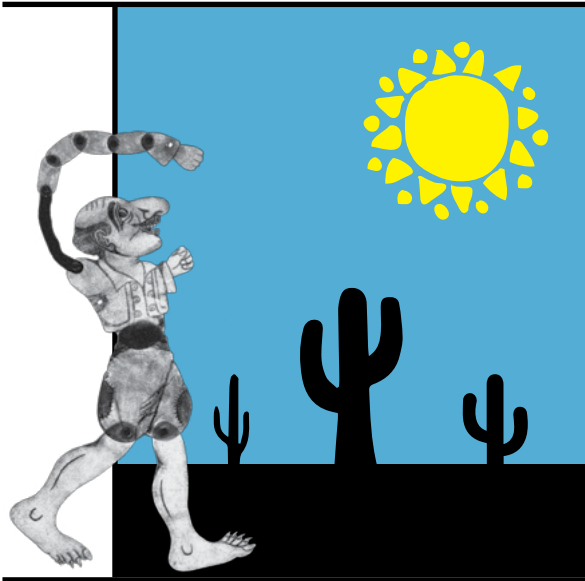


September 2019



3 YEARS
SNFCC



09.



Celebrating three years of Stavros Niarchos Foundation Cultural Center

In September, the Stavros Niarchos Foundation Cultural Center enters its fourth year of operation.

Since August 2016, when it first opened its gates, the SNFCC has been embraced by the public, and visitation has far exceeded expectations.

When the most optimistic projections indicated 700,000 visits, in 2017, our first full year of operation, we welcomed more than 3 million visits, 5.3 million in 2018 (a 76% increase), and, based on current data, are poised to exceed 6 million in 2019.

Three years filled with people, smiles, dance and music, performances, cinema screenings, sports and educational activities, as well as walks in the Park and along the Canal, or enjoying the sunset at the Lighthouse.

The program of events organized by the Stavros Niarchos Foundation Cultural Center is constantly enriched and expanded, with collaborations with Greek and international artists, exhibitions, co-productions and performances, lectures, as well as educational workshops and a wealth of sports activities, organized on an ongoing basis, with Regeneration & Progress NGO as our main partner. Events that are combined with the Greek National Opera's dynamic presence and the renewed outlook of the National Library of Greece.

Our program is open to all, with either free admission or a reasonable ticket price thanks to the ongoing support and grant of the Stavros Niarchos Foundation (SNF). Our programming aims to provide enriching experiences and to demonstrate the value and potential of a public space open to all, where everyone is and feels welcome.

In addition to our events, the SNF also supports us in developing new infrastructure, above and beyond what was originally planned. Inaugurated during Summer Nostos Festival 2019 by SNF, the Dome, a new venue at the Park's Labyrinth, has already hosted popular events such as the spectacular Cirko Cachivache in July and well-liked Karagiozis shadow theater performances in August. In July, 10,000 visitors admired the impressive water show at the inauguration of the brand-new water installation on the Canal – the Dancing Fountains. Water shows take place several times a day!

During these three years, the SNFCC won a place in the hearts of Athenians and visitors alike, and has become firmly established as a landmark and a go-to venue in the city.

We celebrated together the last three Christmas and New Year, Mayday and Clean Monday festivities, and shared unique experiences every single day of the week.

The vast majority of Attica residents are well aware that the Stavros Niarchos Foundation Cultural Center is an open, accessible venue that has improved Athenians' quality of life and the city's cultural landscape, while providing a much-needed green space.

For these years we would like to say thank you both to the Stavros Niarchos Foundation, for its continuous vision and support, and to all of you, who fill, daily, the SNFCC with life.

Sutra

Sidi Larbi Cherkaoui / Sadler's Wells London

Tuesday 03 & Wednesday 04/09 | 21.00 → STAVROS NIARCHOS HALL 13



★★★★★ "Exceeds even our highest expectations"

The Times (UK)

★★★★★ "This unique, profoundly imagined show takes the concept of cultural exchange to a whole new level"

The Guardian (UK)

Tickets €5 and €10

More information at SNFCC.org

For ages 8+

Presale starts on 30/07

The event is realized with the support of the Stavros Niarchos Foundation. Alongside the core program of free-admission events, which continue to be provided free of charge thanks to grants from the Stavros Niarchos Foundation (SNF), the Stavros Niarchos Foundation Cultural Center organizes a series of events for which a low admission fee applies. This aims to enable the SNFCC SA to diversify its income sources while ensuring its long-term financial robustness.

The Stavros Niarchos Foundation Cultural Center (SNFCC) presents Sidi Larbi Cherkaoui's Sutra, at the Stavros Niarchos Hall. Sutra is one of Sadler's Wells' most exhilarating productions and has been presented to 83 cities and 33 countries to sell-out audiences and mass critical acclaim.

Up till today, more than 250.000 people worldwide have seen the award-winning collaboration between choreographer Sidi Larbi Cherkaoui, sculptor Antony Gormley and 19 monks from the Shaolin Temple in China.

This breathtaking spectacle of athleticism explores the philosophy and faith behind the Shaolin tradition and its relationship with kung fu within a contemporary context.

With Antony Gormley's striking set of 21 wooden boxes and Polish composer Szymon Brzóska's specially commissioned score performed live, Sutra is not just an incomparable work that has captured the hearts and imaginations of people around the world, but one of the finest productions, a true work of art.

Sadler's Wells is a world-leading creative organization dedicated to dance in all its forms. With over three centuries of theatrical heritage and a year-round program of performances and learning activities, it is the place where artists come together to create dance, and where we welcome everyone to experience dance – to take part, learn, experiment and be inspired.

Sidi Larbi Cherkaoui's debut as a choreographer was in 1999 with Andrew Wale's contemporary musical, *Anonymous Society*. Since then he has made over 50 full-fledged choreographic pieces and picked up a slew of awards, including two Olivier Awards, three Ballet Tanz awards for best choreographer (2008, 2011, 2017) and the Kairos Prize (2009) for his artistic vision and his quest for intercultural dialogue. In 2015, Cherkaoui assumed the role of artistic director at the Royal Ballet of Flanders.

Antony Gormley is widely acclaimed for his sculptures, installations and public artworks that investigate the relationship of the human body to space. His work has developed the potential opened up by sculpture since the 1960s in a way that confronts fundamental questions of where human beings stand in relation to nature and the cosmos.

Credits:

Direction & Choreography: Sidi Larbi Cherkaoui
Visual creation & Design: Antony Gormley
Music: Szymon Brzóska
with the participation of Shaolin monks

A co-production of Athens Festival, Festival de Barcelona Gren, Grand Théâtre de Luxembourg, La Monnaie Brussels, Festival d'Avignon, Fondazione Musica per Roma and Shaolin Cultural Communication Company.

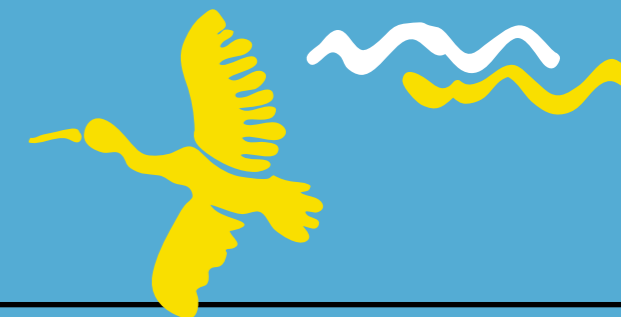
Parklife Calypso Rose

Friday 27/09 | 21.00 → GREAT LAWN 1

The undisputed calypso queen, McCartha Linda Sandy Lewis, known as Calypso Rose, is coming, for the first time to Greece, to the Stavros Niarchos Park for a memorable live concert at the Great Lawn.

"Grandma, I want to marry you!"

– Young man in the audience during Calypso Rose's last tour



Calypso Rose is considered the *mother of calypso*, with a career that spans over more than five decades, counting numerous awards and distinctions. At the age of fifteen, she wrote her first Calypso song, making it the first song of the genre to criticize inequality between the sexes. In 1963, she was the first woman to win the title of "Calypso King" and in 2019, 79-year-old Calypso Rose became the oldest artist ever to perform at Coachella.

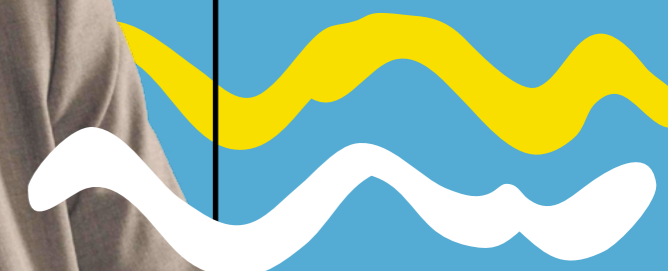
In her lengthy career, Calypso Rose has released more than 20 albums and her platinum-selling 2016 release, *Far From Home*, features a collaboration with Manu Chao. Her upcoming album, which is slated for release later in the year, promises to explore hidden gems in the artist's vast repertoire, spanning a variety of styles, while drawing on the Jamaican, African and South American music traditions, as well as personal re-readings of songs from the reservoir of the Afro-Caribbean heritage.

Line-up:

Mc Cartha Lewis/Calypso Rose, lead vocals
Pascale Kameni Kamga, vocals
Audrey Gbaguidi, vocals
Corey Wallace, bass
Gregory Louis, drums
Jean M'Ba N'Guema, guitar
David Aubaile, keyboards
Fabien Kisoka, saxophone
Sylvain Bardiau, trumpet & trombone

Free admission

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.





Parklife
Lena
Lena Platonos feat. Stergios T.

Saturday 07/09 | 21.00 → GREAT LAWN 1

In the first part of the concert, the songwriter, along with Giannis Palamidas and Athena Routsis, will perform songs from her long-lasting career, in a music retrospective that will fill the Park with the characteristic lyricism and emotional nature of her songs. Selections from *Gallop*, *Lepidoptera*, *Sun Masks* and *Sabotage* will plunge us into Platonos' magical, idiosyncratic, thrilling universe.

The second part features her dance project *Lena*, produced with her long-time associate, Stergios T. and performed live for the first time. These songs are marked by driving dance beats, minimalist vocals and a compositional approach that eschews dance music conventions. Among them is a dance version of Tchaikovsky's "Lullaby in the Storm", interpreted by Albina Zachariadou in Russian.

Also on stage will be Cleon Antoniou, who has worked with Platonos on her album *Sun Masks*; the concert's evocative visuals are designed by Constantine Nisidis.

The trailblazing music artist, vocalist and composer **Lena Platonos** arrives at the Stavros Niarchos Park's Great Lawn on Saturday 7 September for a concert that bridges the past with the present.

Line-up:

Lena Platonos, vocals, piano, keyboards
 Stergios T., programming, sound design, keyboards
 Cleon Antoniou, keyboards, vocals

Featuring:

Giannis Palamidas, Athena Routsis, Albina Zachariadou

Visuals: Constantine Nisidis

Free admission

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.

Parklife
Athens State Orchestra
Journey to the New World

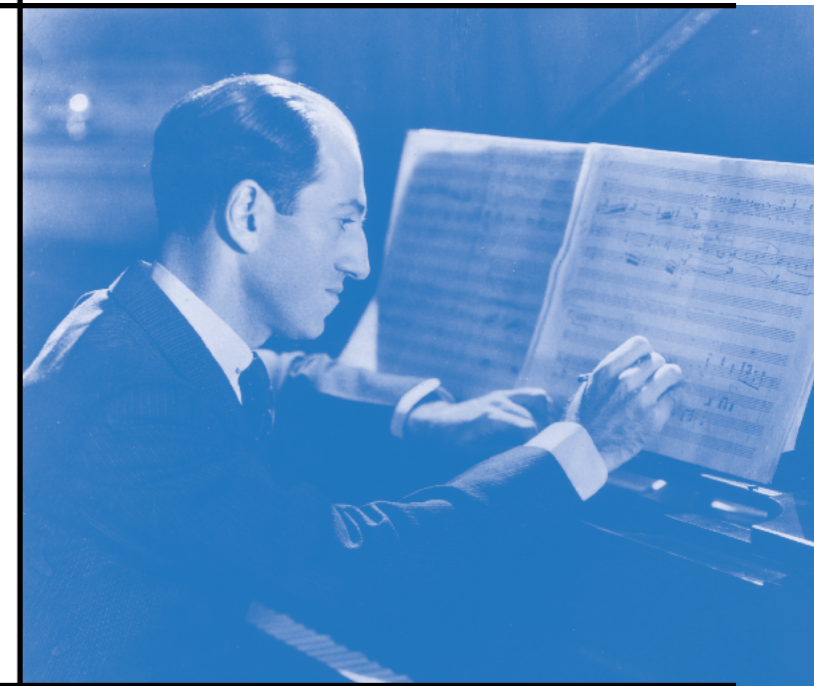
Sunday 15/09 | 21.00 → GREAT LAWN 1

This journey takes us through the characteristic melodies of North and South America – a music tradition that remains fascinating in its diversity.

The focus is on three iconic composers of the Americas – the Argentinean master Astor Piazzolla, the classical and popular music legend George Gershwin and the trailblazer Leonard Bernstein.

Sharing the stage with The Athens State Orchestra, the accordion and bandoneon virtuoso Klaudiusz Baran and his bandoneon will be the perfect guide for this journey; the orchestra will be conducted by distinguished Greek conductor Georgios Vranos.

With a *Journey to the New World*, The Athens State Orchestra – the most historic orchestral music ensemble in Greece – returns for the third year to the Stavros Niarchos Park's Great Lawn on Sunday 15 September at 21.00.



