May Day at Stavros Niarchos Park with flower crowns, games and loads of music.

Rue Cavafy
Rue Lepsius.
A journey into the universe of C.P. Cavafy by Nikos Xydakis on 02 and 03/05. Three live concerts by Greek alternative music acts.

Music Escapades on 05, 11 and 29/05.

The Good Soldier Svejk – Osudy dobrého vojáka Svejka za svetové války by Jaroslav Hasek at SNFCC’s Readers Theater on 06/05. I want you to be there at Locomondo’s concert-party at the Great Lawn. Parklife on 26/05.

“I can’t wait to meet you” The universal language of lullabies in Lullaby Project, jointly organized with Carnegie Hall. Twin simultaneous concerts in Athens and New York on 01/06. Summer cinema returns to SNFCC. Park Your Cinema for kids and grownups. And of course, S/U.ss03MM/FESTIV/A.ss12L by SNF 17-24/06!
Summer’s coming and so is Summer Nostos Festival!

Once again, this summer, Summer Nostos Festival will be waiting for residents and visitors from 17 to 24 June, with music, dance, art performances, educational and sporting activities, and contemporary art events, jam-packed in an explosive week.

Organized by the Stavros Niarchos Foundation (SNF), once a year the Summer Nostos Festival returns to the Stavros Niarchos Foundation Cultural Center (SNFCC) – which the SNF has created, with love and conviction, and continues to support as the exclusive donor.

From spectacular mezzo-soprano Joyce DiDonato to the long-awaited comeback of Sterea Nova, from timeless Greek diva Anna Vissi to the legendary John Cale, and from Animal Collective to the stunning Kronos Quartet, SNFCC morphs into a festival cosmos in which everyone can find something right up their alley, have new experiences and bring back cherished summertime memories.

SNF’s 7th International Conference on Philanthropy will also be held at the same time in conjunction with the Festival. Participation in both Summer Nostos Festival and the conference is free. You can find more information at SNFestival.org and at the Festival’s print program.

All of us at SNFCC give our best efforts to prepare the ground for this great summer celebration, setting the tone with concerts by Locomondo, the unique Lullaby Project, which is jointly organized with Carnegie Hall and featuring simultaneous concerts in Athens and New York, plus Music Escapades, SNFCC’s Readers Theater and other events and activities.

Summer Nostos Festival is organized and supported by exclusive grant by SNF, with SNFCC’s collaboration, and hosted at SNFCC.

All SNFCC events listed in this program have been organized by SNF’s exclusive grant.
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May Day at Stavros Niarchos Park

Stavros Niarchos Park is waiting for you on May 1 to celebrate the coming of spring with music, dancing and flower wreaths.

The Swingin’ Cats

The Swingin’ Cats will be there with timeless swing and rock and roll music! Incisive guitar riffs and beats set the rhythm, and brass horns soar in the primal, uplifting shake rhythms.

A dance-inducing music program that revives a wide range of tunes from the Greek and international repertoire in a cinematic set. Music that will take us back to the good old times, with a happy mood to suit this day full of flowers!

The Swingin’ Cats are:

- Evgenia Liakou, vocals
- George Zervos, vocals, electric guitar
- Stathis Paraskveopoulos, contrabass
- George Kouralis, keyboards
- Dimitris Kalonaros, drums
- Dimitris Karagiannis, saxophone
- Vangelis Katsarelis, trumpet

May Flower Wreaths

We design and make traditional May flower wreaths, after taking a walk in Stavros Niarchos Park for colorful inspiration.

Design-Implementation:

Margarita Myrogianni, Artist

Animated May Day Flowers

May is hiding as best he can in the Park, while children and grownups make up teams and devise plans how to find him and offer him his wreath!

Design-Implementation:

Regeneration & Progress

May Facepaint

Children’s faces, filled with spring color, welcome May! Our beloved face painters are once again in Stavros Niarchos Park for May Day to fill children’s faces with color and joy!

Looking for May

May is hiding as best he can in the Park, while children and grownups make up teams and devise plans how to find him and offer him his wreath!

Design-Implementation:

Regeneration & Progress

Circus Dayz

Exciting stilt walkers, jugglers, acrobats and mimes will enchant all ages.

Up to 30 adults per workshop by pre-registration at snfcc.org

Up to 40 participants per 30’ session

Registration starts at 11:00 and 13:00 at the event location.

Up to 20 families per hour by pre-registration at snfcc.org

My Wind Spinner is Blooming!

On May Day, Playroom welcomes children to a transformative workshop! Using recyclable materials, we will make three-dimensional flowers for their wreaths and belts, as well as complete outfits to wear, which will make the Park’s visitors take children for lavender and sage!

Design-Implementation:

Playroom

Up to 60 participants per 30’ session

Registration starts at 11:00 and 13:00 at the event location.

Up to 20 children per hour by pre-registration at snfcc.org

Up to 30 participants per 30’ session

Pre-registration at 11:00 (for the 11:30 and 12:30 workshops) and at 13:00 (for the 13:30 workshop)

Up to 20 children per hour by pre-registration at snfcc.org

For children of all ages and their parents - up to 30 participants per 60’

Pre-registration at 11:00 (for the 11:30 and 12:30 workshops) and at 13:00 (for the 12:30 workshop)

Children of all ages explore and depict shapes, colors and forms, making a colorful wind spinner in full bloom, in this free creative workshop.

Design-Implementation:

Christina Tsimsizeli, Artist

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Locomondo

Saturday 26/05 | 21.00

Wild beats, partying, dancing, singing, beach, summer – these are just a few of the words that spring to mind when listening to Locomondo.

The band will go on stage on the Great Lawn to perform their top hits as well as new songs, bringing the audience together to dance and enjoy the music! Locomondo’s music mix fuses reggae, ska, Latin, rock and Greek traditional sounds, combined with greek-language lyrics by Markos Koumaris, which are loved by young audiences and not so young ones alike. With songs such as “It’s never cold in Greece” and “Magic Carpet”, one thing is for certain – all we can do is keep dancing.

In Locomondo’s own words, “I want you to be there!”

Visitors are advised to bring insect repellent, a mat, blanket, or other similar item for sitting on the ground.

Rue Lepsius
by Nikos Xydakis

C.P. Cavafy - A Musical Portrait
Based on poetry by Dionysis Kapsalis

The songs are performed by baritone
Tasis Christogiannopoulos and Nikos Xydakis.

Narrator: Manos Eleftheriou
Piano – Orchestration: Dimitris Bouzanis

Wednesday 02/05 & Thursday 03/05 | 20.30

Featuring the soloists:
Michalis Porfyris, cello
Alexandros Botinis, cello
Elli Philippou, cello
Myrto Dimitroulopoulou, cello
Angelos Koulouris, double bass
Panos Dimitrakopoulos, qanun
Thomas Konstantinou, oud
Kostas Meratakis, percussion
Nektarios Stamateles, ney
Nabil-George Al Sayegh, egyptian song
Video projection: In Cavafy’s Home by Lizzie Kalligas

The great Greek composer Nikos Xydakis is coming to the Alternative Stage of the Greek National Opera at SNFCC to present Rue Lepsius, a modular cycle of songs and music inspired by the life of Constantine P. Cavafy.

A musical portrait that seeks to evoke the personality of the man and to capture the fascination exerted upon us by the world of his poetry.

