | PINE GROVE
EVENTS FOR MEMBERS ONLY + GUESTS – UP TO 80 PARTICIPATIONS (CHILDREN & PARENTS) PER SESSION
PRE-REGISTRATION STARTS ON: 31/10
DESIGN-IMPLEMENTATION: REGENERATION & PROGRESS

INTRO TO LINKEDIN AS A TOOL TO FIND THE PERFECT JOB
EVERY TUESDAY IN NOVEMBER
06/11 | PRE-REGISTRATION STARTS ON: 02/11
13 & 20/11 | PRE-REGISTRATION STARTS ON: 08/11
27/11 | PRE-REGISTRATION STARTS ON: 19/11
18:30–20:30 | PC LAB 2ND FLOOR
FOR MEMBERS ONLY – UP TO 10 PARTICIPATIONS PER WORKSHOP
DESIGN-IMPLEMENTATION: FOUND.ATION

ELEANOR FRIEDBERGER: REBOUND
TUESDAY 26/11
20:30 | STAVROS NIARCHOS HALL
RESERVED SEATS FOR MEMBERS + GUESTS – UP TO 300 PARTICIPATIONS
PRE-REGISTRATION STARTS ON: 01/11
MORE INFO: P.06

WORKSHOPS FOR MEMBERS:

TALKING ABOUT THE PARK’S PLANTS: THE OLIVE TREE AND OLIVE OIL
SUNDAY 11/11
11:00–14:00 | VEGETABLE GARDEN
EVENTS FOR MEMBERS ONLY – UP TO 30 PARTICIPATIONS | PRE-REGISTRATION STARTS ON: 08/11
DESIGN-IMPLEMENTATION: PANAGIOTA PAPADOPOULOU, AGRONOMIST MSc

PRIORITY SEAT RESERVATION FOR MEMBERS:

GENERAL REHEARSAL SWAN LAKE
FRIDAY 09/11
19:00 | GNO STAVROS NIARCHOS HALL
RESERVED SEATS FOR MEMBERS + GUESTS – UP TO 200 PARTICIPATIONS
PRE-REGISTRATION STARTS ON: 01/11

GNO BACKSTAGE TOUR SWAN LAKE
SUNDAY 11/11
14:30–15:30 & 16:00–17:00 | GNO LOBBY
UP TO 25 PARTICIPATIONS. TOUR FOR MEMBERS ONLY | PRE-REGISTRATION STARTS ON: 01/11

GENERAL REHEARSAL WEISSE ROSE
FRIDAY 02/11
20:30 | GNO ALTERNATIVE STAGE
RESERVED SEATS FOR MEMBERS + GUESTS – UP TO 40 PARTICIPATIONS
PRE-REGISTRATION STARTS ON: 01/11

WITH YOUR MEMBERSHIP CARD YOU ENJOY A 10% DISCOUNT IN ALL FOOD AND BEVERAGE SPOTS, PARKING AND SNFCC STORE!
**Sports Excellence:** the month starts with a unique science conference on endurance sports on 01 & 02/11. **Music Escapades** welcome Olga Kouklaki, the Pythia of dark pop electronica, on 11/11. Cavafy meets Plutarch in lecture series **Reflections on an ancient line of verse** on 14/11, and on 07 & 21/11 prof. Andreas Giakoumakatos continues his architecture guided tours, now taking us to Munich and Chicago. **Parabases,** SNFCC’s rehearsed readings enchant us with the magical realism of Gabriel García Márquez, staged by Argyro Chioti, on 18/11 at the Lighthouse. 24 & 25/11: Two days dedicated to **Ingmar Bergman** in celebration of the centennial of his birth. On 25/11, Jazz Baroque project mixes jazz and baroque music in **Jazz Chronicles.** "Make me song. Make me a sound. Vibrate, resonate.” **Eleanor Friedberger**’s dark, weird electropop fills Stavros Niarchos Hall on 26/11. SNFCC Fence photography exhibition transforms the Center’s perimeter. And, of course, the countdown to Christmas begins!