The program:

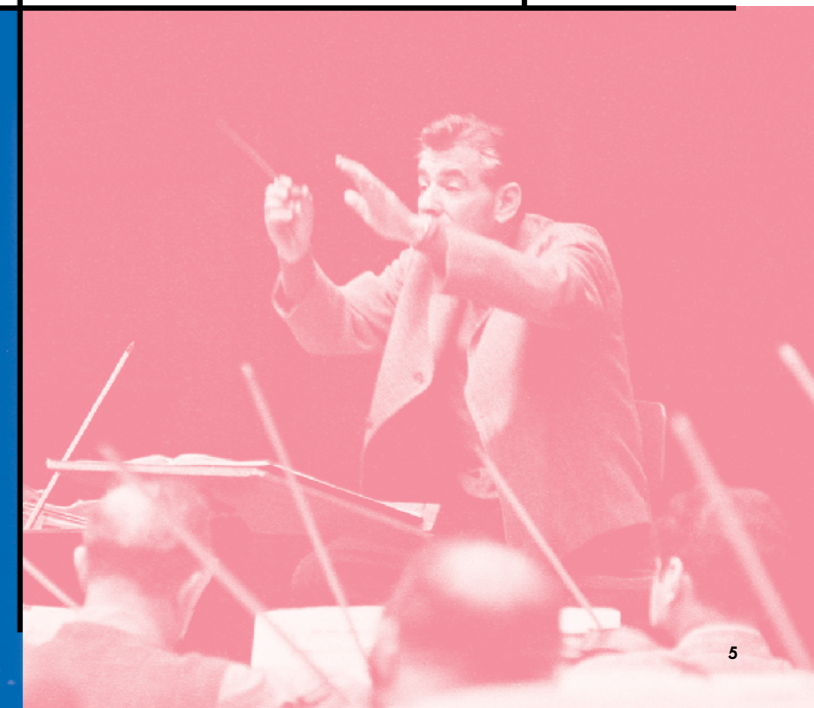
Astor Piazzolla (1921-1992)
 Adios nonino, Oblivion, Libertango, Fuga y Misterio

George Gershwin (1898-1937)
 An American in Paris

Leonard Bernstein (1918-1990)
 Symphonic Dances from West Side Story

Conductor: **Georgios Vranos**
 Soloist: **Klaudiusz Baran** (bandoneon)

Free admission



Music Escapades Jan Van de Engel & Pavlos Pavlidis

Thursday 05/09 | 21.00 —————> PANORAMIC STEPS 15



Jan Van De Engel meets Pavlos Pavlidis onstage to celebrate the recent release of his mini album *Bad Poem*.

Pavlos Pavlidis interprets the vocal part of this multilayered, contemporary synth-pop album over music by Jan Van de Engel and lyrics by Efthymis Filippou (screenwriter of *Dogtooth*, *The Lobster*) and sound processing by producer Christos Lainas.

In *Bad Poem*, Jan Van forges a new aural universe. The band's distinctive sound comes from Vagelis Stefanopoulos' analog synthesizers, Paraskevas Kitsos's basslines, and the driving beats, in a balancing act between introversion and extroversion. Fotis Siotas brings his electric violin to the band and provides the vocals for the older repertoire.

The SNFCC concert will feature the mini album's six original compositions – three on lyrics by Efthymis Filippou and three on lyrics by Jan Van de Engel, lots of material from Jan Van's previous albums, and some of Pavlos Pavlidis' favorite songs.

Line-up:

Pavlos Pavlidis, vocals | Fotis Siotas, vocals, violin
Vagelis Stefanopoulos, piano, synths | Paraskevas Kitsos, bass, vocals
Jan Van de Engel, drums

Special Guest: Irimi Arabatzi

Music Escapades May Roosevelt & Mechanimal

Thursday 12/09 | 21.00 —————> PANORAMIC STEPS 15

On Thursday 12 September on the SNFCC's Panoramic Steps, May Roosevelt's electronic soundscapes meet Mechanimal's beats, as part of the Music Escapades concert series.

The composer, producer and thereminist May Roosevelt presents live her album *Junea*, casting us into a dreamlike, kaleidoscopic parallel universe that takes the artist's experimentation to new heights. The ethereal vocals and code-like verses paint the portrait of the album's main persona, Junea, and her digital world. Bridges made of crystalline electronic sounds and pixels fuse reality with fantasy, creating a multilayered sound environment where synths and powerful beats reign supreme.

Industrial audiovisual band Mechanimal returns to the stage after a hiatus from recording and touring, featuring its original dual line-up, Giannis Papaioannou and Freddie F. Bringing their theatrical vocals, pulsing sequences and distorted guitar riffs onstage, they will attempt to deconstruct motorik drone 'n' roll to its raw materials, just as they have defined it over the last decade. In addition to the two tracks from the band's new single, the set will feature tracks from across their discography, showcasing the groundbreaking creative identity of Mechanimal.

Line-up:

May Roosevelt, vocals, theremin

Mechanical

Giannis Papaioannou, keyboards | Freddie F., vocals
Antonis Charalampidis, drums | Aggeliki Vrettou, visuals



Free admission

Parklife The Last Drive

Saturday 21/09 | 20.15 —————> GREAT LAWN 1



More than 1.000 live concerts, 8 albums, EPs and collections, 4 international tours, festivals, side projects, splits and reunions over a span of 35 years, all testify to the pedigree of a band that never misses an opportunity to break stereotypes and social conventions through its strangely familiar and subversive songs.

Better known as "the Drive Tribe," the band's fans will have the opportunity to enjoy The Last Drive onstage at the Great Lawn, in an explosive live concert featuring their greatest hits as well as tracks from their self-titled album released in 2018.

The Last Drive concert opens with Kraak, also a garage punk band, with post-rock influences blended with elements of traditional Greek music. There's plenty of social critique here, alongside a palpable love for rock music shared by the two acts in this unique music event.

Taking their name from their favorite cocktail, with a garage punk background and rock 'n' roll as their vehicle of choice, The Last Drive - the most iconic band of the English-speaking Greek alternative scene for many - are coming to the Stavros Niarchos Park's Great Lawn in September.

Line-up:

The Last Drive

Alex K., vocals, bass
George Karanikolas, guitar, vocals
Chris B.I., drums
Stefanos Flotsios, guitar, backing vocals

KPAAK

Aggelos Kottas, lead vocals, bass, guitar, moog
Don Stavrinou, trumpet, moog, tambourine
Kostas Petroupoulos, guitar, vocals
Andreas Bikouvarakis, drums

Free admission



Shadow Theater Karagiozis' Last Show at the SNFCC

Monday 02/09 | 21.00 → DOME @ LABYRINTH 4

Karagiozis Becomes a Janitor

Construction contractor Ktistopoulos has just completed building his latest apartment building and seeks the right person for the position of janitor. Who could be a better candidate than the lucky Karagiozis?

Free admission by preregistration at SNFCC.org
Preregistration starts Tuesday 20/08, 13.00

At the day of the show there will be a waiting list 60' minutes prior to the start (up to 2 entrance tickets per person)

The successful series of shows by Athos Danellis and the Athens Shadow Theater Company at the Stavros Niarchos Foundation Cultural Center comes to a close, with one final show at the Dome in September.

Design-Implementation:

Athos Danellis, Athens Shadow Play Theater Company

One of the last surviving Karagiozis puppeteers, Athos Danellis learned and loved the art and craft of Shadow Theater as an apprentice to old masters. In 1998, he founded the Greek Shadow Theater Archives for the preservation and promotion of the Greek Karagiozis history and repertoire. With his Athens Shadow Theater Company, he has performed in many festivals in Greece and other countries.

Since 1989, he has performed rarely staged plays from the obscure repertoire of the Greek Shadow Theater, alongside his original plays. He teaches Shadow Theater at the Department of Theater Studies, National and Kapodistrian University of Athens.

Parklife: **The leaves of the Rose** Traditional Music from All Over Greece Domna Samiou and the Youth of Today

Saturday 28 & Sunday 29/09 | 19.30 → GREAT LAWN 1

Two days filled with music and songs, featuring 24 traditional music ensembles from all around Greece. Inspired by the towering personality of Domna Samiou and her lasting legacy, more than 200 young instrumentalists and vocalists make the Greek music heritage come alive and be relevant for a new generation to experience and explore.

The event's second edition brings together even more artists who have discovered that, as Domna Samiou used to say, "folk songs capture a people's attitude, pride and dignity."

The artistic director is acclaimed instrumentalist Sokratis Sinopoulos, who was Domna Samiou's close associate until the end of her life.

The Domna Samiou Folk Music Association and the Stavros Niarchos Foundation Cultural Center present the **Second Meeting of Youth Folk Ensembles.**

Participating ensembles:

Kyrtzides | Pentaichon | Ilion Music School | Thrakiotiki Speira
The Worksongs Project | Mare Nostrum | Kirki | Leftokarea
Kocaman Traditional Music Ensemble of the Holy Metropolis of Alexandroupolis | En Trata | Abdal | People of the Wind | Gis Madiam
Δημότικατ | Seker Parea | Meltemia | Sotir Association of People with Disabilities | Harman | Alasia Trio | Athivoles | Amorosa
Dilgiroudi | Trizalia

and The Domna Samiou Choir

Line-up:

Artistic director: Sokratis Sinopoulos
Choir director: Katerina Papadopoulou



The Domna Samiou Folk Music Association is a non-profit organization founded by Domna Samiou in 1981, with support from people who admired her work and loved Greek folk music; the Association's mission is to preserve and promote Greek folk music. Domna Samiou remained the Association's President until her death, in March 2012.

Free admission

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.



The Blues Brothers (1980)

Friday 13/09 | 20.30 —————> GREAT LAWN 1

Jake and Elwood are on a mission: to save the Catholic orphanage where they grew up from bankruptcy. They need \$5,000. Which they don't have. But, boy, can they play rhythm and blues! If only they could get their old band back together, that is. A musical comedy adventure that broke box office records in 1980, with an amazing soundtrack – a cult classic that will always remind us of the late great comedian John Belushi. Featuring Ray Charles, Cab Calloway, Aretha Franklin, Chaka Khan, John Lee Hooker and James Brown in dance numbers that will get you up on your feet, famous director cameos, and a record number of cars (103!) destroyed while filming the car chase scenes.

Directed by John Landis

The Rose (1979)

Sunday 22/09 | 20.30 —————> GREAT LAWN 1

The story of a self-destructive rock star of the sixties who struggles to cope with the constant pressures of her career and the demands of her ruthless business manager. Loosely based on the life of singer Janis Joplin, the film was originally titled Pearl, after Joplin's nickname; it was fictionalized after her family declined to grant the producers the rights to her story. Bette Midler gives a superb performance in the leading role, performing all songs and carrying the dramatic weight of the film, earning an Academy Award nomination for Best Actress in 1980. The film earned three more Oscar nominations.

Directed by Mark Rydell

PARK YOUR CINEMA
CLOSING THE SEASON
WITH LOTS OF MUSIC

This summer's Park Your Cinema concludes in September, with films in which music is the main star. We invite you to SNFCC's Great Lawn to sing and dance along with your favorite film characters from the late seventies.

Program curated by Elias Frangoulis

Grease (1978)

Friday 06/09 | 20.30 —————> GREAT LAWN 1

Boy meets girl in the summer before school starts and tears them apart. It turns out they both go to the same high school, and their love will go through a test before a resplendent music and dance finale (and happy end, obviously). The greatest 1978 U.S. box office hit and the most successful musical in the history of cinema, the film was based on the 1971 rock and roll theatrical musical of the same title, establishing John Travolta (hot on the heels of *Saturday Night Fever*, one year earlier) and making Anglo-Australian Olivia Newton-John a superstar.

Directed by Randal Kleiser

Free admission

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.



PARK YOUR CINEMA KIDS

BOYS, BOYS, BOYS

After August's Girl Power, September screenings for children at the Great Lawn are all about boys. Action, humor and fantasy-packed films – from the vintage animation of timeless *Pinocchio* to the extraordinary futuristic universe of *Big Hero 6*! Come and have fun before school starts...

Program curated by Elias Frangoulis



Big Hero 6 (2014)

Saturday 14/09 | 20.30 → GREAT LAWN 1

A 14-year-old high school graduate and robotics genius loses a groundbreaking microbot and his elder brother, a tech geek who raised him to follow in his footsteps, in a fire. An inflatable robotic healthcare assistant will become his secret friend and, along with his four friends, they are all determined to stop the villain. Disney's 54th animated feature, the film is an imaginative futuristic action story and the biggest 2014 box office success worldwide. In February 2015, it won an Oscar for Best Animated Feature.

Directed by Don Hall, Chris Williams

The film is dubbed in Greek

Cars (2006)

Friday 20/09 | 20.30 → GREAT LAWN 1

A hot-shot race-car gets waylaid on its way to California and finds the true meaning of friendship and family, thanks to the talking vehicles that keep a forgotten town alive, which used to be a popular stop along the old U.S. Route 66. Pixar's final project before being acquired by Disney, the film's animated sequences offer stunning realism. Nominated for an Academy Award for Best Animated Feature, the film spawned two sequels.

Directed by John Lasseter, Joe Ranft

The film is dubbed in Greek

Pinocchio (1940)

Sunday 01/09 | 20.30 → GREAT LAWN 1

Elderly woodcarver Geppetto carves a marionette called Pinocchio. The puppet comes to life and dreams of becoming a real boy. Disney's second feature-length cartoon (after the triumph of 1937's Snow White and the Seven Dwarfs), the film is an enduring masterpiece of the genre, adored by generations of viewers. Based on Italian author Carlo Collodi's celebrated children's novel *The Adventures of Pinocchio*, this was the first animated feature to win a competitive Academy Award – actually winning two, for Best Original Score and for Best Original Song.

Directed by Hamilton Luske, Ben Sharpsteen

The film is dubbed in Greek

Hotel Transylvania (2012)

Sunday 08/09 | 20.30 → GREAT LAWN 1

Count Dracula is the owner of a hotel where the world's monsters can take a rest from human civilization. Their peace is disturbed by the unexpected visit of a young traveler who falls in love with the Count's 118-year-old daughter who looks like an 18-year-old. World-de-spised monsters of cinema and literature become cute as kittens in their animated versions, in a film that broke world box office records and spawned two sequels in 2015 and 2018. Sony Pictures plans to release a fourth instalment in 2021.