The songs illustrate individual episodes and incidents of his life, with references to Istanbul, the streets of Alexandria, his fragile eroticism, the Rue Lepsius home, the hospital in Athens. Cavafian echoes or excerpts from his poems are seamlessly incorporated into the songs.

This is the music of the city in which the poet lived. Of Alexandria. Heard as it echoes from the houses and cafes through the streets, or performed by street musicians.

Free admission with electronic pre-registration at SNFCC.org
Admission is allowed to children over 6 years of age.

Organized by Stavros Niarchos Foundation Cultural Center in collaboration with the Greek National Opera.

Parklife

Parklife outdoor concert series at Stavros Niarchos Park welcomes the summer with a great party, featuring Locomondo.

Visitors are advised to bring insect repellent, a mat, blanket, or other similar item for sitting on the ground.

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Organized by Stavros Niarchos Foundation Cultural Center in collaboration with the Greek National Opera.
In May, Music Escapades continue to explore and highlight the Greek alternative music scene, proposing three different directions.

**Thee Holy Strangers**

Saturday 05/05  21.00

Thee Holy Strangers were formed in late 2013 by well-known artists of the Athenian scene (The Last Drive, Dustbowl, Nighthawk etc), seeking to capture the sounds and images of the city. In their live performances, they pursue the joyful union that only rock and roll can offer, with their own arresting mix – *kozmic swamp music*: dark Americana, soul and urban blues, a soundtrack for a liberating walk in landscapes of the heart and the city.

Having released a 7-inch (*Fiery Road*/Trouble on Trouble) along with the zine Fractal Press, in late 2015 they released their first album to critical acclaim. They are currently preparing new material to perform on stage before taking it into the studio.

**Thee Holy Strangers:**

Alex K. (The Last Drive, ex-The Earthbound), vocals, guitar, harmonica
T-Nick (Dustbowl), guitar
John Hardy (Dustbowl), pedal steel guitar, acoustic guitar
Costas C. a.k.a. Digital Alkemist (Night On Earth, ex-Nighthawk, Bland Sextet), drums
Flora Ioannidi (Ludmilla, ex-Make Believe), vocals
Tassos Paleologou e.a. Virgil Kane (Dream Long Dead, ex-Down ‘n’ Out, 700 Machines), bass

**George Gaudy & Irene Skylakaki**

Friday 11/05  21.00

After many hours talking and exchanging ideas in London, George Gaudy and Irene Skylakaki return to Greece to present their new material in a double-bill concert. Irene Skylakaki will present her third solo album, *Matterless*, with a more prominent electronic element, songs from her two earlier personal albums, *Wrong Direction* and *Before Dawn*, and cover versions of her favorite songs.

With a new sound, signed by British producer Danton Supple (Coldplay, Soulsavers, Ian Brown, Morrissey, Patti Smith, The Doves), Irene returns to Athens, flanked by renowned Greek artists in a unique band.

George Gaudy presents his new EP, *The World (To Me)*/ *The Sunshine Kid*, slated for release in Greece and the U.K. before the SNFCC concert, as well as earlier music, influenced by jazz through to psychedelic rock and from classical to folk music.

**Alex Dante:**

F. Chopin’s *Nocturnes*

Tuesday 29/05  21.00

Music Escapades continue with Alex Dante, a.k.a. Alexander Dandoulakis, who is on a musical mission to develop his solo approach to the electric guitar.

The use of effects and two amplifiers in stereo creates a massive sound field that offers new possibilities for solo guitar. Building around Frédéric Chopin’s *Nocturnes*, as well as pieces by Erik Satie, Sergei Rachmaninov and Wes Montgomery, Alex Dante has redefined his personal sound profile, questioning the existence of discrete music genres.

He has worked with many important Greek and international artists, including Bill Frisell, Monophonics, Allan Zavod (Frank Zappa & the Mothers), Soul Jazz Orchestra, Thievery Corporation, Radio Moscow.
Established in 2008, the Ibero-American Literature Festival in Athens (LEA) promotes intercultural dialogue between the countries of the Iberian Peninsula and Latin America, and Greece, and familiarizes the Greek public with these countries’ literature and arts.

Opening ceremony,
10th LEA Festival
19:00-19:30

The novel is an infinite universe, aspiring (as all novelists do) to embrace everything. Now at least four centuries old, if we consider the appearance of Don Quixote as the definitive recognition of the genre in readers’ awareness, the novel, constantly morphing, is also constantly at the forefront of literary news. Three acclaimed novelists, Héctor Abad Faciolince, Javier Cercas and Rea Galanaki, talk about the art (or rather the arts) of writing a novel in the early 21st century. The discussion is moderated by translator, professor Konstantinos Palaiologos.

Simultaneous interpretation will be provided.

Lullaby Project
In collaboration with Carnegie Hall
Friday 01/06 | 21:00

GNO STAVROS NIARCHOS HALL

Established in 2011 in New York City by Carnegie Hall’s Weill Music Institute, Lullaby Project pairs pregnant women and new mothers with professional artists to write and sing personal lullabies for their babies, supporting maternal health, aiding child development, and strengthening the bond between parent and child. In New York City, the project reaches mothers in hospitals, foster-care settings, homeless shelters, schools, and at Rikers Island Correctional Facility. Extending across the country, the Lullaby Project enables partner organizations to support families in their own communities.

Envisioning music as a means towards social inclusion and cohesion, in 2018 Lullaby Project arrives in Greece and collaborates with El Sistema Greece, a non-profit music education organization for children in vulnerable situations and refugee communities, and harnesses the power of music to foster social inclusion and promote education. Five mothers who live in refugee communities are paired with five composers: They write and sing lullabies in a new common language, resonating with their own traditions.

Seeking to strengthen parent–child bonds, Lullaby Project, in partnership with El Sistema, operates as a unique meeting platform for people regardless of origin, nationality or religion.

The fruits of this unique partnership will be presented on Friday 1 June, with two simultaneous performances taking place at SNFCC in Athens and at the Carnegie Hall in New York, eliminating distance through dialogue.

Once again this year, LEA’s opening takes place at Stavros Niarchos Foundation Cultural Center. Addresses will be made by Petros Markaris, Honorary President, LEA Festival, the Ambassador of Venezuela and Dean of GRULAC’s ambassador group of Latin American and Caribbean countries, the Ambassador of Brazil, also representing Portugal, as well as representatives of the Maria Tsakos Foundation, Cervantes Institute, Albanico, LEA Festival and Athens 2018 International Book Capital.

Free admission by pre-registration at www.snfcc.org
No late seating can be offered at events without intermission.

Stavros Niarchos Foundation Cultural Center, Carnegie Hall and El Sistema Greece jointly produce two simultaneous events in Athens and New York, for the first time in Greece, as part of Lullaby Project.

Under the auspices of the Embassy of Spain, the Embassy of Colombia in Italy and Writers’ Society, and with the support of Acción Cultural Española and the Colombian Honorary Consulate in Athens.

10ο Ibero-American Literature Festival in Athens
In commemoration of the centennial of the end of World War I, SNFCC’s Readers Theater presents a staged adaptation of Jaroslav Hašek’s classic satirical novel The Good Soldier Švejk.