Directed by Genndy Tartakovsky

The film is dubbed in Greek

Free admission

Visitors are advised to bring insect repellent and a mat, or a blanket for sitting on the ground.



Weekends at the SNFCC

September weekends at the SNFCC offer events focused on the environment, sports and the arts! Would you like to learn how to make your own handmade soap? Are you passionate about botany and the Mediterranean flora? Eager to practice your skating skills? Or perhaps dream of an exciting picnic?

Cycling Classes for Children and Adults

Children are introduced by experienced trainers to simple techniques that enable them to enjoy cycling without training wheels, while also helping those who already know how to ride to improve their skills. For adults who wish to learn how to ride a bike, specially designed classes are available.

Participants are encouraged to bring their own bicycle.

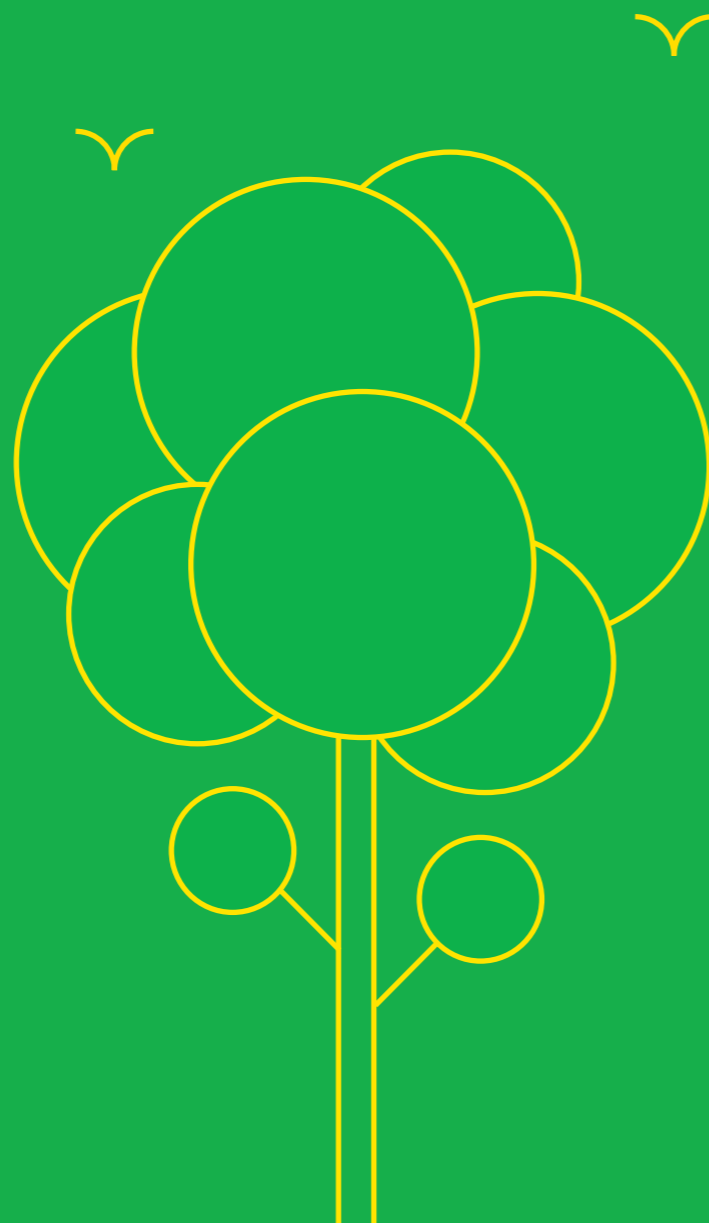
Sunday 01/09
18.00-22.00

VISITORS CENTER 23

For children aged 3-10 and their adult chaperones, and adults

(on a first-come, first-served basis)

Design-Implementation:
MBike



Summer Mediterranean Garden Secrets

A series of meetings and workshops focusing on the colors, scents and medicinal properties of Greek summer garden plants and herbs.

In September we explore the medicinal and aromatic herbs and plants at the Stavros Niarchos Park. We learn about medicinal and aromatic plants, their history and properties as herbal remedies, and get valuable tips on how to grow and collect them to create a natural pharmacy for home remedies.

Saturday 07 & 21/09
18.30-20.30

MEDITERRANEAN GARDEN 10

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Panagiotis Papadopoulos, Agronomist MSc – Med Culture/Open Farm

Picnic in the Park: The Filmmakers Meet

In September at the SNFCC, we welcome our ever-popular picnic, with a new theme!

This time, the tablecloth turns into a scriptwriting guide. We all join a game that inspires us to produce our own storyboards. By flipping the arrows on a map tablecloth, everyday scenes and objects guide our own and characters' movements. We collaborate, exchange movie ideas, learn how to use the tools of cinema with the help of Playroom educators, and utilize the material stored in our picnic baskets to illustrate our very own storyboard.

Sunday 01, 08, 15, 22, 29/09
18.30-21.00

PINE GROVE 2

For families with children aged 4+

(up to 40 participants per 30 minutes on a first-come, first-served basis)

Design-Implementation:
Playroom

More information on our regular events on p. 26-31.

Roller Skates for kids

Recreation, exercise, or transport? Skates are all of these at the same time! Children see for themselves and practice their balance in these self-contained introductory classes.

No prior experience is required. Participants must bring their own equipment (skate, helmet, knee pads).



Botany: Drawing on Paper

Drawing inspiration from their immediate surroundings, children acquaint themselves with the Mediterranean flora in the Park. They learn about botany and botanical practice, while observing the physiology, texture and properties of each plant.

Then, using fine drawing pencils, colored pencils and rice paper, they capture in full detail the anatomy of plants and create their own botanical art collection.

Sunday 08/09
18.30-20.30

VISITORS CENTER 23

For children 6-12 years old

(up to 15 participants on a first-come, first-served basis)

Design-Implementation:
Powerskate.eu skate academy, Yannis Kousparis, certified instructor (ICP levels 1, 2, 3)

Saturday 14/09
18.30-19.45

PINE GROVE 2

For children aged 6+ and their adult chaperones

(up to 25 participants on a first-come, first-served basis)

Design-Implementation:
M art

Roller Skates for adults

Recreation, exercise or transport? Skating ticks all the boxes! Practice your balance while skating, in self-contained introductory classes for adults.

No prior experience required. Participants are requested to bring their own equipment (skates, helmet, knee pads).



The Art of Soap Making

In September, the series of workshops on how to make natural, handmade soap concludes. The workshop aims to familiarize participants with the fundamentals of the soapmaking process, while also introducing the necessary equipment, safety measures and procedures, as well as discussing the use of essential oils and other additives. In the last part of the workshop, we build our own soap and find practical solutions to any problems that may arise.

Sunday 15/09
18.30-20.30

VISITORS CENTER 23

For adults

(up to 15 participants on a first-come, first-served basis)

Design-Implementation:
Powerskate.eu skate academy, Yannis Kousparis, certified instructor (ICP levels 1, 2, 3)

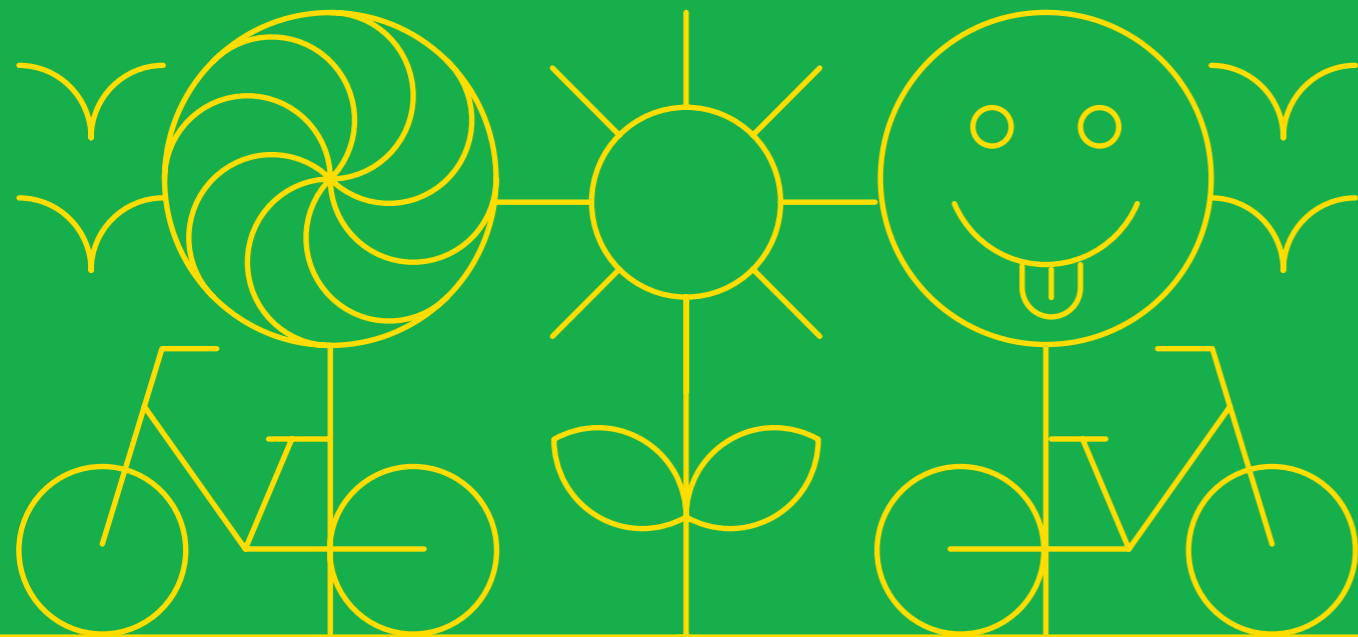
Saturday 14, 28/09
18.00-21.00

MEDITERRANEAN GARDEN 10

For children aged 10+ and their adult chaperones

(up to 20 participants, 10 children and 10 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:
Stavroula Katsoyanni, Agronomist – Landscape Architect
Stamatis Kavassilis, Agronomist – Soil Specialist



Family Biathlon at the Esplanade

A fun biathlon relay race on balance bikes for children aged 2.5-5 years and their adult chaperones.

Children start first and, after finishing the first round on their bikes, pass the baton to their companions, who are welcome to either run or walk the race.

The young runners cross the finish line. Participants must bring their own bicycles and helmets; training wheels are not permitted.

A lucky draw will be held after the finish.

Sunday 22/09
18.00-20.00

VISITORS CENTER 23

For children aged 2.5-5

(up to 30 pairs per age group 2-3, 3-4, 4-5, by preregistration at SNFCC.org)

Design-Implementation:
MBike

E-bikes: Test The Future

SNFCC introduces you to the world of e-bikes, in a great opportunity to try out the growing trend in urban and recreational cycling.

We invite you to enjoy a unique experience, cycling on the SNFCC bike lanes!

Sunday 29/09
18.00-22.00

VISITORS CENTER 23

For ages 18+

(on a first-come, first-served basis)

Design-Implementation:
MBike



A Walk in The Park

Staging: Georgina Kakoudaki

This month's guide: Iro Bezou

Thursday 12/09 | 18.00, 19.00, 20.00 ————— **Meeting Point:**
→ **VISITORS CENTER 23**

Whether you are already familiar with the Stavros Niarchos Park or not, this guided tour series will make you see the landscape in a different light. Having a different artist as a guide each time, visitors enjoy a walk in which nature, history, poetry and personal storytelling make for a new experience every time, crafted by director and dramaturg Georgina Kakoudaki.

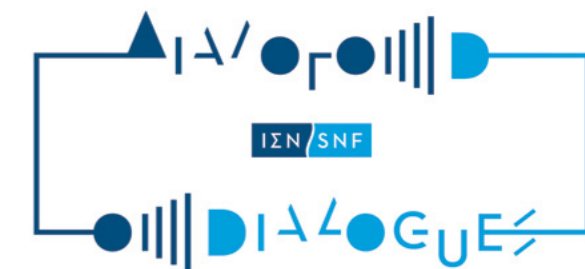
In September, our guide will be Iro Bezou.

Iro Bezou graduated from the Greek National Theater Drama School in 2009.

She has worked with directors such as Yannis Houvardas, Thomas Moschopoulos, Akilas Karazisis, Katerina Evangelatos, Haris Fragoulis, Aris Biniaris and Ektoros Lygizos. She has also worked for cinema, starring in films by Giorgos Siougas, Stergios Paschos, Yannis Korres, Thanasis Trouboukis, Christos Dampakakis, Lefteris Yannakoudakis, Eleni Mitropoulou and The Boy.

In 2019, she received the Melina Mercouri Theater Award for her performance in Pantelis Horn's *The Sapling*.

(up to 20 participants per guided tour)
Free admission by preregistration at SNFCC.org



DIALOGUES: Thessaloniki Live-Streaming at the SNFCC

Wednesday 25/09 | 17.30 ————— **BOOK CASTLE 11**

Every month, the SNFCC presents the DIALOGUES of the Stavros Niarchos Foundation in live-streaming.

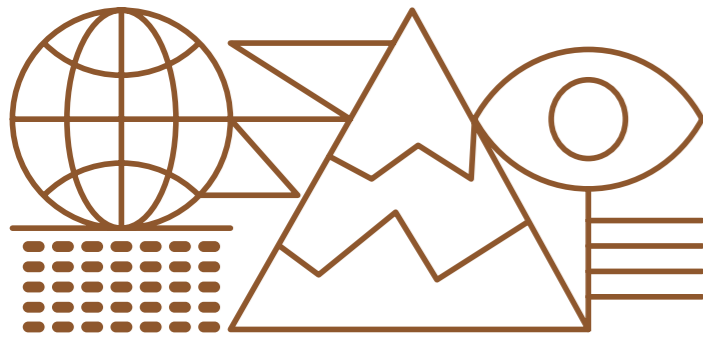
Thessaloniki: History, Art, Politics, Culture, People.