Parabases: SNFCC’s Readers Theater

The Good Soldier Švejk
by Jaroslav Hašek

Performed by Dimitris Piatas

Sunday 06/05 | 20.00

This landmark in Czech literature, and one of the most brilliant satires in the history of world literature, tells the adventures of the simple-minded dog vendor Joseph Švejk, called during World War I to defend the Austro-Hungarian Empire, of which the Czech lands were a part.

Jaroslav Hašek (1883–1923) was drafted into the Austro-Hungarian army, surrendered to the Russians and went on to support the October Revolution, before returning illegally to his country in 1920 to write a novel, left unfinished at his death, which went down in literary history as one of the most subversive anti-war literary works. He composed a sarcastic, relentlessly humorous celebration of humanity, powerless against the absurdity of war.

And this quiet, unassuming, shabbily dressed man is actually the good old soldier Švejk; that heroic, dauntless man who was the talk of all citizens in the Kingdom of Bohemia when they were under Austrian rule, and whose glory will not pass away even now that we have a Republic.

Dramaturg – Director: Efi Theodorou

Dimitris Gogas, trumpet
Christos Yakkas, trombone

No late seating can be offered at events without intermission.

Disrupting Polarization: The Work of the Stavros Niarchos Foundation Agora Institute at Johns Hopkins University

Wednesday 23/06 | 17.30

During the seventh event of the Stavros Niarchos Foundation’s monthly series, DIALOGUES, food connoisseurs will utilize every “ingredient” available, in an enticing discussion on the various emotions brought about by food, but also on the ritual surrounding its preparation, consumption and enjoyment.

Where is the fine line where food stops covering our most basic, everyday needs and becomes a vehicle of communication and inspiration? Renowned chefs and representatives of the food industry will provide answers to questions such as “do we feel full after a meal because of the quantity or the quality of the food? and “does flavor know any boundaries?”

DIALOGUES is a monthly series of events organized by the Stavros Niarchos Foundation, through which the Foundation intends to present individuals, as well as civil society representatives, who inspire through their work, actions and vision, coming from different fields, backgrounds, and countries.

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The SNF Agora Institute workshop will be held as part of the SNF’s monthly series, DIALOGUES

Disrupting Polarization: The Work of the Stavros Niarchos Foundation Agora Institute at Johns Hopkins University

Wednesday 23/06 | 09.00 - 13.00

On June 20th, the Stavros Niarchos Foundation Agora Institute at Johns Hopkins University, in collaboration with the SNF will host a workshop to examine how ideological division and partisanship are pulling at the fabric of democracy around the world. Last summer, the SNF and Johns Hopkins University announced the joint conception of this new $150 million interdisciplinary institute, established to explore ways to reinvigorate civic engagement and civil discourse – the bulwarks of healthy democracy – in the 21st century. The workshop, “Disrupting Polarization” will introduce the type of work the Institute will be undertaking – from exploring the decline of modern dialogue and decision-making, to sharing lessons learned on promoting open discussion to proposing innovative reforms to reverse the corrosive deterioration of norms.

The SNF Agora Institute workshop will be held as part of the SNF’s monthly series, DIALOGUES

Food: need, enjoyment, communication or art?

Wednesday 23/06 | 17.30

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The SNF Agora Institute workshop will be held as part of the SNF’s monthly series, DIALOGUES

The events are open to the public on a registration basis at www.SNF.org.

Furthermore, events are live streamed and are available on demand in both video and podcast format on the SNF’s website.
Gaga is a movement language which Ohad Naharin, one of the most preeminent contemporary choreographers and Artistic Director of the Batsheva Dance Company, developed over the course of many years and which is applied in daily practice and exercises by the Batsheva Dance Company members, the language of Gaga originated from the belief in the healing, dynamic, ever-changing power of movement, and it continues to evolve today.

Gaga is a new way of gaining knowledge and self-awareness through your body. Gaga provides a framework for discovering and strengthening your body and adding flexibility, stamina, and agility while lightening the senses and imagination. Gaga raises awareness of physical weaknesses, awakens numb areas, exposes physical fixations, and offers ways for their elimination. The work improves instinctive movement and connects conscious and unconscious movement, and it allows for an experience of freedom and pleasure in a simple way, in a pleasant space, in comfortable clothes, accompanied by music, each person with himself and others.

Gaga/people classes are open to people ages 16+, regardless of their background in dance or movement. Gaga/people classes last for one hour and are taught by dancers who have worked closely with Ohad Naharin. Teachers guide the participants using a series of evocative instructions that build one on top of the other. Rather than copying a particular movement, each participant in the class actively explores these instructions, discovering how he or she can interpret the information and perform the task at hand. Gaga/people classes offer a creative framework for participants to connect to their bodies and imaginations, increase their physical awareness, improve their flexibility and stamina, and experience the pleasure of movement in a welcoming, accepting atmosphere.

Participants should wear comfortable clothes and be prepared to dance barefoot or in socks. It is advisable to bring a bottle of water and a towel for use after class.

No previous dance experience is needed. Specific number of participants per lesson. Pre-registration at snfcc.org

Social Ballroom Mambo

SNFCC’s Social Ballroom series organizes an evening dedicated to Mambo – the dance style born in Cuba in the late 1940s, which took New York and the world by storm. Brass, percussion, bass and piano combine in music that makes millions of people all around the world get up and dance.

The Mambo evening starts at the Lighthouse, with the experienced Stella Dance Art company in an open class where everyone, regardless of age and level, will have a chance to experience this dance craze and learn the fast and spicy steps. The evening culminates in a big dance party to the sounds of band extraordinaires Loca Latina and DJ Nicos Koronakis – everyone is invited!

All you need is energy, movement and dynamism – in a word: Mambo!

Stella Dance Art company was founded by Stella Koutsoulidou, Greek champion in the Top Ten of Latin dancers at the World Latin Dance Cup. Specializing in Latin dances, she has performed around the world, with seminars and many other distinctions under her belt.
Park Your Cinema open-air screening series at the Stavros Niarchos Cultural Center, returns for the third consecutive summer season, offering viewers opportunities to discover, or enjoy on a big screen, films that have offered indelible moments of fun around the world for decades.

An Affair to Remember (1957)
Monday 28/05 | 21:00

He is on the cusp of getting married; she is committed to a relationship, but not in love. Fate brings them together aboard a transatlantic ocean liner. They vow to reunite six months later on a date at the top of the Empire State Building. Is their love meant to be? Although a remake of 1939 film Love Affair (by the same director!), this version became a huge hit and remains in collective memory as one of Hollywood’s most iconic romantic comedies. It is ranked by the American Film Institute as the fifth Best American Film in the category, just below Casablanca, Gone with the Wind, West Side Story and Holiday in Rome. Nominated for 4 Oscars.

Directed by: Leo McCarey

Sleepless in Seattle (1993)
Friday 01/06 | 21:00

After Chicago-based architect Sam Baldwin loses his wife, he and his eight-year-old son start a new life in Seattle. Seeing his father still grieving, the boy makes him go to a national radio talk show and voice his pain. He is immediately besieged by hundreds of women listeners reaching out to meet him. One of them, a Baltimore journalist who is engaged to marry another man, sends him a letter proposing they meet atop the Empire State Building, inspired by the movie An Affair to Remember. An instant classic, a landmark romantic comedy, nominated for two Oscars.