On Wednesday, September 25, the SNF DIALOGUES will travel to Thessaloniki, exploring its characterization as the "new Berlin", looking toward its future, and examining the coexistence of old and new there. Guest speakers will open a discussion about the multiple faces of a city that has been, and continues to be, a cultural and historical reference point, not only for Greece, but also for the wider region and Europe.

The DIALOGUES are moderated and curated by iMEDD Managing Director, SNF DIALOGUES Executive Director, Journalist, Anna-Kynthia Bousdoukou.

DIALOGUES are free and open to the public. Participants must pre-register online, on a first-come, first-served basis.

For more information visit SNF.org



On September's Mondays, fairy tales and images, patterns, the art of pottery and shadow theater all come to life at the SNFCC, putting us in touch with Greece and its heritage – what we call our land! Tell stories and listen to tales from Greek mythology and folklore, shape clay, create personal patterns, unleash your imagination, and enjoy Karagiozis shadow theater shows.

Monday: Our Land

Fairy Tales and Images

In a fun, relaxed atmosphere, parents acquire the first, simple stories that they can tell their babies – tales from Greek mythology and folklore, on themes such as the sky, sea, sun, moon, the stars and the earth, are presented in an evocative manner, providing an authentic experience of communication and creativity for children.

Alongside their chaperones, children create their first artworks and share experiences that foster socialization through inspired sensory play.

Monday 02, 09, 16, 23, 30/09

10.00-11.00
11.30-12.30

KIDS LAB 11

For babies aged 3 to 9 months and their adult chaperones

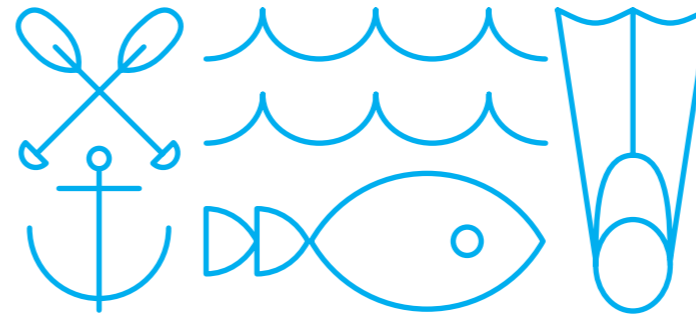
(up to 30 participants, 10 babies and 20 adult chaperones, by preregistration at SNFCC.org)

Design-Implementation:

Anna Konstantinou,
Non-competitive games animator
Katerina Momitsa, Artist



On 02/09 the day rounds off with Shadow Puppet Theatre at the Panoramic Steps! More information on page 08.



September's Wednesdays are dedicated to water! Attend art workshops and theatrical adventures, follow water paths, explore shipwrecks, appreciate seashells and you might even transform into a sea creature! Have fun while learning how to enjoy the water safely and all about the seabed and its protection by joining our original activities. Last but not least, enjoy a boat ride in the SNFCC Canal in one of our sailing events!

Wednesday: Water

Sailing the Canal

A series of sailing events, involving different vessel types, both in the Canal and on land, as well as innovative educational activities for children and adults.

Wednesday 04, 11, 18, 25/09

& Thursday 05, 12, 19, 26/09

17.30-18.30

for children aged 6-9 & 6-14 with mental disabilities*
18.30-19.30

for children aged 9-14 & 6-14 with mental disabilities*
19.30-20.30

for teens aged 15+ and adults with or without mental disabilities*

CANAL 16

(up to 15 participants per 60 minutes by preregistration at SNFCC.org)

**Adults with mental disabilities and children must be accompanied by an adult chaperone*

In collaboration with the Kalamaki Yacht Club

Water Games

An art workshop for young creators, where water plays the leading role! Sourcing inspiration from celebrated works of art using water as a theme, children discover new ways to experiment and create using this element.

Using safe materials, such as bubbles, foam, colored water, splashes and photo collage, we and the children produce our own paintings. We transform this workshop for children into a colorful aquatic world, making it the perfect backdrop for the most playful photos in the water!

What we surely need is a photo of the child in the water!

Wednesday 04, 11, 18, 25/09

10.00-11.00
11.30-12.30

(up to 20 participants per workshop, by preregistration at SNFCC.org)

KIDS LAB 11

For children aged 1-3 and their adult chaperones

Design-Implementation:
Irene Persidou, Art Historian, Educational Entertainer

Assistant animator:
Theodora Valsami, Music Educator

Ceramics Lab: From the Tile Maker to the Potter

Pottery is an art involving earth, water and fire. Examples of antique pottery and contemporary design stimulate workshop participants to a hands-on exploration of pottery making and decorating techniques, while learning interesting tidbits about the art of pottery. Together, children and grown-ups use unformed, natural clay to build forms by hand, translating imagination into art through creativity.

Using an oil lamp for light, a clay pot for cooking

In September's workshops, we enjoy a tour of pottery from Byzantine to modern times. Shapes, uses and decoration techniques inspire us to produce exact replicates of Byzantine oil lamps. Using moulds, we make jugs and pitchers, and produce clay pots just like the old ones, only these cook like new!

Monday 09, 23/09

18.30-20.30

For children aged 5-10 and their adult chaperones

(up to 12 children and 12 adult chaperones by preregistration at SNFCC.org)

Monday 02, 16, 30/09

18.30-20.30

For adults

(up to 20 participants by preregistration at SNFCC.org)

MEDITERRANEAN GARDEN 10

Curation: Nikos Liaros, Archeologist – Ceramic Artist
Design-Implementation: Erianna Arvaniti, Educator – Ceramic Artist
Thalassini Bratsou, Art Historian-Ceramic Artist

Swim Safely with Safe Water Sports

This September, join Octopus Safe in a Safe Water Sports event at the Stavros Niarchos Park's Water Jets to learn how to enjoy the water and beach safely. Unleashing your imagination, swim in pristine waters together with your favorite Playmobil figures! Identify the dangers lurking on our imaginary beach, tell your own stories and learn what to watch out for on the beach and while swimming in the sea or pool.

Wednesday 04/09

18.00-20.00

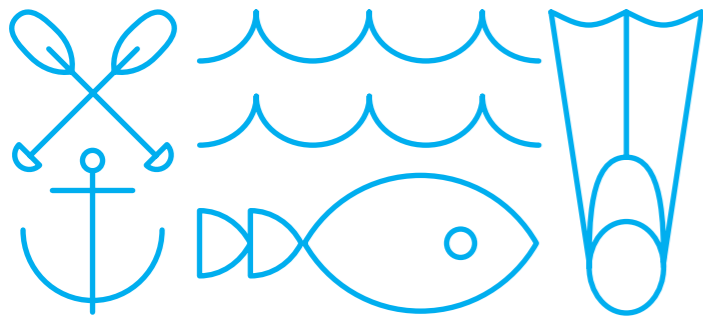
WATER JETS 8

For children aged 5-12

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Safe Water Sports





Wednesday: Water

Ghost Nets

Leaving dry land behind for a while, we dive deep into the sea, looking for left or lost ghost nets, which haunt the seabed and ensnare fish, turtles, dolphins and other species.

How did they end up there? What problems do they cause to the sea bottom? What can we do?

Through original activities, children discover the causes and effects of ghost nets; they also get an opportunity to chat with a technical diver from Ghost Fishing Greece, an organization engaged in removing lost fishing gear from the sea.

Wednesday 11/09
18.30-20.00

WATER JETS 8

For children aged 11-13

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
Healthy Seas /
Irene Dimitriou,
Music Educator
Katerina Tsikalaki,
Biologist



Summer Theater Adventures: Ocean SOS!

The ocean is sending out an SOS! A drop recounts the water cycle for children, fostering love for the environment and encouraging them to fight for its protection, through a performance full of energy and loaded with fun. Will we be able to save the fish? Leda Oilspill will show us how.

Learn about recycling by playing and join the ocean rescue mission starting at the SNFCC.

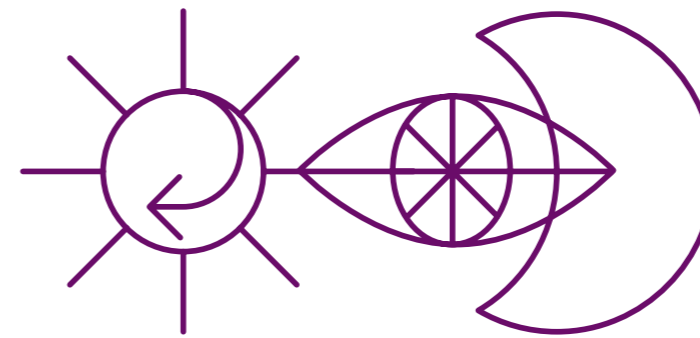
Wednesday 18/09
18.30-20.00

WATER JETS 6

For children aged 3-5 and their adult chaperones

(up to 20 participants, by preregistration at SNFCC.org)

Design-Implementation:
Arts in the Mixer



Thursday: Sky

Starry Nights: Solar System

In September, the event series inviting the public to enjoy unique thematic evenings under the stars continues, in collaboration with the National Observatory of Athens (NSA). In a talk and astronomical observation using NSA's telescopes in the South Paths, we observe the celestial dome: the Sun, the Moon, the planets, stars and constellations, and how they are identified in this specific time of year.

In our first September meeting (05/09), we learn about the ecliptic and our solar system (how it was created, what it is made up of, how far it extends), while comparing it with other solar systems in our Milky Way galaxy. In the second meeting (19/09), we explore the composition of a star and the relationship of the Sun to the planets, and in particular to the Earth.

Solar System and the Ecliptic:
Thursday 05/09
20.00-22.00

For adults

(up to 60 participants, on a first-come, first-served basis)

Stars and Constellations:
Thursday 19/09
17.30-20.30

Design-Implementation:
National Observatory of Athens /
Dr Lazaros Koutoulidis and Dr Vaggelis
Kolokotronis

SOUTHERN WALKS 3

Sunlight turns into space!

In this workshop on architecture and solar energy, architectural space manifests itself on the path of sunlight. Inspired by SNFCC's energy canopy designed by Renzo Piano, children get acquainted with the concepts of sustainable architecture. Shading, cooling and solar energy conversion are woven into a new and exciting story through the eyes of children, who build a small-scale canopy model of their own.

Thursday 26/09
18.00-19.30

MEDITERRANEAN GARDEN 10

For children aged 8-12

(up to 20 participants by preregistration at SNFCC.org)

Design-Implementation:
athens superscript

Summer Theater Adventures: Get into Orbit!

In a planetary mood, a family journey of discovery and fun begins! Get into space orbit and visit the planets of our solar system. Jump into Moon craters, balance on the rings of Saturn, push Venusian clouds away – but watch out, don't get scorched by the Sun's hot plasma! Ride a comet and race at the speed of light to unknown planets, using your imagination and unfettered creativity!

Thursday 12/09
18.30-20.00

MEDITERRANEAN GARDEN 10

For children aged 3-5 and their adult chaperones

(up to 20 participants per workshop, by preregistration at SNFCC.org)

Design-Implementation:
Arts in the Mixer



What better to do on a Friday than go dancing? Feel the rhythm in movement, but also learn to appreciate it in the art of sculpture. Discover another aspect of dance through Keith Haring's dancing figures and create artworks inspired by dance. Become acquainted with the Afro-Brazilian practice of Capoeira and feel the power of movement through an explosive Afro-Brazilian Dance lab and Samba workshop.

Friday: Dance, Dance, Dance

Dance Differently: From Aristophanes to Keith Haring

Starting with an overview and the highlights in the evolution of dance – from Greek drama and Aristophanes to Diaghilev's Ballets Russes and Keith Haring's dancing figures – this workshop invites you to explore the intersection of the visual arts and dance, creating a different art piece each time, inspired by a dance-themed artwork.

Keith Haring

In September's workshops, we will explore themes of music and dance in Keith Haring's oeuvre.

Through drawing and the set of symbols that he developed, Haring's paintings convey the energy of movement and dance.

In these workshops, we will identify all the different positions assumed by the body when dancing and then draw our own movement sequence, which we will print on a porcelain mug using special paint. That's not so different to what Haring himself did in his Pop Shop, seeking to make his art accessible to as many people as possible.

Friday 06, 27/09
18.30-21.00

MEDITERRANEAN GARDEN 10

For children aged 8-12 and their adult chaperones

(up to 10 children and 10 adult chaperones by preregistration at SNFCC.org)

Design-Implementation:
Maro Michalakakou, Artist

Samba: A Celebration of Dance

A live-music introduction to the basic steps and moves of the samba.

Friday 06/09
19.00-20.30

SOUTHERN WALKS 3

For adults

(up to 40 participants on a first-come, first-served basis)

Design-Implementation:
Quilombo LAB

We experience traditional Brazilian samba to live music and songs.

We learn to maintain proper body posture, develop our speed and loosen up the body center – indispensable elements for this dance style. Singing and dancing the Samba, we will celebrate our transition to a happy autumn.

Hoop Jam at the Stavros Niarchos Park

Hoop It! and Sunny Diz invite you to a two-hour game with music, colorful hula hoops and positive energy. Come and meet the most fun community in Athens, learn new hula hoop tricks and experience the wonderful world of hoop dance, together with people who share the same passion for the plastic wreath, in the city's most beautiful park.

Friday 13/09
19.00-21.00

SOUTHERN WALKS 3

For young persons aged 17+ and adults

(on a first-come, first-served basis)

Design-Implementation:
Hoop It! – Sunny Diz

Get into comfortable clothes and your summer mood, bring your hula hoops and join the fun!

*Hoopers of all levels are welcome

A limited number of hoops will be available for everyone who wishes to participate.



Sculpture and Dancing: From Material to Movement

Throughout the centuries, sculpture has been inspired by the human body and movement. Using various forms and compositions, sculpture was able to express the immutable and the monumental, as well as the ephemeral and the abstract.

This workshop invites the public to explore the interconnection of sculpture and dance through the use of simple, everyday materials, such as paper, wood, wire and plaster – this is a fun opportunity for participants to explore the history of art.

In September's meetings, participants will experiment with plaster, wire and wood constructions, assembling them using the tools they used in previous sessions. In this way, they will approach post-war minimalist sculpture, Arte Povera and conceptual art, while taking a look at works by Richard Serra, Jannis Kounellis, Takis and Susumu Shingu, of course, whose sculptures grace the SNFCC.

Friday 06/09
18.30-21.30

WATER JETS 8

Friday 20/09
18.30-21.30

MEDITERRANEAN GARDEN 10

For adults

(up to 20 participants by preregistration at SNFCC.org)

Design-Implementation:
Pavlos Nikolakopoulos, Artist

Afro-Brazilian Dance

An explosive dance lab is coming to SNFCC to lift your spirits through the rich tradition of Brazilian music and dance – a tradition that celebrates the human urge for expression of feelings and emotions, and for connection with nature. This session is an introduction to basic and more advanced techniques and choreographic styles of the vibrant Brazilian traditions (Orixás, samba batucada, samba reggae, maracatu, and more). Participants will have the opportunity to explore how body axes and directions in space function according to Afro-Brazilian tradition.

Friday 20/09
19.00-20.30

VISITORS CENTER 23

For adults

(up to 40 participants on a first-come, first-served basis)

Design-Implementation:
Quilombo LAB

Greek Folk Dance Classes for kids

Greek folk dance classes for children with teachers from the Dora Stratou Dance Theater, the living museum of Greek dance, established in 1953.

Friday 27/09
19.30-21.00

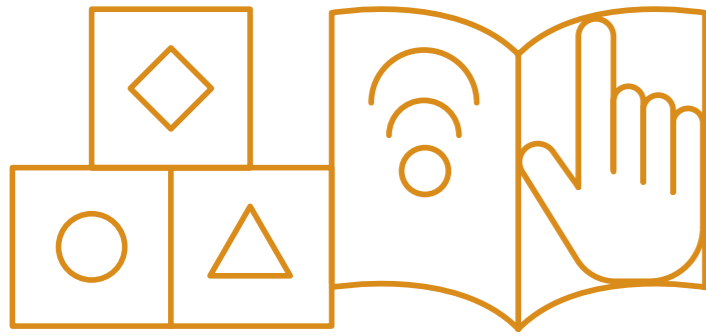
SOUTHERN WALKS 3

For children aged 10-12

(up to 30 participants on a first-come, first served basis)

Design-Implementation:
Dora Stratou Dance Theater

Children will learn popular dances from all regions of Greece, in their authentic form, while also discovering the region, occasion, music, costume and other folklore elements associated with each dance.



Education



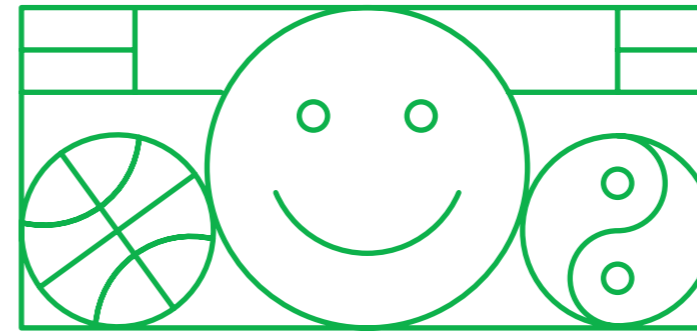
Computer Courses for persons aged 65+

Introductory courses in digital skills, intended for users with no previous experience who seek to familiarize themselves with using a computer and learn how to perform basic tasks, such as word processing or web browsing – skills that will enable them to carry out everyday tasks.

*Using simple and practical learning steps, this course is geared towards novice users aged 65+ as well as everyone wishing to gain a basic mastery of the subject.

Monday -Friday
11.00-12.00, 12.30-13.30, 14.00-15.00

PC LAB 11
(up to 16 participants on a first-come, first served-basis)



Sports & Wellness



Day Conference: Sports and Children

Friday 27/09
16.00-21.00

BOOK CASTLE 11

Free admission on a first-come, first-served basis

A day conference addressing coaches, trainers, physical education teachers, primary teachers and parents presenting a series of interesting topics, like the importance of sports in child obesity and the importance of physical exercise for young people with special needs.

The relationship between learning and sport performance will also be explored.

The topics will be presented by leading scientists of relevant fields, whilst the participants will have the opportunity to discuss issues that concern them.

More information will soon be available at SNFCC.org

Design-Implementation: Regeneration & Progress
Scientific Advisors: 1st Orthopedic Clinic, University of Athens



An ideal location for sports, the Stavros Niarchos Park invites everyone to join our Sports & Wellness programs.

Cross-training in the Park

Would you like to see your body change in a holistic way? The fitness series based on cross-training returns in September at the SNFCC.

A variety of exercises using belts, bars, resistance bands, free weights and kettlebells engage different muscle groups, reduce imbalance and maximize total strength, flexibility and speed.

Monday 02, 09, 16, 23, 30/09
Tuesday 03, 10, 17, 24/09
Wednesday 04, 11, 18, 25/09
Thursday 05, 12, 19, 26/09
Friday 06, 13, 20, 27/09
 08.00-10.00

RUNNING TRACK 6

For adults
(on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Fitness for everyone

Experienced physical education instructors are available at the outdoor gym and the running track to offer advice and training recommendations, and provide your personal fitness evaluation.

Monday 02, 09, 16, 23, 30 /09
Tuesday 03, 10, 17, 24/09
Wednesday 04, 11, 18, 25/09
Thursday 05, 12, 19, 26/09
Friday 06, 13, 20, 27/09
 18.00-21.00

RUNNING TRACK 6

For adults
(on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Mat Pilates – Beginners

A creative way to keep in shape, Pilates helps us to strengthen our core and improves flexibility and balance. Performed on a mat, the workout is suitable for people of all ages and levels.

Participants should bring their own pilates mat and wear comfortable clothes.

Monday 02, 09, 16, 23, 30/09
Wednesday 04, 11, 18, 25/09
Friday 06, 13, 20, 27/09
 07.45-09.00

Tuesday 03, 10, 17, 24/09
 18.00-19.00

Thursday 05, 12, 19, 26/09
 19.00-20.00

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Mat Pilates – Advanced

A dynamic pilates course for advanced students that emphasizes on flow and rapid change of positions. Changing positions is done in a way that strengthens the muscles, enhancing the body's resilience.

Participants should bring their own pilates mat and wear comfortable clothes.

Tuesday 03, 10, 17, 24/09
 19.00-20.00

Thursday 05, 12, 19, 26/09
 18.00-19.00

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Yoga in the Park

Yoga helps coordinate physical movement and mental processes through gentle practice involving breathing, asana postures, and relaxation. Through gentle, controlled breathing, participants gain peace of mind, self-control and concentration, and develop positive thinking.

Participants should bring their own yoga mat and wear comfortable clothes.

Monday 02, 09, 16, 23, 30/09
Friday 06, 13, 20, 27/09
 19.00-20.30

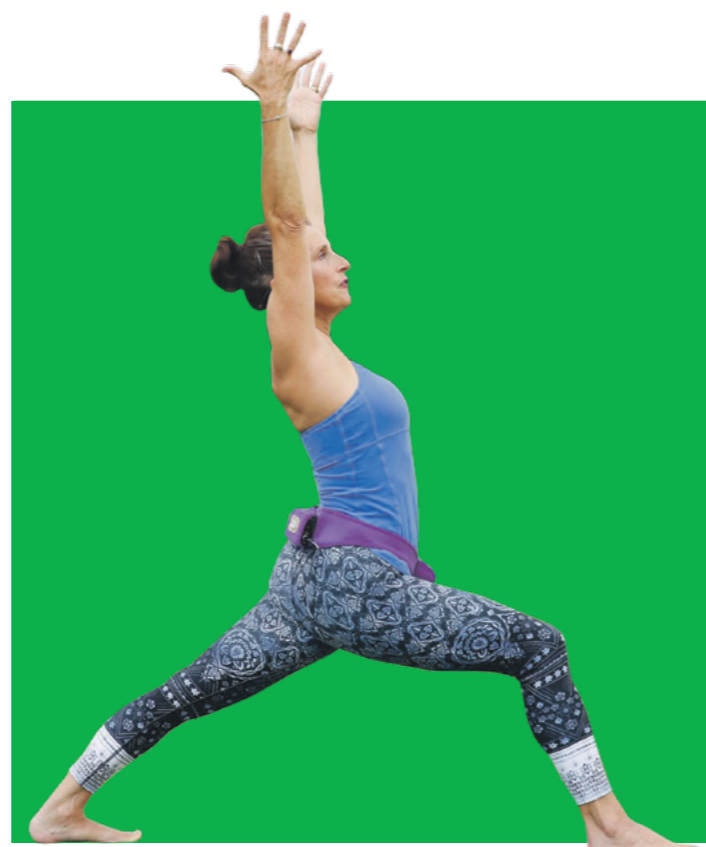
Tuesday 03, 10, 17, 24/09
Thursday 05, 12, 19, 26/09
 08.00-09.30

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress



Tai Chi

An ancient Chinese martial art evolved into a pleasant and low-intensity form of exercise. Slow, focused movement and deep breathing help to reduce stress and anxiety, while increasing flexibility and balance. Tai Chi is suitable for all ages and all fitness levels.

Beginners
Tuesday 03, 10, 17, 24/09
 19.00-20.15

Sunday 08, 15, 22, 29/09
 08.30-09.45

Advanced
Friday 06, 13, 20, 27/09
 19.00-20.15

GREAT LAWN 1

For adults

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Sports for Seniors

Exercise is the most powerful tool for preventing and treating chronic conditions, including diabetes, heart disease and obesity. This new program benefits adults over 65 as well as younger persons who suffer from chronic ailments.

Sports Excellence staff (physical education teachers, physiotherapists, cardiologists) design and implement custom-tailored programs featuring walking, yoga, resistance bands, dumbbells and ground exercises. Each participant's weekly activity will be recorded, and their physical condition will be evaluated every three months.

A certificate of fitness issued by a pathologist or cardiologist is required.

Monday 02, 09, 16, 23, 30/09
Wednesday 04, 11, 18, 25/09
Friday 06, 13, 20, 27/09
 10.00-10.50

RUNNING TRACK 6

For ages 60+

(up to 8 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress



Fitness and Memory

A cognitive and physical exercise program aimed at people aged 60+ who experience mild to moderate memory impairment and/or other cognitive decline, as well as people in the same age group who wish to engage in activities for prevention.

Tuesday 03, 10, 17, 24/09
Thursday 05, 12, 19, 26/09
 18.00-19.00

RUNNING TRACK 6

For ages 60+

(up to 8 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress



Kayaking the Canal

This course aims to familiarize children and adults with kayaking. Enjoying water sports in the Canal is a great way to get to know the SNFCC!

Sunday 01, 08, 15, 22, 29/09
Friday 06, 13, 20, 27/09
Saturday 07, 14, 21, 28/09
 17.30-20.00

CANAL 16
 (at the side of the Visitors Center)

For children aged 8+ and adults*

(up to 20 participants per 30' by preregistration at SNFCC.org)

**Children under 15 years old must be accompanied by an adult chaperone*

Design-Implementation:
 Regeneration & Progress

Pétanque

Relatively unknown, pétanque is a sport that combines accuracy, coordination and concentration. Competitors, playing either one on one or in teams, try to get as close as possible to a target, by throwing boules.

Sunday 01, 08, 15, 22, 29/09
 12.00-14.00

ESPLANADE 17

For children aged 9+ and adults

(on a first-come, first-served basis)

**Children must be accompanied by an adult chaperone*

Design-Implementation:
 Regeneration & Progress

First-Aid Course

Learn how to give first aid and find out about immediate and effective treatment of health problems and symptoms that can threaten human life. A non-certified training is offered for heart attack and drowning incidences, as well as the use of an Automated External Defibrillator. Lastly, participants will have a hands-on experience with the use of specifically designed models/ preforms.

Wednesday 25/09
 17.30-19.00
 19.00-20.30

MULTIFUNCTIONAL SPACE 11

For adults

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

Qigong 50+

Age-old Chinese practice suitable for all fitness levels, in a program designed specifically for people over 50. Qigong combines mild, slow, repetitive movement with kinesthetic concentration, meditation, and breathing control.

Wednesday 04, 11, 18, 25/09
Thursday 05, 12, 19, 26/09
 18.00-19.15

GREAT LAWN 1

For ages 50+

(up to 30 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress

SNFCC Running Team

The Park's running aficionados join forces in a team that trains every Tuesday and Thursday under the guidance of experienced endurance coaches. The goal is to improve individual performance through group training and support.

Tuesday 03, 10, 17, 24/09
 18.30-20.00
Saturday 07, 14, 21, 28/09
 08.30-10.00

RUNNING TRACK 6

For ages 15 +

(up to 50 participants on a first-come, first-served basis)

**Teenagers aged 15-18 must have written parental/guardian consent to participate*

Design-Implementation:
 Regeneration & Progress

Family Games

An entertaining activity with games specially designed for children and families. Parents and adult chaperones are encouraged to play and collaborate with their children in the Park, sharing their educational stimuli and developing their imagination.

Saturday 07, 14, 21, 28/09
 18.00-19.30

GREAT LAWN 1

For children aged 5+ and their adult chaperones

(up to 50 participants on a first-come, first-served basis)

Design-Implementation:
 Regeneration & Progress



Street Soccer 5X5

Football match events suitable for schoolage children (6-13) in five-member teams.