Directed by: Nora Ephron

Sunday 27/05 | 21:00

Little Nemo has lost his mom but lives happily with his dad and friends in their home in the Great Barrier Reef. Captured by a scuba diver, he ends up in a fish tank in a dentist’s office in Sidney, Australia. Academy Award winner for Best Animated Feature in 2004, the film struck a chord with audiences of all ages, becoming the biggest box-office hit of all time (until then) in the category. Now ranking in the Top 10 of best animated films by the American Film Institute. Let’s not forget, of course, that this is where we first met Dory.

Directed by: Andrew Stanton, Lee Unkrich

Finding Dory (2016)
Saturday 02/06 | 21:00

Little Dory gets separated from her parents as a child, but she has trouble remembering even her own name as she suffers from short-term memory loss. Her quest to find her parents (where they might have been one year before), takes her to meet with old friends and make new ones, who swear never to give up trying to get Dory’s family reunited. Focusing on the memorable supporting character from the original 2003 film, Finding Nemo’s sequel became an even bigger box-office hit for Pixar Studios, which had to count upwards of one billion dollars for a second time, after Toy Story 3 (2010).

Directed by: Andrew Stanton, Angus MacLane

Visitors are advised to bring insect repellent and a mat, blanket, or other similar item for sitting on the ground.
Activities for Adults and Children

- Artistic gymnastics: p.25
- Yoga in the Park: p.20
- Open Air Hoop Dance: p.22
- Family Games: p.25
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**Sports & Wellness**

### Activities for Adults

**Sailing the Canal**
- The Kalamaki Yacht Club presents a series of interactive sailing events on different types of boats, both in the Canal and on shore, featuring innovative educational activities for children and adults.
- In co-operation with: Kalamaki Yacht Club

**Kayaking the Canal**
- This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC.
- Participants are advised to bring a second pair of clothes with them.
- They must be accompanied by an adult

**Mat Pilates**
- A creative way to keep in shape focusing on strengthening the body's core, which helps us to maintain correct body posture and improves flexibility and balance. Pilates exercises help improve mood and eliminate stress. Suitable for men and women of all ages and levels, Pilates takes place on a mat, using props.
- Practitioners must wear comfortable clothing and bring their own pilates mat.
- Design-Implementation: Regeneration & Progress

**Qigong 50+**
- Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.
- Design-Implementation: Regeneration & Progress

**Pétanque**
- A sport for fun, wellness and socializing, the game of pétanque promotes accuracy, coordination and concentration. Competitors, one-on-one or team against team, try to get as close as possible to a target, by throwing boules.
- Design-Implementation: Regeneration & Progress

**Check your bike**
- Cyclists are invited to ride their bikes to SNFCC for a free bicycle clinic and tune-up by qualified pros in a suitably equipped area. Learn how to look after your bike, how to get the best seating position, how to fine-tune the bike to your body - last but not least, get advice on any cycling equipment and accessories you may need.
- Design-Implementation: M&I

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**Fitness for everyone**

Experienced physical education instructors are available at the outdoor gym to offer advice and training recommendations, and provide your personal fitness evaluation. You can sign up for a personalized program including aerobic exercise, muscle enhancement, flexibility exercises and rehabilitation.

Design-Implementation: Regeneration & Progress

**Yoga in the Park**
- Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures and relaxation, in order to gain self-control and concentration, peace of mind, and develop positive thinking.
- Design-Implementation: Regeneration & Progress

**Mat Pilates**
- A creative way to keep in shape focusing on strengthening the body’s core, which helps us to maintain correct body posture and improves flexibility and balance. Pilates exercises help improve mood and eliminate stress. Suitable for men and women of all ages and levels, Pilates takes place on a mat, using props.
- Practitioners must wear comfortable clothing and bring their own pilates mat.
- Design-Implementation: Regeneration & Progress

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**SNFCC Running Team**

The running’s friends join forces in a team that trains every Sunday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and group support.

Design-Implementation: Regeneration & Progress

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**Regeneration & Progress**

Design-Implementation: Regeneration & Progress
Activities for Adults

**First-aid course**
Learn how to give first aid and find out about immediate and effective treatment of health problems and symptoms that can threaten human life. A non-certified training is offered for heart attack and drowning incidences, as well as the use of an Automated External Defibrillator. Lastly, participants will have a hands-on experience with the use of specifically designed models/premises.

Design Implementation: Regeneration & Progress

**Open Air Hoop Dance**
Hoop dance is one of the most popular workout methods. In the Open-Air Hoop Dance lab, we will learn hoop tricks and flow essentials, and enjoy the Stavros Niarchos Park facilities by expressing ourselves through colorful hoops!

Hoops will be available for all participants.

Design Implementation: Sunny Diz

**Hot Triathlon III**
Hot Triathlon returns to SNFCC once again to impress both participants and Stavros Niarchos Park visitors. Running, rowing, swimming – new challenges await the teams.

Projects/Preforms.

**SUP & Kayak Demos**
The Hellenic Canoe-Kayak Federation co-organizes Canoe-Kayak and SUP demos with Federation athletes, aiming to acquaint SNFCC visitors with these sports.

Design Implementation: Regeneration & Progress, Hellenic Canoe Kayak Federation

**Activities for Adults**

**SPONSORS & WELLNESS**

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<td>SUP &amp; Kayak Demos</td>
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**NATURE**

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<tr>
<td>Talking about the Park’s plants: The Park’s Summer Vegetable Garden I &amp; II</td>
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<td>The Greenfingers</td>
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**TECHNOLOGY**

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<td>Introduction to mobile photography</td>
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**Making smart graphics for the social media**

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Knitted Sculpture: Union

This series is inspired by artistic practices revising traditional handicrafts, inviting new and future parents to discover the relaxing craft of knitting during the first year of parenthood as a medium to tell their personal stories. In this workshop, participants knit together in pairs and then join their knits into a common knit – a wreath of colorful yarns. And then join their knits into a common knit – a wreath of colorful yarns.

Design Implementation: Very Young Contemporary Art (VYCA)

Knitted Sculpture: Male–Female

Contrary to the belief that knitting is women's business, this craft is believed to have been developed by fishermen around 200BC and remained a male occupation for hundreds of years. Contemporary artist Oily Genger makes handcrafted sculpture by knitting, using overly “male” materials, such as boat rope and fishing net. In this freeform lab, we knit men's and women's summer hats, using cotton yarns and rattan in different colors.

Design Implementation: Very Young Contemporary Art (VYCA)

Workshop for those who forget a little or a lot

Under the guidance of experienced instructors, we join in games that combine mental and physical exercise with mental activation. This course is aimed at men and women over 50 who want to keep active and stay healthy. A child-centered, play-based approach, focuses on teaching children how to control their bodies, breathing and thinking, and how to relax even as they gain strength, flexibility and self-confidence.

Design Implementation: Regeneration & Progress

Yoga Kids

A child-centered, play-based approach, focusing on perfect execution, but on teaching children how to control their bodies, breathing and thinking, and how to relax even as they gain strength, flexibility and self-confidence.

Design Implementation: Regeneration & Progress

Sports games

Action, interactive and musical movement games in the form of team sports provide opportunities to collaborate, communicate and stimulate physical well-being.

Design Implementation: Regeneration & Progress

Family games

An entertaining activity that’s all the rage, with games specially designed for both young and old. Parents are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

Design Implementation: Regeneration & Progress

Artistic gymnastics

Children get to know their bodies and abilities through artistic gymnastics coupled with games and fun.

Design Implementation: Regeneration & Progress

Learning to play as a team

Children learn the value of cooperation by creating teams that aim to complete a unique mission. To achieve this, they need to show trust and nurture each team member’s capabilities. Through non-competitive games, communication, and team exploration, kids will realize that joy lies not only in the victory itself.

Design Implementation: Regeneration & Progress

Percussion circle for ages 65+

A musical encounter to unite and unleash the creative energy of a powerful group. In a playful mood, the group comes into contact with rhythm, singing and movement through relaxation exercises, breathing techniques and music movement games.

Design Implementation: QUOTATION LAB

Trival labs: Bookmarks in Art History

This month, we open the book on the page of the Dada movement, exploring the work of the French-German sculptor Hans Arp. Inspired by this artist’s organic forms, we discover plasticity in art, making our own sculptures using clay and recyclable materials.

* Participants can bring their own recyclable common materials to incorporate into their sculptures.

Design Implementation: Christina Tsinizizeli, Artist

IDEAS LAB

Tuesday 06, 13, 20, 27/05
18.00-20.00
For adults aged 50+ (up to 20 participants on a priority basis)

SPORTS & WELLNESS

Sunday 04, 13, 20, 27/05
11.00-12.00
For children aged 4-12 (up to 20 participants)

Sunday 03, 10/04
19.00-20.00
For children aged 5-10 (up to 20 participants)

Saturday 05, 12, 19, 24/05
19.00-20.30
For children aged 6-12 (up to 20 participants)

Saturday 05, 12, 19, 24/05
18.00-19.15
For children aged 5-10 (up to 20 participants)
Kayaking the Canal
This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the

Design-Implementation: Regeneration & Progress

Sailing the Canal
The Kalamaki Yacht Club presents a series of interactive sailing events on different types of boats, both in the Canal and on shore, featuring innovative educational activities for children and adults.

In co-operation with: Kalamaki Yacht Club

SNFCC Running Team
The Park’s running friends join forces in a team that trains every Sunday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and group support.

Design-Implementation: Regeneration & Progress

Playing Sports Together
Given that movement plays a key role in the lives of all children, this program aims to actively engage children, especially those with physical disabilities, in adapted sports to improve their fitness and increase their motor activity. Boccia, sitting volleyball, athletics, wheelchair basketball, dance are some of the sports waiting for you!

Design-Implementation: Regeneration & Progress

Capoeira Kids
A popular art form from Brazil, capoeira can be a self-complete, fun pedagogical tool able to help children develop their motor, social and psycho-emotional skills. Aiming for harmony, practitioners use controlled movement, avoiding to strike the opponent. There are no winners or losers in capoeira: Rather than competition, the goal is cooperation.

Design-Implementation: QUICKMIND LAB

STEM in action
Equipped with appropriate skills, young engineers are ready to transition from mechanical to electric power, as well as examine energy conversion. They learn how to use electric motors and sensors so they can program their constructions and build their first automation.

Design-Implementation: STEM

Safe Water Sports Education Program
Now that summer is approaching, join us for Safe Water Sports to learn how to enjoy water and have fun safely. Take a virtual swim at the gorgeous Safe Water Sports Beach, along with your favorite Playmobil sets, and learn how to stay safe on the beach and in the water. Identify the dangers lurking on our model beach, along with Octopus Safe, and tell your stories using Story Cubes.

Design-Implementation: Safe Water Sports

Bike safety
Tips for kids and adults to move safely when riding a bicycle. Before every ride, specialized bicycle mechanics inspect bicycles for any minor repairs required. Participants can bring their own bicycles or rent an SNFCC bike.

Design-Implementation: MANKE

Hula hoop is a perennial kids’ favorite. Good for them, too, as it enhances physical coordination, balance and alertness of mind. In this workshop, children will have the opportunity to learn new tricks playing their beloved game, while exercising their minds and bodies, and having a blast in the process!

Hula hoops will be available for all participants.

Design-Implementation: Sunny Day

If you’re taking part in an outdoor activity during the day, we encourage you to wear a hat and bring an insect repellent with you.
Mechanical Garden

Kids and adults collaborate to build a colorful garden ofmanual or motorized constructions made of straw, in an experiential workshop that enhances fine mobility skills and problem solving, and kindles the imagination! The constructions are made using Strawbees in combination with worksheets.

Design-Implementation: GAMELY

The Park’s Little Gardeners

In May, the scents and colors of nature enchant us into an exciting journey of discovery and exploration in the Park. The Park’s Little Gardeners are ready to take action this month, too, exploring the Park, identifying seasonal flowers, watching the insects, learning all about bees and planting vegetables.

Design-Implementation: Stamnula Katakeynna, Agronomist-Landscape Architect Stamnula Kousalaki, Agronomist-Sol Specialist

Magnet Fishing

After making their own magnetic fish and fishing rods, young and old fish together in the revolving water tank, in an improvised version of the popular game. Making their own toy tools and water tank, in an improvised version of the rods, young and old fish together in the revolving water tank, in an improvised version of the rods.

Design-Implementation: GAMELY

Plan the Green City

Traveling to cities – imaginary and real, old, modern and futuristic – we discover how a city is organized, and what makes it sustainable. Drawing inspiration from the world around us, children turn their ideas into reality and plan their own city.

Design-Implementation: architect4kids

The Park’s Little Gardeners

In the Park in June, we get carried away by colors, scents and sounds! The Park’s Little Gardeners are ready to take action this month, too, exploring the Park, identifying seasonal flowers, watching the new fruits growing, tasting ripe vegetables straight from the garden, weeding, planting, watering, taking care of the vegetable garden.

Design-Implementation: Stamnula Katakeynna, Agronomist-Landscape Architect Stamnula Kousalaki, Agronomist-Sol Specialist

Making music with our bodies

An experimental music workshop for children focusing on the possibilities of the human voice, without using musical instruments or recorded sound. Unique combinations of singing and human beatbox (making music with your mouth) encourage children to explore the basic concepts of music, discover their own voice and appreciate the value of cooperation, all while becoming creative music artists.

Design-Implementation: Vocals: Mata Kourti, Beatbox: El Pap Chico

Ready! Steady! Go!

Spring has come!

Seeking little explorers aged 1-3, alongside their parents, to help usher in spring in Stavros Niarchos Park! Plants and flowers, May crowns and colorful ribbons, butterflies and bees, fresh flowing water are all part of a spring-scented multisensory workshop for children.

Design-Implementation: Irene Pavlidis, Art Historian, Educational Entertainer Assistant: Christina Mentiou, Museum Educator

Mistake Labs: Journeys in Art History

This month, we open the book on the page of Orphism, exploring this art movement through works by the French artist Robert Delaunay. Drawing inspiration from harmoniously combining colors in abstract images, we discover that painting has its own rhythm and harmonic qualities while making colorful painted vortexes.

Design-Implementation: Christina Tostrainioti, Artist

Talking Covers: A series of visual poetry workshops

Teenagers create covers for their own music albums, personal portfolios, or poetry collections, using a series of artistic practices linking word and image (calligram, surrealist typography, plastic poetry, selfie poetry, ready-made poetry). Exploring the process of composing a found or ready-made poem, the participants will try to bring it in creating a meme and write it on paper as well as on a pin.