Sunday 01, 08, 15, 22, 29/09
Saturday 07, 14, 21, 28/09
10.00-13.00

OUTDOOR GAMES AREA 25

ages 6-7: 10.00-10.30
ages 6-7: 10.30-11.00
ages 8-10: 11.00-11.30
ages 8-10: 11.30-12.00
ages 11-13: 12.00-12.30
ages 11-13: 12.30-13.00

For children 6-13 years old

(up to 10 children per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Sporting Duels

Action games for fun and fitness in the Park. Put on your running shoes and join the fun!

Sunday 01, 08, 15, 22, 29/09
17.00-18.15

RUNNING TRACK 6

For children 5-10 years old

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Artistic Gymnastics

Doing somersaults, running, and turning, all help the body to develop properly, and improve flexibility and motor coordination. Through artistic gymnastics, coupled with play and fun, kids get to know their bodies and their potential!

Saturday 07, 14, 21, 28/09
Sunday 08, 15, 22, 29/09
11.45-13.00

RUNNING TRACK 6

For children 3-6 years old

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Mini Tennis

Children learn to love tennis through a fresh, fun method based on playing and suitable activities.

Saturday 07, 14, 21, 28/09
Sunday 08, 15, 22, 29/09
18.00-21.00

OUTDOOR GAMES AREA 25

For children 4-10 years old, age group categories 4-7 & 8-10

(up to 8 children per 30' session by preregistration at SNFCC.org)

*On Saturdays Mini Tennis turns to Blind Tennis for vision-impaired and blind persons

Design-Implementation:
Regeneration & Progress

Introduction to Handball

Children will have the opportunity to play the Olympic team game handball.

Saturday 07, 14, 21, 28/09
Sunday 08, 15, 22, 29/09
13.00-14.00
14.00-15.00

OUTDOOR GAMES AREA 25

ages 6-9: 13.00-13.30
ages 6-9: 13.30-14.00
ages 10-13: 14.00-14.30
ages 10-13: 14.30-15.00

For children 6-13 years old

(up to 12 participants per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Team Playing (Football Skills)

Fun ball sports activities that foster team building and sportsmanship, while developing skills without grading, through the guidance of experienced trainers.

Monday 02, 09, 16, 23, 30/09
Wednesday 04, 11, 18, 25/09
Friday 06, 13, 20, 27/09
18.00-21.00

OUTDOOR GAMES AREA 25

ages 5-7: 18.00-18.30
ages 5-7: 18.30-19.00
ages 8-10: 19.00-19.30
ages 8-10: 19.30-20.00
ages 11-13: 20.00-20.30
ages 11-13: 12.30-13.00

For children 5-13 years old

(up to 12 children per 30' session on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Sports Games

A recreational activity for children in the Park, aimed at fostering sporting spirit. Action, interactive and musical movement games take the form of team sports, providing opportunities to collaborate, communicate and exercise.

Saturday 07, 14, 21, 28/09
17.00-18.15

GREAT LAWN 1

For children 5-10 years old

(up to 20 participants on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress

Mini Volley

Invented in 1895 in Massachusetts, U.S.A., volleyball is a major Olympic sport, mainly characterized by three features on which children will practice: (a) the overhand pass; (b) the forearm pass; (c) the underhand serve.

Tuesday 17, 24/09
Thursday 19, 26/09
18.00-20.00

OUTDOOR GAMES AREA 25

ages 5-7: 18.00-18.30
ages 5-7: 18.30-19.00
ages 8-12: 19.00-19.30
ages 8-12: 19.30-20.00

For children 5-12 years old

(up to 10 participants per 30' session by preregistration at SNFCC.org)

Design-Implementation:
Regeneration & Progress

Discover Volleyball

Children will have the opportunity to discover volleyball in specially constructed grounds under the guidance of experienced coaches.

Sunday 29/09
11.00-13.00

ESPLANADE 17

For children aged 6+

(on a first-come, first-served basis)

Design-Implementation:
Regeneration & Progress, in collaboration with the Hellenic Volleyball Federation

26, 27, 28 /09

Starts at:
20.30

**GNO ALTERNATIVE
STAGE** 

Europeana

Music theatre

Premiere / A co-production with the International Ibsen Award and Lineculture

Europeana, an international co-production awarded the Ibsen scholarship by the Norwegian Ibsen Award, conceived and directed by Rafika Chawishe and with music by Stavros Gasparatos, will be given its world premiere at the GNO Alternative Stage. It is a performance revealing the beauty and tenderness of adolescence with the participation of 60 youth from various communities and countries. Linked to Henrik Ibsen's play *Little Eyolf*, *Europeana* describes young people's expectations to explore an "unmapped Eden". An original work dedicated to the young generation.

Conception, story, director: Rafika Chawishe
Music composition, orchestration: Stavros Gasparatos



Guided Tours



Want to know more about the SNFCC? We offer daily **guided tours of its award-winning building complex**, home to the new premises of the Greek National Opera (GNO) and the National Library of Greece (NLG), designed by the Renzo Piano Building Workshop. Discover public areas and go backstage in the two buildings. We will visit the rehearsal spaces, the Stavros Niarchos Hall and the Greek National Opera's Alternative Stage, and stroll through the Library's Public Section, Reading Rooms and Vaults.

Guided tours of the Stavros Niarchos Park, which has received the first prize at the European Garden Awards and is the largest public Mediterranean garden in the world, are conducted daily.

An example of state-of-the-art landscape architecture, the city's new Park is designed according to sustainability principles, with respect for the ecosystem and the challenges of an ever-changing environment. A welcoming, open space, whose vegetation and overall design capture the essence of the Mediterranean landscape, is open for visits daily.

- To find out more information, see the [guided tours schedule](#) and pre-register, please visit SNFCC.org/tours.
- The guided tours follow a continuous walking route on the SNFCC premises, including the use of stairs and elevators.
- Please note that the Stavros Niarchos Park guided tours are subject to weather conditions.
- Discover the new series of guided tours, A Walk in the Park, on page 17.

Group tours

For more information on group tours please contact us at tours@SNFCC.org

Permanent Exhibit

Monday-Sunday
06.00-00.00

SNFCC LOBBY 18

Spyros Louis Cup

Conceived and designed by Michel Bréal for the champion of the first Marathon race – the Greek runner Spyros Louis – the Silver Cup was awarded at the first modern Olympic Games in Athens in 1896; today, it is on permanent display at the SNFCC.

This historic item was acquired by the Stavros Niarchos Foundation when it became available for sale by the runner's grandson at Christie's. As soon as the Cup was acquired, the SNF committed to making it accessible to the public, keeping it permanently on display at the SNFCC.

Monday-Sunday
06.00-00.00

2nd FLOOR NLG 11

Afea, George Zongolopoulos

Greek artist George Zongolopoulos presented the sculpture *Afea* at the XXe Salon de la Jeune Sculpture in Paris in 1968, while it also featured at an open-air exhibition at Palais Royal in the same year. The sculpture is one of the few works in which the artist chooses to paint the metal he uses.

Being a painter himself, but also sharing the same studio with his wife, painter Eleni Paschalidou-Zongolopoulou, George Zongolopoulos was very keen on experimenting with ways to translate a sculpture into a sketch or painting, and vice versa.

The sculpture is exhibited courtesy of the George Zongolopoulos Foundation.

Useful Info

September opening hours

- **Stavros Niarchos Park:**
Monday - Thursday: 06.00-00.00
Friday - Sunday: 06.00-02.00
- **Lighthouse:** 06.00-00.00
- **Info Point at the SNFCC Lobby:**
08.00-22.00
- **Info Point at the Visitors Center:**
08.30-22.00

Event attendance

For some events, preregistration is required due to limited seating.

Accessibility

- The Stavros Niarchos Foundation Cultural Center is fully accessible to all.
- All entrances, lifts and the Running Track area are accessible to mobility-impaired persons.
- SNFCC provides parking spaces for mobility-impaired persons on the ground floor of the car park building, as well as wheelchairs for moving inside buildings.
- Wheelchair-accessible restrooms are located at the Visitors Center, the Park Kiosk and the Agora.
- Guide strips are available on all pathways leading to SNFCC premises and Stavros Niarchos Park.
- Guide dogs and hearing dogs are welcome in all SNFCC areas.

Pets

Pets are welcome at all SNFCC's outdoor areas except the Great Lawn, the Labyrinth, and the playgrounds. Pets must always be accompanied by their guardian, who must keep them under direct and constant supervision and clean up after them.

Wi-Fi

Free Wi-Fi is offered at SNFCC. Computers for public use are available on the premises of the National Library of Greece.

Free digital access to newspapers

Visitors can enjoy free access to over 5,000 newspapers and magazines in 60 different languages in digital form on pressreader.com.

Photography

Photography on SNFCC premises is permitted exclusively for private use. For any commercial/promotional photo request, please email us at info@snfcc.org. Use of drones is prohibited.

ATM

Piraeus Bank and National Bank of Greece ATMs are located at the SNFCC Lobby.

First-Aid

First-aid and medical facilities staffed by health professionals are available.

Please refer to the map on the next page.

Food & Drink

The following food & drink service points operate:

- **δ / Delta Restaurant**
Brunch: Sunday 11.00-16.00
a la carte: Sunday 16.00-00.00
 - **Agora Bistro** (at the Agora)
Monday-Sunday 08.00-00.00
 - **Canal Café** (at the Visitors Center by the Canal)
Monday - Thursday 08.30-00.00
Friday - Sunday 08.30-01.00
 - **Pharos Café** (at the Lighthouse)
Monday-Sunday 09.00-00.00
Pharos Café's operating hours may change depending on events taking place at the Lighthouse.
 - **Park Kiosk** (in the Park)
Monday-Thursday 08.00-00.00
Friday-Sunday 08.00-01.00
 - **Park Kiosk - Souvlaki** (by the Great Lawn)
Monday - Sunday 14.00-00.00
 - **Coffee & Juice Vans on Tour** (at the Agora)
Monday - Sunday 09.00-21.00
 - **Ice Cream Van on Tour** (at the Agora)
Monday - Friday 10.00-22.00
Saturday - Sunday 11.00-23.00
- SNFCC members have a 10% discount at all F&B points.**

SNFCC Store

Monday-Sunday 09.00-22.00

The SNFCC Store offers a broad and constantly evolving collection of design objects.
SNFCC Members enjoy a 10% discount.

Environmental Management

SNFCC earned the Platinum LEED certification as a green building – the highest distinction for environmental and sustainable buildings. LEED certification is regarded as the highest possible distinction for environmentally friendly, sustainable buildings. It certifies that a building has been designed and constructed following rigorous principles of sustainable construction and environmentally innovative practices that focus on water and energy efficiency, reduction of CO₂ emissions, indoor environment quality, the rational management of resources. SNFCC is the first cultural project of this scale to earn the LEED Platinum Certification in Europe.

Smoking

Based on the requirements of the LEED certification program earned by SNFCC, smoking is prohibited in all SNFCC indoor areas and within 8 meters of any building opening. In all other SNFCC outdoor areas, smoking is not prohibited; visitors are asked to use the floor ashtrays available in the area. We encourage visitors to refrain from smoking while enjoying the Park.

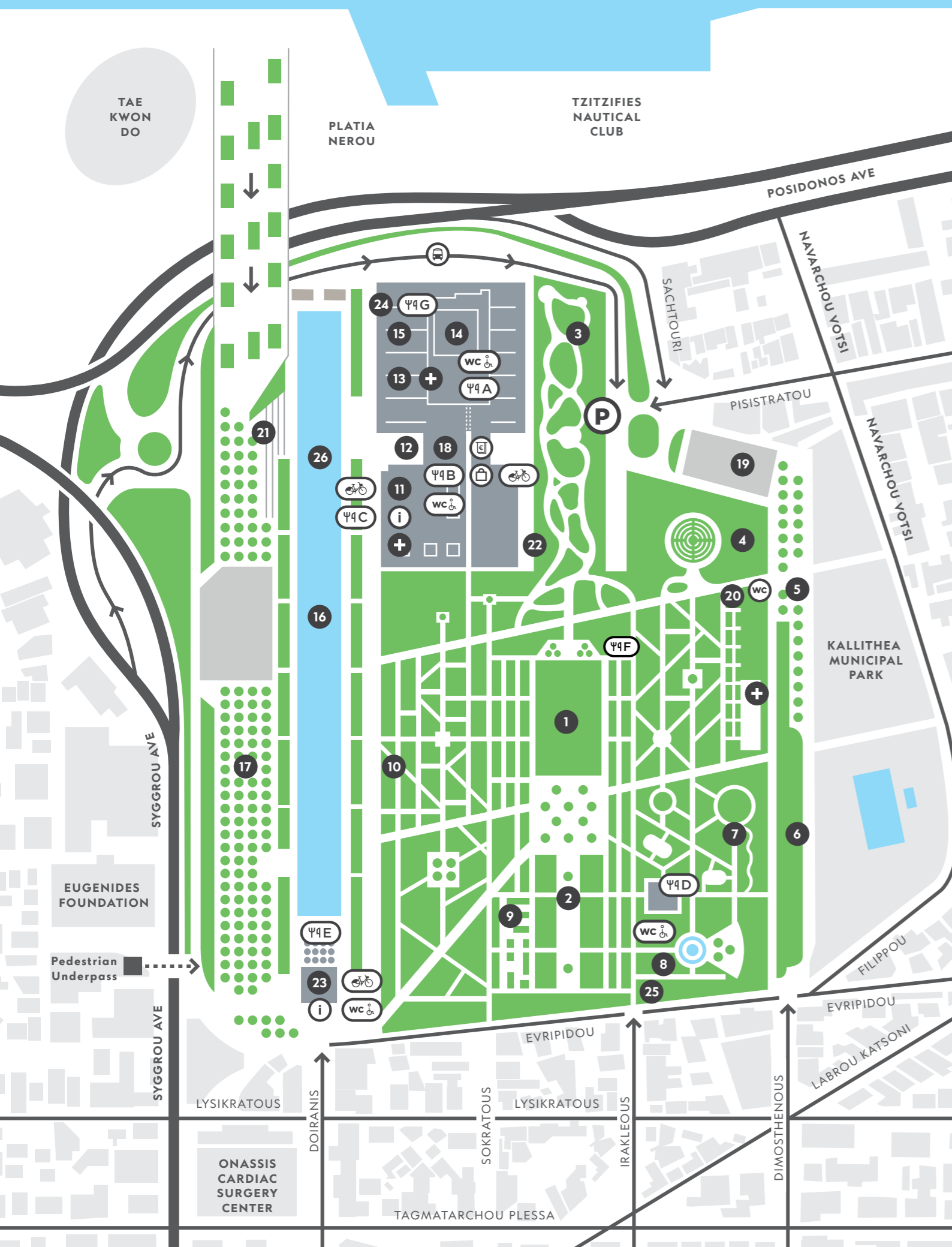
Bicycles

SNFCC offers a bike rental system for children and adults. Please visit SNFCC.org/bikes for additional information, or inquire at the Visitors Center.

Furthermore, in collaboration with BP as its Mobility Partner, the SNFCC has installed bicycle repair stations by the Canal and the Visitors Center, where you can tune up your bike and find out more about its maintenance.

Mobility Partner





Map

Use the corresponding numbers on the map to locate a venue.

- 1 Great Lawn
 - 2 Pine Grove
 - 3 Southern Walks
 - 4 Dome @ Labyrinth
 - 5 Outdoor Gym
 - 6 Running Track
 - 7 Playground
 - 8 Water Jets
 - 9 Sound Garden
 - 10 Mediterranean Garden
 - 11 National Library of Greece
 - 12 Agora
 - 13 Greek National Opera
 - 14 Lighthouse
 - 15 Panoramic Steps
 - 16 Canal
 - 17 Esplanade
 - 18 SNFCC Lobby
 - 19 Bus Parking Lot
 - 20 Vegetable Garden
 - 21 Canal Steps
 - 22 Buffer Zone
 - 23 Visitors Center
 - 24 Delta Hall
 - 25 Outdoor Games Area
 - 26 Dancing Fountains
 - SNFCC Bike Rental
 - SNFCC Store
 - Shuttle Bus Stop
 - First Aid
 - ATM
 - Info Point
-
- Ψ4A Pharos Café
 - Ψ4B Agora Bistro
 - Ψ4C Coffee & Juice Vans on tour
 - Ψ4D Park Kiosk
 - Ψ4E Canal Café
 - Ψ4F Park Kiosk - Souvlaki
 - Ψ4G δ / Delta Restaurant

Access

Public Transport

Buses

- 130: Piraeus – Nea Smyrni (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 217: Piraeus – Dafni Station (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- 550: Kifissia – Faliro (Evgenideio Stop, Sygrou Avenue northbound, Onassio Stop southbound)
- 860: Palaio Faliro – Schisto (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- A1: Piraeus – Voula (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B1: Piraeus – Ano Glyfada (Tzitzifies Stop from Piraeus; Delta Stop to Piraeus)
- B2: Academia – Agios Kosmas (Evgenideio Stop, Sygrou Avenue northbound, Onassio Stop southbound)

Trolleybus

- 10: Chalandri - Tzitzifies (Epaminonda Stop)

Tram

- Tzitzifies Stop

Metro

- Faliro Station

SNFCC is not responsible for any modifications on the public transportation's routes.

Parking

The SNFCC offers parking facilities for cars, motorbikes and bicycles, including dedicated spots for persons with disabilities.

Pricelist:

Cars
 00.00-19.00: €1,50/ hour
 19.00-00.00: €1,50/ hour
 with a maximum charge of €5

Monthly Offer:
 Monday-Friday 07.00-19.00:
 €100/ month

Motorcycles
 €0,70/ hour

SNFCC members enjoy a 10% discount

Free Shuttle Bus

For convenient access to and from SNFCC, daily transportation by shuttle bus is available to visitors free of charge. A shuttle bus bearing the SNFCC logo departs from Syntagma Square (intersection with Ermou Street), with a stopover at the Sygrou-Fix Metro station (Sygrou Avenue), and arrives at the SNFCC.

Every Sunday, between 10.30-12.30, the shuttle bus rides only between SNFCC and the Sygrou-Fix Metro Station since Syntagma is not accessible because of the Change of Guard ceremony.

In case of special traffic regulations the timetable may change.

The shuttle bus is accessible to people in wheelchairs, following prior scheduling via phone.

For further information and timetables visit SNFCC.org or call at 216 8091000.

BP, as SNFCC's Mobility Partner, supports the operation of the shuttle bus.

Mobility Partner



More information:
SNFCC.org

You can now make payments quickly and easily using major debits and credit cards, at the parking payment stations. Contactless payments are also accepted.

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Every Day

- 06.00-00.00 Spyros Louis Cup p. 34
- 10.00-20.00 Guided tours of the Stavros Niarchos Park and the SNFCC p. 34
- 06.00-00.00 Afea, George Zongolopoulos p. 34

Discover the daily program of the Dancing Fountains at SNFCC.org

• For events marked with *, preregistration at SNFCC.org is required.

• Events marked with ** are ticketed

• Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

• For events on a first come, first served basis, please arrive at the event venue 30 minutes before starting time.

02

- 07.45-09.00 Mat Pilates - Beginners p. 27
- 08.00-10.00 Cross-training in the Park p. 26
- 10.00-10.50 Sports for Seniors p. 27
- 10.00-12.30 Fairy Tales and Images* p. 18
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.00 Team Playing (Football Skills) p. 30
- 18.30-20.30 Ceramics Lab for adults* p. 18
- 19.00-20.30 Yoga in the Park p. 26
- 21.00 Shadow Theater: Karagiozis at the SNFCC p. 08

03

- 08.00-09.30 Yoga in the Park p. 26
- 08.00-10.00 Cross-training in the Park p. 26
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 18.00-19.00 Mat Pilates - Beginners p. 27
- 18.00-19.00 Fitness and Memory p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.30-20.00 SNFCC Running Team p. 29
- 19.00-20.00 Mat Pilates - Advanced p. 27
- 19.00-20.15 Tai Chi - Beginners p. 27
- 21.00 Sutra: Sidi Larbi Cherkaoui / Sadler's Wells London** p. 02

04

- 07.45-09.00 Mat Pilates - Beginners p. 27
- 08.00-10.00 Cross-training in the Park p. 26
- 10.00-10.50 Sports for Seniors p. 27
- 10.00-12.30 Water Games* p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 17.30-20.30 Sailing the Canal* p. 19
- 18.00-19.15 Qigong 50+ p. 28
- 18.00-20.00 Swim Safely with Safe Water Sports p. 19
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.00 Team Playing (Football Skills) p. 30
- 21.00 Sutra: Sidi Larbi Cherkaoui / Sadler's Wells London** p. 02

05

- 08.00-09.30 Yoga in the Park p. 26
- 08.00-10.00 Cross-training in the Park p. 26
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 17.30-20.30 Sailing the Canal* p. 19
- 18.00-19.00 Mat Pilates - Advanced p. 27
- 18.00-19.00 Fitness and Memory p. 28
- 18.00-19.15 Qigong 50+ p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 19.00-20.00 Mat Pilates - Beginners p. 27
- 20.00-22.00 Starry Nights: Solar System p. 21
- 21.00 Music Escapades: Jan Van de Engel & Pavlos Pavlidis p. 06

06

- 07.45-09.00 Mat Pilates - Beginners p. 27
- 08.00-10.00 Cross-training in the Park p. 26
- 10.00-10.50 Sports for Seniors p. 27
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.00 Team Playing (Football Skills) p. 30
- 18.30-21.00 Dance Differently: From Aristophanes to Keith Haring* p. 22
- 18.30-21.30 Sculpture and Dancing: From Material to Movement* p. 23
- 19.00-20.15 Tai Chi - Advanced p. 27
- 19.00-20.30 Samba: A Celebration of Dance p. 22
- 19.00-20.30 Yoga in the Park p. 26
- 20.30 Park Your Cinema: Grease p. 10

07

- 08.30-10.00 SNFCC Running Team p. 29
- 10.00-13.00 Street Soccer 5X5 p. 30
- 11.45-13.00 Artistic Gymnastics p. 30
- 13.00-15.00 Introduction to handball p. 31
- 17.00-18.15 Sports Games p. 30
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-19.30 Family Games p. 29
- 18.00-21.00 Mini Tennis* p. 31
- 18.30-20.30 Summer Mediterranean Garden Secrets p. 14
- 21.00 Parklife: Lenaura - Lena Platonos feat. Stergios T p. 04

08

- 08.30-09.45 Tai Chi - Beginners p. 27
- 10.00-13.00 Street Soccer 5X5 p. 30
- 11.45-13.00 Artistic Gymnastics p. 30
- 12.00-14.00 Pétanque p. 29
- 13.00-15.00 Introduction to handball p. 31
- 17.00-18.15 Sporting Duels p. 30
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-21.00 Mini Tennis* p. 31
- 18.30-20.30 Roller Skates for kids p. 15
- 18.30-21.00 Picnic in the Park: The Filmmakers Meet p. 14
- 20.30 Park Your Cinema Kids: Hotel Transylvania p. 12

09

- 07.45-09.00 Mat Pilates - Beginners p. 27
- 08.00-10.00 Cross-training in the Park p. 26
- 10.00-10.50 Sports for Seniors p. 27
- 10.00-12.30 Fairy Tales and Images* p. 18
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.00 Team Playing (Football Skills) p. 30
- 18.30-20.30 Ceramics Lab for kids* p. 18
- 19.00-20.30 Yoga in the Park p. 26

10

- 08.00-09.30 Yoga in the Park p. 26
- 08.00-10.00 Cross-training in the Park p. 26
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 18.00-19.00 Mat Pilates - Beginners p. 27
- 18.00-19.00 Fitness and Memory p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.30-20.00 SNFCC Running Team p. 29
- 19.00-20.00 Mat Pilates - Advanced p. 27
- 19.00-20.15 Tai Chi - Beginners p. 27

11

- 07.45-09.00 Mat Pilates - Beginners p. 27
- 08.00-10.00 Cross-training in the Park p. 26
- 10.00-10.50 Sports for Seniors p. 27
- 10.00-12.30 Water Games* p. 19
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 17.30-20.30 Sailing the Canal* p. 19
- 18.00-19.15 Qigong 50+ p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.00 Team Playing (Football Skills) p. 30
- 18.30-20.00 Ghost Nets p. 20

12

- 08.00-09.30 Yoga in the Park p. 26
- 08.00-10.00 Cross-training in the Park p. 26
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 17.30-20.30 Sailing the Canal* p. 19
- 18.00-19.00 Mat Pilates - Advanced p. 27
- 18.00-19.00 Fitness and Memory p. 28
- 18.00-19.15 Qigong 50+ p. 28
- 18.00-21.00 Fitness for everyone p. 26
- 18.30-20.00 Summer Theater Adventures: Get into Orbit!* p. 21
- 19.00-20.00 Mat Pilates - Beginners p. 27
- 21.00 Music Escapades: May Roosevelt & Mechanical p. 06

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- 07.45-09.00 Mat Pilates - Beginners p. 27
- 08.00-10.00 Cross-training in the Park p. 26
- 10.00-10.50 Sports for Seniors p. 27
- 11.00-15.00 Computer Courses for persons aged 65+ p. 24
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-21.00 Fitness for everyone p. 26
- 18.00-21.00 Team Playing (Football Skills) p. 30
- 19.00-20.15 Tai Chi - Advanced p. 27
- 19.00-20.30 Yoga in the Park p. 26
- 19.00-21.00 Hoop Jam at the Stavros Niarchos Park p. 22
- 20.30 Park Your Cinema: The Blues Brothers p. 11

14

- 08.30-10.00 SNFCC Running Team p. 29
- 10.00-13.00 Street Soccer 5X5 p. 30
- 11.45-13.00 Artistic Gymnastics p. 30
- 13.00-15.00 Introduction to handball p. 31
- 17.00-18.15 Sports Games p. 30
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-19.30 Family Games p. 29
- 18.00-21.00 The Art of Soap Making* p. 15
- 18.00-21.00 Mini Tennis* p. 31
- 18.30-19.45 Botany: Drawing on Paper p. 15
- 20.30 Park Your Cinema Kids: Big Hero 6 p. 13

15

- 08.30-09.45 Tai Chi - Beginners p. 27
- 10.00-13.00 Street Soccer 5X5 p. 30
- 11.45-13.00 Artistic Gymnastics p. 30
- 12.00-14.00 Pétanque p. 29
- 13.00-15.00 Introduction to handball p. 31
- 17.00-18.15 Sporting Duels p. 30
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-21.00 Mini Tennis* p. 31
- 18.30-20.30 Roller Skates for adults p. 15
- 18.30-21.00 Picnic in the Park: The Filmmakers Meet p. 14
- 21.00 Parklife: Athens State Orchestra p. 05

01

- 10.00-13.00 Street Soccer 5X5 p. 30
- 12.00-14.00 Pétanque p. 29
- 17.00-18.15 Sporting Duels p. 30
- 17.30-20.00 Kayaking the Canal* p. 29
- 18.00-22.00 Cycling classes for children and adults p. 14
- 18.30-21.00 Picnic in the Park: The Filmmakers Meet p. 14
- 20.30 Park Your Cinema Kids: Pinocchio p. 12

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07.45-09.00 Mat Pilates - Beginners ... p. 27
 08.00-10.00 Cross-training in the Park p. 26
 10.00-10.50 Sports for Seniors p. 27
 10.00-12.30 Fairy Tales and Images* p. 18
 11.00-15.00 Computer Courses for persons aged 65+ p. 24
 18.00-21.00 Fitness for everyone p. 26
 18.00-21.00 Team Playing (Football Skills) p. 30
 18.30-20.30 Ceramics Lab for adults* p. 18
 19.00-20.30 Yoga in the Park p. 26