Design-Implementation: Very Young Contemporary Art (VYCA) and the visual artist and professor Alexandros Psychoulis, University of Thessaly
We create art all together: The magic of puppets

Puppetry emerged in Greece sometime around 5th century BC. This workshop begins with a video presentation of the long tradition of the pentatonic scale (from Pythagoras to Epirus polyphonic singing) and the sounds and history of the pentatonic scale. Exciting music, rhythms and melodies introduce children to this world and become puppet masters in the most large-scale multidimensional assemblage. Learning about rhythm and melody, children become expressive and powerful. The aim of this workshop is for participants to come into contact with the origins of oral poetry, discover lyric-writing techniques, compose rap poetry and perform music using different approaches. Participants compose a stage prop, they can bring their own songs.

Design-Implementation: Very Young Contemporary Art (VYCA) in collaboration with Mc Yinka, Music Artist-Performer

I slam therefore I am Talking Poetry lab

The performing poet twists lyrics and plays games with words. Into the microphone, his voice becomes expressive and powerful. The aim of this workshop is for participants to come into contact with the origins of oral poetry, discover lyric-writing techniques, compose rap poetry and perform music using different approaches. Participants produce a stage prop, they can bring their own songs.

Design-Implementation: VYCA in collaboration with Mc Yinka, Music Artist-Performer

Ready! Steady! Go! Sail!

A boat is docked at Stavros Niarchos Park and is waiting for children to embark on the most exciting journey! Sailors, mermaids, pirates, fish and octopuses, shells, crabs, dolphins and more invite us to sail off to adventures!

Design-Implementation: Irene Parikos, Art Historian, Educational Entertainer Assistant: Christina Mavridou, Museum Educator

We create art all together: Oriental Geometry

The Arabesque is a decorative form of art that displays rhythmic patterns of interwoven lines, foliage, spirals, or other simple geometric patterns. Using air-dry clay, which does not need to be fired, each participant will produce a 15X15cm tile, with patterns, geometric forms and abstract shapes, inspired by the long tradition of Arabesque. Each composition will be colored using multicolored miniature tesselate, ultimately forming colorful mosaics featuring checkerboard patterns and complex colorful images. Finally, we will work as a group to join all the mosaics together to form a large-scale multidimensional assemblage.

Design-Implementation: Theodore Zafeiropoulos, Artist

Sunday 12/05

For children aged 6–10
(up to 32 participants per game)

For ages 12 – 18
(up to 25 participants)

Saturday 09/06

For children aged 1 – 3 and their parents
(up to 12 children and 10 parents per session
by pre-registration at snfcc.org/events)

We create art all together: The magic of puppets

Parents, grandparents and children bring together their imagination to a creative musical partnership for a fresh look at how they communicate. Families bring objects, cherished or ordinary, to tell a common story through rhythm and play. The aim of this workshop is for participants to come into contact with the origins of oral poetry, discover lyric-writing techniques, compose rap poetry and perform music using different approaches. Participants produce a stage prop, they can bring their own songs.

Design-Implementation: VYCA in collaboration with Mc Yinka, Music Artist-Performer

I've got a great idea!

Natural materials, colors, fabrics and multifunctional objects become invaluable companions in early childhood travels. Exciting music, sounds and light that stimulate abstract thinking, games that improve coarse and fine motor skills, and exploratory play are some of the ways we will experiment in a workshop aimed at infant interaction and socialization.

Design-Implementation: abarsa

Sunday 12/05

For children aged 6–10
(up to 32 participants per game)
The prominent baroque opera by the great English baroque composer Henry Purcell is the new big production of the GNO’s Alternative Stage. The Fairy Queen, directed by Markellos Chryssikos, takes us to a fairy Arcadia of the unfulfilled desires, through the artistic and subversive look of Yannis Skourletis and the bijoux de kant group. Through a new narration, the creators attempt an excursion to Arcadia of old and modern elves and sing for love. A dreamy tale with old sounds and new garments that unfolds in a forest, where the bizarre and the unfamiliar dominate.

Conductor: Markellos Chryssikos
Director: Giannis Skourletis / bijoux de kant
With the participation of the Baroque Music Ensemble Latinitas Neutre and the Athens Municipal Choir

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The successful performance. The Return of Karagiozis to his Homeland continues in tour in the 2017/2018 artistic season after a series of performances in squares, schools and healthcare facilities in Attica and the regions last year. This innovative shadow theater production brings two unexpected characters together on stage: Greece’s very own Karagiozis and Harlequin from the Commedia dell’Arte. The performance is based on Claudio Monteverdi’s opera Il ritorno d’Ulisse in patria (The Return of Ulysses to his Homeland) and seeks to showcase the commonalities between Greek shadow theatre and Italian puppet theatre. The marionettes and figures are supported by a group of performers who are leading lights in the world of baroque music, and who also have a deep knowledge of traditional Greek music.

Concept – Dramaturgy – Performance: Puppeterases: Alexandros Mikelis / Tzifakis
Song: Elena Krasaki

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The Manos Hadjidakis Cycle of the Greek National Opera continues his tour in the 2017-2018 artistic season after a series of performances in squares, schools and healthcare facilities in Attica and the regions last year. This innovative shadow theater production brings two unexpected characters together on stage: Greece’s very own Karagiozis and Harlequin from the Commedia dell’Arte. The performance is based on Claudio Monteverdi’s opera Il ritorno d’Ulisse in patria (The Return of Ulysses to his Homeland) and seeks to showcase the commonalities between Greek shadow theatre and Italian puppet theatre. The marionettes and figures are supported by a group of performers who are leading lights in the world of baroque music, and who also have a deep knowledge of traditional Greek music.

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Greek Youth Symphony Orchestra

Concert

The Greek Youth Symphony Orchestra, founded and directed by Dimyra Grammenos, aims to showcase and educate young talented Greek musicians in the symphonic and operatic repertoire. The programme consists of parts from two of Mozart’s most popular operas: Don Giovanni and The Marriage of Figaro and of works by Haydn.

With the participation of the Youth Opera: Conductor: Dimyra Grammenos

Music group

Designed / implemented by: Ana-Kristina Sofroniou [musician/music teacher/researcher], Aliki Kayaloglou [education/composer]

Visual Arts Group

Design/Implementation: The Soil Orchestra

Getting to know opera and ballet: The Fairy Queen

Final presentation of the music and visual arts workshop for children and young people from 7 to 17 years old. Taking the idea of recycling musical materials as a starting point, the workshop seeks to create a new version of Henry Purcell’s The Fairy Queen. The aim is to create an original work, whose music will come from crowds – will be created through group improvisation and composition. The costumes and props of the final performance will be designed and created by the participants themselves.

Music group

Composer, sets, organisation: Natasha Zielazinski, Evi Nakou

Design/Implementation: The Soil Orchestra

Music Theater Days

At the limits of human voice

Festival

The Music Theater Days return to the Greek National Opera Alternative Stage. This year’s cycle is focused on the human voice and its limits, the voice that surpasses its natural limitations. The festival opens with a big tribute to one of 20th century’s most important vocal acrobats, Demetrio Stratos [1945-1979], who in his short life, evolved the human voice and inspired important successors, such as Diamanda Gallas and Meredith Monk. The programme includes concert, documentary screenings, a photography exhibition, workshops, lectures, sound installations and performances.

Intercultural Choir

Refugees, immigrants, Greek and non-Greek temporary and permanent citizens of Athens come together on a weekly basis to sing traditional songs from their homeland.

The project is supported by the UNHCR.

Choreographer: Yassini Dell

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The Twin Mothers

The Twin Mothers is a contemporary music work based upon a true story of 19th century in the area of Magazia, in Paxoi. In this story, two women unify their fates in a difficult life journey and the narrative is turned into a parallel theatrical monologue. The work embodies contemporary mixings of Greek traditional songs, coming from various districts all over Greece, as well as new pieces written for a polyphonic group, drums and a small chamber music group. The performance The Twin Mothers will be presented as the result of an intensive workshop procedure, with the participation of musicians of different age and professional groups.

Composer, sets, organisation: Dinos Andrikidis

Rehearsal assistant: Dimitris Paposofonis

Script: Polychronis, Spirou Bogdanos

Experiential music workshop

For a second consecutive year, Drum Works, artistic associates of the Barbican Centre (London, UK), are visiting the Greek National Opera to present their extensive work and share their expertise in music education, with diverse community groups of Athens and the audience. The GNO Learning and Participation Department, together with Drum Works, aim to create an all-inclusive drumming music community in Athens. Within their short visit, Drum Works will deliver intensive drumming workshops and training for professional musicians, as well as one-off workshops and open-air concerts for the audience.

The GNO Learning and Participation Department will also deliver workshops for children, young adults and adults, in collaboration with the British Council, OKANA Atropa, Drama Zone, Polyphonica, Sheila amper paper, Korydallos male prison.

Design / Implementation: By: Detta Dunford, Ria Parke, Natasha Zalewski, Evi Nakou

Information / Registration: 213 0885742 (Monday – Friday 09:00-13:00)

All GNO Learning and Participation programmes are free of charge.

02/09/06

Starts at: 17:30

Drama workshops for children, young adults and adults, in collaboration with the British Council, OKANA Atropa, Drama Zone, Polyphonica, Sheila amper paper, Korydallos male prison.

Information / Registration: 213 088 5752

GNO PREMIÈRE AT THE DRFFC & MELISSA

Experimental music workshop for women 16+ years old

Information / Registration: 213 0885742 (Monday – Friday 09:00-13:00)

GNO Learning & Participation: Ongoing

Music Theater Days

Tribute to Demetrio Stratos

Starts at: 20:30

Information / Registration:

Starts at: 18:00

Music and arts workshop for children and teenagers aged 7 to 17

Information / Registration: 213 0885742 (Monday – Friday 09:00-13:00)

GNO FOYER

Final concert and workshops for the audience, Saturday 9 June 2018, 23:30-01:30, at Dionysus-Alopeisios street

Information-registration:

02, 03/06

 информация: 213 0885742 (Monday – Friday 09:00-13:00)

Maximum number of participants: 20

Design / Implementation: Onassis Chocolate

The Opera-Trees Park: The Park Explorers

GNO’s new environmental programs are inspired by the indoors and outdoors sound world - the sounds of nature and sounds inspired by nature. With the vehicles of hearing, observation, free play, fantasy and drawing we will discover our own connections to the art of opera and the natural environment.

Design/Implementation: Onassis Chocolate

Director: Tatiana Topa

Script: Polychronis, Spirou Bogdanos

Drum Works at GNO

For a second consecutive year, Drum Works, artistic associates of the Barbican Centre (London, UK), are visiting the Greek National Opera to present their extensive work and share their expertise in music education, with diverse community groups of Athens and the audience. The GNO Learning and Participation Department, together with Drum Works, aim to create an all-inclusive drumming music community in Athens. Within their short visit, Drum Works will deliver intensive drumming workshops and training for professional musicians, as well as one-off workshops and open-air concerts for the audience.

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Information / Registration: 213 0885742 (Monday – Friday 09:00-13:00)

Maximum number of participants: 20

Design / Implementation: By: Detta Dunford, Ria Parke, Natasha Zalewski, Evi Nakou

Information / Registration:

Starts at: 20:30

Greek NATIONAL GREEK NATIONAL OPERA ALTERNATIVE STAGE

Final concert and workshops for the audience, Saturday 9 June 2018, 23:30-01:30, at Dionysus-Alopeisios street

Information-registration:

04/06

Starts at: 18:00

Music and arts workshop for children and teenagers aged 7 to 17

Information / Registration: 213 0885742 (Monday – Friday 09:00-13:00)
Guided Tours

Guided Tours for groups, associations, organizations and NGOs

Guided tours for groups are available for educational associations, cultural organizations, NGOs and other entities.

To book a guided tour for your group, please call +30 214 809 1004, or email tours@snfcc.org. Guided tours are available for groups between 12-25 persons.

School Visits

SNFCC welcomes primary and secondary school groups to its educational events. Visits are held Monday through Friday, 09.00 - 10.30 and 11.00 - 12.30. Reserve your group online at SNFCC.org. For more information, please call +30 214 809 1005 or email schools@snfcc.org.

Useful Info

- **Openings**
  - **Opening hours**
    - Summer opening hours (1 April to 31 October):
      - Stavros Niarchos Park: Running Track, Agora, Lighthouse: 06.00-00.00
      - Visitors Center: 09.00-22.00
  - **Admission**
    - Admission to all events is free of charge thanks to an exclusive grant from the Stavros Niarchos Foundation. For participation in workshops, 30’ waiting time is necessary, while for the most of the events, due to limited seating, a preregistration at snfcc.org/events is required.
- **Access**
  - The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
  - All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
  - SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
  - Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
  - Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
  - Guide dogs and hearing dogs are welcome in all SNFCC areas.
- **Pets**
  - Pets are welcome at all SNFCC’s outdoor areas except the Great Lawn, the Labyrinth and the playgrounds. They should always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.
- **Wi-Fi**
  - Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.
- **Free digital access to newspapers**
  - Visitors can enjoy free access to over 3,000 newspapers and magazines in 60 different languages in digital form on pressreader.com.
- **Photography**
  - Photography on SNFCC premises is permitted exclusively for private use. For any commercial / promotional photo request, please email us at info@snfcc.org. Use of drone is prohibited for any purpose.
- **ATMs**
  - Piraeus Bank and National Bank of Greece ATMs operate in SNFCC reception area.
- **First-Aid**
  - First-Aid and medical facilities staffed by health professionals are available for use by visitors on the premises.
- **Food & Drink**
  - Food and drink service points are in operation in SNFCC.
  - Agora Bistro (Agora)
    - Monday-Sunday 08.00-00.00
  - Canal Café (Visitors Center)
    - Monday-Sunday 09.00-01.00
  - Phoros Café (Lighthouse)
    - Monday-Sunday 09.00-00.00
  - *Opening hours subject to change when the Lighthouse is hosting events
  - Park Kiosk (Park)
    - Monday-Sunday 08.00-20.00
  - Mobile food carts are also available in outdoor areas alongside the Canal:
    - Coffee Van on tour: 09.00-21.00
    - Juice Van on tour: 09.00-21.00
  - SNFCC members have a 10% discount on food & drinks.
- **Smoking**
  - Based on the requirements of the LEED certification program earned by SNFCC, smoking is prohibited in all SNFCC indoor areas and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the floor ashtrays available in the area. We encourage visitors to refrain from smoking while enjoying the Park.
- **Environmental Management**
  - SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmental and sustainable buildings. LEED certification is regarded as the highest possible distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO2 emissions, indoor environment quality, the rational management of resources, SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.
- **Maintenance works**
  - Visitors are informed that maintenance and setup work for SNFestival will be conducted in the Stavros Niarchos Park and other areas, in May and June, and may affect their visit.