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07.45-09.00 Mat Pilates - Beginners ... p. 27
 08.00-10.00 Cross-training in the Park p. 26
 10.00-10.50 Sports for Seniors p. 27
 10.00-12.30 Fairy Tales and Images* p. 18
 11.00-15.00 Computer Courses for persons aged 65+ p. 24
 18.00-21.00 Fitness for everyone p. 26
 18.00-21.00 Team Playing (Football Skills) p. 30
 18.30-20.30 Ceramics Lab for kids* p. 18
 19.00-20.30 Yoga in the Park p. 26

30

07.45-09.00 Mat Pilates - Beginners ... p. 27
 08.00-10.00 Cross-training in the Park p. 26
 10.00-10.50 Sports for Seniors p. 27
 10.00-12.30 Fairy Tales and Images* p. 18
 11.00-15.00 Computer Courses for persons aged 65+ p. 24
 18.00-21.00 Fitness for everyone p. 26
 18.00-21.00 Team Playing (Football Skills) p. 30
 18.30-20.30 Ceramics Lab for adults* p. 18
 19.00-20.30 Yoga in the Park p. 26

Tuesday

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08.00-09.30 Yoga in the Park p. 26
 08.00-10.00 Cross-training in the Park .. p. 26
 11.00-15.00 Computer Courses for persons aged 65+ p. 24
 18.00-19.00 Mat Pilates - Beginners ... p. 27
 18.00-19.00 Fitness and Memory p. 28
 18.00-20.00 Mini Volley* p. 31
 18.00-21.00 Fitness for everyone p. 26
 18.30-20.00 SNFCC Running Team ... p. 29
 19.00-20.00 Mat Pilates - Advanced p. 27
 19.00-20.15 Tai Chi - Beginners p. 27

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08.00-09.30 Yoga in the Park p. 26
 08.00-10.00 Cross-training in the Park .. p. 26
 11.00-15.00 Computer Courses for persons aged 65+ p. 24
 18.00-19.00 Mat Pilates - Beginners ... p. 27
 18.00-19.00 Fitness and Memory p. 28
 18.00-20.00 Mini Volley* p. 31
 18.00-21.00 Fitness for everyone p. 26
 18.30-20.00 SNFCC Running Team ... p. 29
 19.00-20.00 Mat Pilates - Advanced p. 27
 19.00-20.15 Tai Chi - Beginners p. 27

Wednesday

18

07.45-09.00 Mat Pilates - Beginners ... p. 27
 08.00-10.00 Cross-training in the Park .. p. 26
 10.00-10.50 Sports for Seniors p. 27
 10.00-12.30 Water Games* p. 19
 11.00-15.00 Computer Courses for persons aged 65+ p. 24
 17.30-20.30 Sailing the Canal* p. 19
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 18.00-21.00 Fitness for everyone p. 26
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Discover the daily program of the Dancing Fountains at SNFCC.org

• For events marked with *, preregistration at SNFCC.org is required.

• Events marked with ** are ticketed

• Online reservations for workshops or sports events will be cancelled if you have not arrived at the venue 15 minutes before starting time.

• For events on a first come, first served basis, please arrive at the event venue 30 minutes before starting time.

Photo credits:

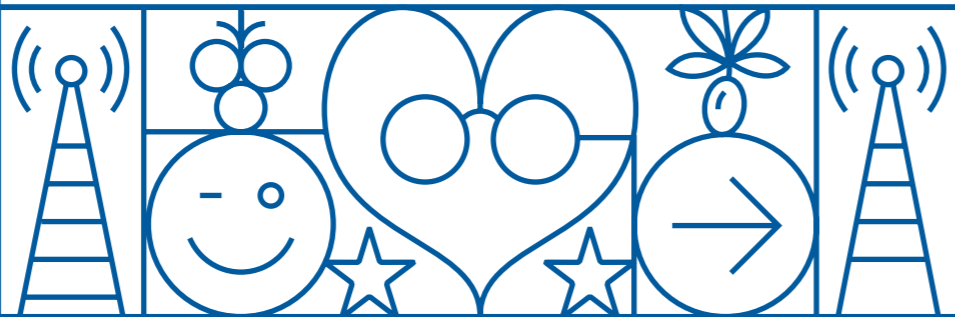
Leonidas Kalpaxidis, Hugo Glendinning, Julot Bandit, Giannis Drakoulidis, Geli Kalampaka, Bianca Bogdanou, Dimitris Mylonas, Manthos Athinaios, Athina Kazolea, Iro Bezou, Europeana

Events for SNFCC Members Only

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.

Members' Tuesdays

A day dedicated to our Members!
Every Tuesday afternoon, discover the art forms of sculpture and ceramics, find out what the visual arts and dance have in common and go sailing!



Ceramics Lab: From the Tile Maker to the Potter

Pottery is an art involving earth, water and fire. Examples of antique pottery and contemporary design stimulate workshop participants to a hands-on exploration of pottery making and decorating techniques, while learning interesting tidbits about the art of pottery. We use unformed, natural clay to build forms by hand, translating imagination into art through creativity.

Using an oil lamp for light, a clay pot for cooking:

In September's workshops, we enjoy a tour of pottery from Byzantine to modern times. Shapes, uses and decoration techniques inspire us to produce exact replicates of Byzantine oil lamps. Using moulds, we make jugs and pitchers, and produce clay pots just like the old ones, only these cook like new!

Tuesday 03, 17/09
18.30-20.30 | MEDITERRANEAN GARDEN 10

For adults | (up to 20 participants)

Curation: Nikos Liaros, Archeologist – Ceramic Artist
Design-Implementation: Erianna Arvaniti, Educator – Ceramist
Thalassini Bratsou, Art Historian – Ceramist

Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only: +30 216 809 1010

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy 10% discount at:

- the F&B outlets
- parking
- SNFCC Store

The Membership Program is supported by:



In collaboration with:

Εθνική Βιβλιοθήκη της Ελλάδος (NB) National Library of Greece



Sculpture and Dancing: From Material to Movement

Throughout the centuries, sculpture has been inspired by the human body and movement. Using various forms and compositions, sculpture was able to express the immutable and the monumental, as well as the ephemeral and the abstract.

This workshop invites the public to explore the interconnection of sculpture and dance through the use of simple, everyday materials, such as paper, wood, wire and plaster – this is a fun opportunity for participants to explore the history of art.

In September's meetings, participants will experiment with plaster, wire and wood constructions, assembling them using the tools they used in previous sessions. In this way, they will approach post-war minimalist sculpture, Arte Povera and conceptual art, while taking a look at works by Richard Serra, Jannis Kounellis, Takis and Susumu Shingu, of course, whose sculptures grace the SNFCC.

Tuesday 10/09
18.30-21.30 | MEDITERRANEAN GARDEN 10

For adults | (up to 20 participants)

Design-Implementation: Pavlos Nikolakopoulos, Artist

Dance Differently: From Aristophanes to Keith Haring

Starting with an overview and the highlights in the evolution of dance – from Greek drama and Aristophanes to Diaghilev's Ballets Russes and Keith Haring's dancing figures – this workshop invites you to explore the intersection of the visual arts and dance, creating a different art piece each time, inspired by a dance-themed artwork.

Keith Haring

In September's workshops, we will explore themes of music and dance in Keith Haring's oeuvre.

Through drawing and the set of symbols that he developed, Haring's paintings convey the energy of movement and dance.

In these workshops, we will identify all the different positions assumed by the body when dancing and then draw our own movement sequence, which we will print on a porcelain mug using special paint. That's not so different to what Haring himself did in his Pop Shop, seeking to make his art accessible to as many people as possible.

Tuesday 24/09
18.30-21.00 | MEDITERRANEAN GARDEN 10

For children aged 8-12 and their adult chaperones (up to 10 children and 10 adult chaperones)

Design-Implementation: Maro Michalakakou, Artist

Sailing the Canal: Classes for SNFCC Members on the first Tuesday of every month

A series of sailing events, involving different vessel types, both in the Canal and on land, as well as innovative educational activities for children and adults.

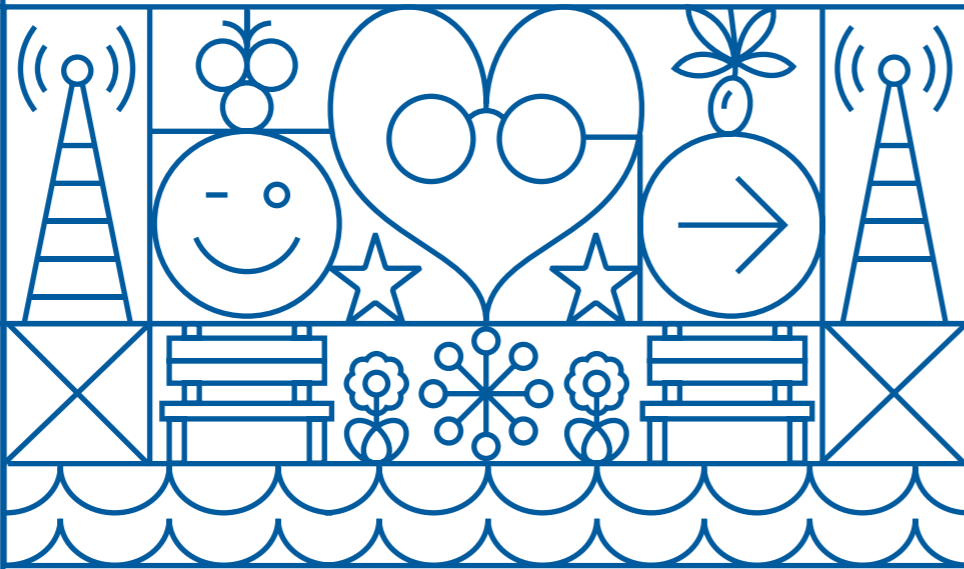
Tuesday 03/09
17.30-18.30 for children aged 6-9 & 6-14 with mental disabilities*
18.30-19.30 for children aged 9-14 & 6-14 with mental disabilities*
19.30-20.30 for teens* aged 15+ and adults with or without mental disabilities

CANAL 16
(up to 15 participants per 60')
*Children must be accompanied by an adult chaperone

In collaboration with the Kalamaki Yacht Club

Learn more about the Membership Program at the exclusive Members Info Point at the NLG lobby or the outdoors Info Point at the rear Agora.

SNFCC Members enjoy exclusive access to specially curated events, as a token of SNFCC's appreciation towards Members.



Practical Info

All Member events require preregistration.

Preregistration for Member events starts every Monday.

Preregistration links are provided to Members via the SNFCC Members newsletter.

Telephone support line for Members only: +30 216 809 1010

Priority presale for Members:

Sutra: Sidi Larbi Cherkaoui/ Sadler's Wells London

Tuesday 03 & Wednesday 04/09

21.00 | STAVROS NIARCHOS HALL 13

One-day presale priority for Members + Guest: up to 400 seats | information on p. 03

Are you a Member?

Share with us your photos from your visit at the SNFCC, using the hashtag #SNFCCmembers



Using your SNFCC Member card you enjoy 10% discount at:

- the F&B outlets
- parking
- SNFCC Store

Fit Members

A dynamic interval training workout, designed in stations, based on strength training, balance, and aerobic fitness training. The activity emphasizes flow and fast succession during a routine that is aimed at strengthening the muscles and enhancing strength and endurance through a fun workout.

Wednesday 04, 11, 18, 25/09

08.30-09.45 | RUNNING TRACK 6

For Members only: up to 30 participants per session | For ages 18-65
Design-Implementation: **Regeneration & Progress**

I am quite athletic.
I am 65 and loving it.
I am a student.
I am in row 7, seat 12.
I am at the Lighthouse.
I am a novice gardener.
I am at the concert, will you join me?
I am the one with the beagle.
I am starting to learn yoga.
I am the Park with my family.
I am a neighbor.
I am an opera lover.
I am in the seventh grade.
I am at the SNFCC all the time.
I am doing well.
I am a bookworm.
I am a Member.

September at the SNFCC

09.

Produced by Sadler's Wells, Sutra, a critically acclaimed collaboration between choreographer Sidi Larbi Cherkaoui, sculptor Antony Gormley, and 19 monks from the Shaolin Temple in China, has captured the hearts and imaginations of more than 250,000 viewers worldwide. Enjoy it at Stavros Niarchos Hall on 03 & 04/09.

Music Escapades: **Jan Van joins Pavlos Pavlidis onstage to perform *Bad Poem* (lyrics by Efthymis Filippou), on 05/09.** On 12/09, May Roosevelt's electronic soundscapes meet Mechanical's beats, on SNFCC's Panoramic Steps. Parklife: **The trailblazing music artist, vocalist and composer Lena Platonos, in a concert that bridges the past and the present, on Saturday 07/09 at the Great Lawn.** On 15/09, the Athens State Orchestra returns to Stavros Niarchos Park for the third time and takes us on a Journey to the New World. ***And I don't know what eyelids are for / This wheel of soul, keeps me ridin' along: Rock 'n' roll on the Great Lawn, with The Last Drive, the iconic band of the English-speaking Greek alt-rock scene, on 21/09.***

The Queen of Calypso, Calypso Rose is coming to Greece for the first time, bringing Afro-Caribbean sounds to the Great Lawn – for one evening only, on 27/09.

"Folk songs capture a people's attitude, pride and dignity" The month concludes with music, featuring two days filled with contemporary folk music and songs by 24 music ensembles from all over Greece, in a celebration of Domna Samiou's legacy by the young people of today, on 28 & 29/09.

Many more of your favorite events as well as new activities are there for you to discover, including this season's Park Your Cinema, which closes with a grand finale. **In September, the collaboration between the SNFCC and the Greek Film Center continues, with screenings of short films in the context of Park Your Cinema.**

Exclusive donor:



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