School Visits

SNFCC welcomes primary and secondary school groups to its educational events. Visits are held Monday through Friday, 09.00 - 10.30 and 11.00 - 12.30. Reserve your group online at SNFCC.org. For more information, please call +30 214 809 1004, or email schools@snfcc.org.

Exhibitions

Monday-Sunday
06.00-00.00
SNFCC LOBBY

Spyros Louis Cup

Conceived and designed by Michel Brel for the champion of the first Marathon race – the Greek runner Spyros Louis – the Silver Cup was awarded at the first modern Olympic Games in Athens in 1896, today, it is on permanent display at the SNFCC.

Monday-Sunday
09.30-21.00
NLG BUILDING
（4TH FLOOR）

Stefanos Lazaridis: Cynical romantic

The first global solo exhibition of the artistic work of renowned Greek set designer, director and former Artistic Director of the Greek National Opera.

The exhibition unfolds a visual timeline starting from the beginning of his career and continues with works of mixed techniques, collages and models, as well as videos from performances and interviews.

Curator: Adonis Volanakis

Production: Greek National Opera, in collaboration with the National Bank of Greece Cultural Foundation (MIEF), Stavros Niarchos Foundation Cultural Center and the National Library of Greece.

Reservations:
+30 213 0885700

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Want to know more about SNFCC? We offer daily guided tours of its award-winning building complex, home to the new premises of the Greek National Opera (GNO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera’s Alternative Stage, and stroll through the Library’s Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park are also conducted daily. An example of state-of-the-art landscape architecture, the city’s new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, it is open for visits daily.

- To find out more information, see the guided tours schedule and pre-register, please visit SNFCC.org/events.
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions.
- Park Tours for May and June start at 18:30.
- Also due to SNFestival, the Park Tours will not be held on 11-26/06, while on 01-10/06 and 27/06 - 02/07, will be available with limited access.
- For more information, please call +30 214 809 1004, or email tours@snfcc.org.
The SNFCC has a 1000 car parking garage.

Pricelist:
- Cars
  - 00.00-19.00: €1.50/ hour
  - 19.00-00.00: €1.50/ hour
  - with maximum charge of €5
- Motorcycles: €0.70/hour

SNFCC members enjoy a 10% discount

More information: SNFCC.org

During SNFestival, parking will operate with limited number of parking spaces. For the visitor facilitation free parking will be provided nearby SNFCC. For more information visit SNFestival.org

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Getting to SNFCC using public transportation

Buses
- 130: Piraeus – Neo Smyrni
  - [Tzitzifies Stop from Piraeus; Delta Stop to Piraeus]
- 217: Piraeus – Dafni Station
  - [Tzitzifies Stop from Piraeus; Delta Stop to Piraeus]
- 550: Kifissia – Faliraki
  - [Evgenideio Stop, Syggrou Avenue northbound, Onassio Stop southbound]
- 860: Palaio Faliraki – Schisto
  - [Tzitzifies Stop from Piraeus; Delta Stop to Piraeus]
- A1: Piraeus – Voula
  - [Tzitzifies Stop from Piraeus; Delta Stop to Piraeus]
- A1: Piraeus – Agios Kosmas
  - [Evgenideio Stop, Syggrou Avenue northbound, Onassio Stop southbound]

Trolleybus
- 10: Chalandri - Tzitzifies
  - [Epaminonda Stop]

Tram
- Tzitzifies Stop

Metro
- Faliraki Station

SNFCC is not responsible for any modifications on the public transportation’s routes.

Shuttle Bus
Syntagma - Syggrou Fix Metro Station - SNFCC

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Syggrou-Fix Metro station (Syggrou Avenue), and arrives at the SNFCC.

In case of special traffic regulations the timetable may change.

For time and route information please visit our website.

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- Motorcycles: €0.70/hour

SNFCC members enjoy a 10% discount

More information: SNFCC.org

During SNFestival, parking will operate with limited number of parking spaces. For the visitor facilitation free parking will be provided nearby SNFCC. For more information visit SNFestival.org

During SNFestival, the shuttle bus time table will change.

Please visit www.SNFestival.org for more information
May-June Events for Members

In May and June, our Members have the opportunity to enjoy these exclusive events:

**Digital CV:**
LinkedIn as a tool to land your next job
Friday 04, 11, 18, 25/05
18:30 | NLG PC LAB 2nd FLOOR
Event for Members only – for adults | Pre-registration starts on 02/05

**Talking Covers:**
A Series of Visual Poetry Workshops
Sunday 06/05
14:30 | NLG KIDS LAB
Events for Members aged 13-18 + Guest | Pre-registration starts on 02/05

**Introduction to Beekeeping**
Sunday 20/05
11:00 | PINE GROVE
Event for Members only – for adults | Pre-registration starts on 16/05

**Talking about the Park’s Plants:**
The summer vegetable garden of the Park I
Saturday 26/05
11:00 | PINE GROVE
Event for Members only – for adults | Pre-registration starts on 16/05

**Introduction to mobile photography**
Friday 01/06 & 08/06
18:30 | NLG PC LAB - 2nd Floor
Event for Members only – for adults | Pre-registration starts on 30/05

**Introduction to Soap Production**
Saturday 09/06
17:30 | MEDITERRANEAN GARDEN
Event for Members only – for adults | Pre-registration starts on 30/05

**Talking about the Park’s Plants:**
The summer vegetable garden of the Park II
Saturday 30/06
11:00 | MEDITERRANEAN GARDEN
Event for Members only – for adults | Pre-registration starts on 30/05

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**Lullaby Project**
In collaboration with Carnegie Hall
Friday 01/06
21:00 | GNO STAVROS NIARCHOS HALL
Reserved seats for Members + Guest | With pre-registration

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**Are you a Member?**

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCMembers

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**Practical Information:**
Limited seating - pre-registration is required.
Reservation links are sent to Members via the SNFCC Members Newsletter.
MAY-JUNE AT SNFCC

I’ll bring you a branch of May, to share, I’ll bring you a branch of May and when I come back home again I will bring you a branch of May. **May Day** at Stavros Niarchos Park with flower crowns, games and loads of music. Rue Cavafy شارع شرم الشيخ **Rue Lepsius.** A journey into the universe of C.P. Cavafy by Nikos Xydakis on 02 and 03/05. Three live concerts by Greek alternative music acts. **Music Escapades** on 05, 11 and 29/05. **The Good ŠSoldier Svejk – Osudy dobrého vojáka Svejka za svetové války** by Jaroslav Hašek at SNFCC’s Readers Theater on 06/05. **I want you to be there** at Locomondo’s concert-party at the Great Lawn. **Parklife** on 26/05. “I can’t wait to meet you” The universal language of lullabies in **Lullaby Project,** jointly organized with Carnegie Hall. Twin simultaneous concerts in Athens and New York on 01/06. Summer cinema returns to SNFCC. **Park Your Cinema** for kids and grownups. And of course, **Summer NOSTOS FESTIV☆L** by SNF 17-24/06!